






Referring Families for WIC Services – Nutrition and Breastfeeding Support

WIC is a national nutrition program that provides **healthy food, nutrition education, breastfeeding support**, and family **resources** to **pregnant and breastfeeding** individuals, **infants** and **children** up to age 5 years. See the table below for details on the different WIC agencies in Sacramento and Placer Counties. Each agency provides similar WIC services. We encourage families to choose the WIC office that is closest to them.

Use this resource to easily connect your patients with WIC!

Community Resource Project (CRP) WIC	Sacramento County WIC	Placer County WIC
<p>Office Locations:</p> <ul style="list-style-type: none"> • North Highlands • Citrus Heights • Arden/Arcade • Elk Grove (E. Stockton Blvd) • Fruitridge Rd • 41st Ave & MLK • Galt • Walnut Grove 	<p>Office Locations:</p> <ul style="list-style-type: none"> • Natomas (Rosin Ct) • Rancho Cordova (Data Dr) • Primary Care Center (Oak Park) • South Sacramento (Florin Rd) • Elk Grove (Elk Grove Blvd) 	<p>Office Locations:</p> <ul style="list-style-type: none"> • Rocklin • Auburn • Lincoln • Kings Beach
<p>To enroll with CRP WIC:</p> <p>Call (916) 326-5830 or scan the QR code below to complete the eligibility assessment online and someone will call you to schedule an appointment.</p>  <p>For breastfeeding questions, call the Breastfeeding Helpline: (916) 326-5841</p>	<p>To enroll with Sacramento County WIC:</p> <p>Call (916) 876-5000 or scan the QR code below to complete the eligibility assessment online and someone will call you to schedule an appointment.</p>  <p>For breastfeeding questions, call the Breastfeeding Helpline: (916) 875-2120 (English) or (916) 875-2121 (Spanish)</p>	<p>To enroll with Placer County WIC:</p> <p>Call (916) 784-6447 or scan the QR code below to complete the eligibility assessment online and someone will call you to schedule an appointment.</p>  <p>For breastfeeding questions, call (916) 784-6447</p>



Scan here, or visit [MyFamily.WIC.ca.gov](https://www.MyFamily.WIC.ca.gov) to find a WIC office location or authorized grocer anywhere in California.