

	COUNTY OF SACRAMENTO EMERGENCY MEDICAL SERVICES AGENCY	Document #	8007.21
	<u>PROGRAM DOCUMENT:</u> Abdominal Pain	Initial Date:	06/14/96
		Last Approved Date:	03/12/22
		Effective Date:	07/01/22
		Next Review Date:	03/01/24

 EMS Medical Director

 EMS Administrator

Purpose:

- A. To establish the treatment standard for patients with abdominal pain.

Authority:

- A. California Health and Safety Code, Division 2.5
- B. California Code of Regulations, Title 22, Division 9

Protocol:

BLS
1. ABC's/Routine Care-Supplemental O ₂ as necessary to maintain SPO ₂ ≥ 94%. Use lowest concentration and flow rate of O ₂ as possible. Airway adjuncts as needed. 2. Transport in position of comfort
ALS
1. Establish vascular access for any of the following, with Normal Saline and titrate to a systolic blood pressure of ≥ 90 mmHg. <ul style="list-style-type: none"> • Hemodynamically unstable/Hypoperfusion • Concurrent respiratory compromise • Glasgow Coma Score ≤13 • Significant hemorrhage • Pulsatile abdominal mass • Suspected ectopic pregnancy • May establish an IV for pain management 2. Establish cardiac monitoring 3. Pain Control: For severe pain, consider administration of pain medications per PD# 8066 – Pain Management Policy 4. Consider treating nausea and/or vomiting per PD# 8063 – Nausea and/or Vomiting

Cross Reference: PD# 8038 – Shock
 PD# 8066 – Pain Management
 PD# 8063 – Nausea and/or Vomiting