

COUNTY OF SACRAMENTO EMERGENCY MEDICAL SERVICES AGENCY

PROGRAM DOCUMENT:

Pediatric Burns

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Signature on File	Signature on File
EMS Medical Director	EMS Administrator

Purpose:

A. To establish a treatment standard for pediatric patients burned by caustic material, electricity, or heat.

Authority:

- A. California Health and Safety Code, Division 2.5
- B. California Code of Regulations, Title 22, Division 9

Protocol:

A. The ability to maintain the temperature in prehospital settings is a significant problem with a dose-dependent increase in mortality for temperatures below 37°C or 98.6°F. Simple interventions to prevent hypothermia can reduce mortality. During transport, warm and maintain normal temperature, being careful to avoid hyperthermia.

BLS

- 1. Remove the patient from the source of the burn, then remove burning or smoldering clothing and remove jewelry
- 2. Perform ABCs
- 3. Assess for inhalation injury (singed nasal hairs, hoarse voice or stridor, oral or facial burns) and administer supplemental O_2 as necessary to maintain SpO2 \geq 94%. Be prepared to support ventilation with appropriate airway adjuncts.
- 4. Estimate the size of the burn (see below)
- 5. Stop the burning process by applying cool running water over the burn. The goal is cumulative (bystander and first responder) application of cool running water for 20 minutes.
- 6. Caustic and Chemical Burns: Wear protective clothing and gloves and consider the presence of hazardous materials. Remove the patient's clothing. Apply cool running water over the burn for 20 minutes. Do not scrub.
- 7. Electrical Burns: Check for, and dress all entrance and exit wounds.
- 8. Avoid hypothermia by isolating and cooling only the burned area. Keep unaffected body parts warm by covering them as much as possible, and use the heater in the passenger compartment.
- 9. After cooling the burn, apply a covering to the burn (dry non-stick gauze, loose plastic wrap, etc.).

NOTE: Check for associated injuries. Treat shock, if present.

Do not apply ice or creams to the burned area.

Fire in enclosed space suggests smoke inhalation or carbon monoxide poisoning.

ALS

- 1. Initiate vascular access in patients with major burns (> 9%). For BSA > 9% or hypotension. Administer 20ml/kg NS fluid bolus.
 - When possible the preferred vascular access site is an unburned area.
- 2. Albuterol (if wheezes present)
 - 5 mg via HHN, mask or BVM.
- 3. Cardiac monitor with SpO₂.
- 4. If partial thickness burn with severe pain and without evidence of or mechanism of internal head, chest or abdominal injury:
 - Consider administration of pain medication as per PD# 9018-Pediatric Pain Management.

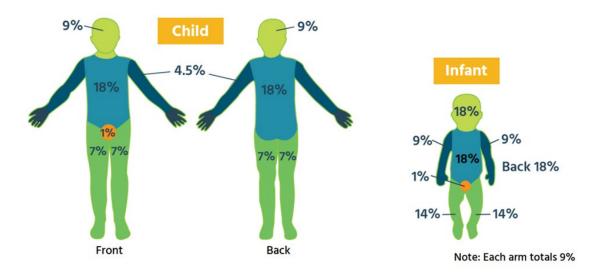
NOTE: Any patient with the following shall be transported to UCDMC Burn Center:

- Partial thickness >9% of body surface.
- Any electrical or any chemical burn.
- Evidence of possible Inhalation Injury.
- Any burn to the face, hands, feet, genitalia, perineum or major joints.
- Cardiac arrest shall go to the closest E.D.

Estimating Burn Size (either method can be used):

Rule of Palm: The palm of the person who is burned (not the fingers or wrist area) is about 1% of the body. Use the person's palm to measure the body surface area burned.

Rule of Nines:



Cross Reference: PD# 9018 – Pediatric Pain Management

PD# 8837 – Pediatric Airway Management