

	<b>COUNTY OF SACRAMENTO</b> EMERGENCY MEDICAL SERVICES AGENCY	Document #	8063.10
	PROGRAM DOCUMENT:  <b>Nausea / Vomiting</b>	Initial Date:	12/05/11
		Last Reviewed Date:	12/14/23
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		Next Review Date:	12/01/25

Signature on File

EMS Medical Director

Signature on File

EMS Administrator

**Purpose:**

- A. To establish the treatment standard for treating patients with nausea and / or vomiting

**Authority:**

- A. California Health and Safety Code, Division 2.5
- B. California Code of Regulations, Title 22, Division 9

**Protocol:**

<b>BLS</b>
<ol style="list-style-type: none"> <li>1. Assess and support ABC's as needed.</li> <li>2. Supplemental O2 as necessary to maintain SpO2 ≥ 94%. Use lowest concentration and flow rate of O2 as possible.</li> <li>3. Suction airway as necessary.</li> <li>4. Assess and treat as appropriate for underlying cause.</li> <li>5. Determine blood glucose. If blood glucose is &lt; 60 mg/dl treat per protocol PD# 8061- Decreased Sensorium.</li> <li>6. Transport patient in position of protecting airway.</li> </ol>
<b>ALS</b>
<ol style="list-style-type: none"> <li>1. Advanced airway adjuncts as needed.</li> <li>2. Cardiac Monitoring for possible dysrhythmias.</li> <li>3. Consider vascular access and titrate to SBP ≥ 90mmHg.</li> <li>4. Ondansetron:             <ul style="list-style-type: none"> <li>• 4mg PO/SL/IM/IV/IO.</li> <li>• For IV or IO Ondansetron, administer slowly (over one (1) minute) to prevent syncope.</li> </ul> </li> <li>5. For persistent vomiting, may repeat x one (1) for max dose of eight (8) mg.</li> <li>6. Withhold from first trimester (&lt; 12 weeks) pregnant patients not already using Ondansetron.</li> </ol>