	COUNTY OF SACRAMENTO EMERGENCY MEDICAL SERVICES AGENCY	Document #	8003.02
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Signature on File	Signature on File
EMS Medical Director	EMS Administrator

# Purpose:

A. To establish treatment standards for patients exhibiting signs and symptoms of seizure.

### **Authority:**

- A. California Health and Safety Code, Division 2.5
- B. California Code of Regulations, Title 22, Division 9

### Protocol:

## A. For any Altered Level of Consciousness (ALOC), consider AEIOUTIPS:

Alcohol Trauma
Epilepsy Infection
Insulin Psychiatric

Overdose Stroke or Cardiovascular

Uremia

### B. Seizures:

- 1. Active Seizures.
- 2. Focal Seizures with respiratory compromise.
- 3. Recurrent seizures without lucid interval.

### **BLS**

- 1. Supplemental O2 as necessary to maintain SpO2 ≥ 94%. Use the lowest concentration and flow rate of O2 possible.
- 2. Airway adjuncts as needed.
- 3. Perform blood sugar determination. Refer to PD# 8002 Diabetic Emergencies
- 4. If the patient is seizing, protect the patient from further injury.
- 5. Transport.

### **ALS**

- 1. Supplemental  $0_2$  as necessary to maintain  $SpO_2 \ge 94\%$ . Use the lowest concentration and flow rate of  $O_2$  possible.
- 2. Airway adjuncts as needed.
- 3. Initiate vascular access.
- 4. Perform blood sugar determination. refer to PD# 8002 Diabetic Emergencies.
- 5. Midazolam:
  - 0.1mg/Kg in 2 mg increments slow IV push or IN-titrate to seizure control (max dose 6 mg).
  - If IV or IN is not available, Midazolam may be given IM 0.1 mg/Kg (max dose 6 mg)

in a single IM injection (may be split into 2 sites if sufficient muscle mass is not present for a single injection site).

- 6. \*\*Diazepam:
  - May substitute Diazepam when there is a recognized pervasive shortage of Midazolam. 5-10 mg IVP to control seizures. If no IV access, 10 mg IM. May repeat once. Max dose 20 mg.
- 7. Cardiac Monitoring.

**Cross Reference:** PD# 2032 – Controlled Substance

PD# 8002 – Diabetic Emergencies

<sup>\*</sup>Intranasal medications are to be delivered through an atomization device with one-half the indicated dose administered in each nostril.

<sup>\*\*</sup>Diazepam may only be used when Midazolam is not available or when using Diazepam from CHEMPACK supplies.