

	<b>COUNTY OF SACRAMENTO</b> EMERGENCY MEDICAL SERVICES AGENCY	<b>Document #</b>	<b>8063.09</b>
	<b>PROGRAM DOCUMENT:</b>  <b>Nausea / Vomiting</b>	<b>Initial Date:</b>	<b>12/05/11</b>
		<b>Last Reviewed Date:</b>	<b>12/09/21</b>
		<b>Effective Date:</b>	<b>07/01/22</b>
		<b>Next Review Date:</b>	<b>12/01/23</b>

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 EMS Medical Director

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 EMS Administrator

**Purpose:**

- A. To **establish** the treatment standard for treating patients with nausea and / or vomiting

**Authority:**

- A. California Health and Safety Code, Division 2.5  
 B. California Code of Regulations, Title 22, Division 9

**Protocol:**

BLS
<ol style="list-style-type: none"> <li>1. Assess and support ABC's as needed.</li> <li>2. Supplemental O2 as necessary to maintain SpO2 <math>\geq</math> 94%. Use lowest concentration and flow rate of O2 as possible.</li> <li>3. Suction airway as necessary.</li> <li>4. Assess and treat as appropriate for underlying cause.</li> <li>5. Determine blood glucose. If blood glucose is <math>&lt;</math> 60 mg/dl treat per protocol PD# 8061- Decreased Sensorium.</li> <li>6. Transport patient in position of protecting airway.</li> </ol>
ALS
<ol style="list-style-type: none"> <li>1. Advanced airway adjuncts as needed.</li> <li>2. Cardiac Monitoring for possible dysrhythmias.</li> <li>3. Consider vascular access and titrate to SBP <math>\geq</math> 90mmHg.</li> <li>4. Ondansetron:             <ul style="list-style-type: none"> <li>• 4mg PO/SL/IM/IV/IO.</li> <li>• For IV or IO Ondansetron, administer slowly (over one (1) minute) to prevent syncope.</li> </ul> </li> <li>5. For persistent vomiting, may repeat x one (1) for max dose of eight (8) mg.</li> <li>6. Withhold from first trimester (<math>&lt;</math> 12 weeks) pregnant patients not already using Ondansetron.</li> </ol>