

	COUNTY OF SACRAMENTO EMERGENCY MEDICAL SERVICES AGENCY	Document #	8801.16
	<u>PROGRAM DOCUMENT:</u> Percutaneous Cricothyrotomy, with Jet Ventilation	Initial Date:	02/01/93
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Signature on File

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EMS Medical Director

EMS Administrator

Purpose:

- A. To establish an advanced life support skill guideline when performing a Cricothyrotomy.

Authority:

- A. California Health and Safety Code, Division 2.5
- B. California Code of Regulations, Title 22, Division 9

Percutaneous Cricothyrotomy Indications:

- A. Older than three (3) years or greater than fifteen (15) kilograms on whom other airway methods have failed (see airway algorithms in PD# 8020 – **Respiratory Distress: Airway Management**),

OR AND

- B. Have orofacial injuries or airway obstruction that precludes orotracheal intubation.

AND

- C. **A BLS airway is insufficient to provide adequate ventilation/oxygenation and protect the airway.**

Absolute Contraindications for Percutaneous Cricothyrotomy:

- A. **DO NOT** perform Percutaneous Cricothyrotomy on a conscious patient.
- B. **DO NOT** perform Percutaneous Cricothyrotomy on patients with an anterior neck hematoma or with massive subcutaneous emphysema.

Jet Ventilation Indications:

- A. Jet Ventilation- For use in any adult with a cricothyrotomy airway in all situations **EXCEPT** complete airway obstruction.

Absolute Contraindications for Jet Ventilation:

- A. **DO NOT** perform jet ventilation on a patient with complete airway obstruction. Instead use high flow intermittent ventilation.

Equipment:

- A. Over-the-needle kink resistant (reinforced) cricothyrotomy catheter.
 - 1. Adult: 13-14 gauge
 - 2. Pediatric: 15-18 gauge
- B. Jet insufflation device with pressure gauge OR oxygen flow modulator designed for transtracheal ventilation (i.e. Enk Oxygen Flow Modulator)
- C. 10ml syringe.

- D. Antiseptic Solution.
- E. Oxygen source 40-60 psi with flow regulator.

Procedure:

PERFORMING THIS TECHNIQUE CORRECTLY REQUIRES KNOWLEDGE OF AIRWAY AND NECK ANATOMY (BOTH STRUCTURES AND VASCLATURE).

Percutaneous Cricothyrotomy:

- A. With the patient in supine position, palpate the cricothyroid membrane, anteriorly, between the thyroid cartilage and cricoid cartilage and prepare the area with antiseptic solution.
- B. With the over-the-needle catheter attached to a 5-10 ml syringe, puncture the skin midline and directly over the cricothyroid membrane and direct the over-the-needle-catheter at a 45-70 degree angle caudally.
- C. Carefully insert the over-the-needle-catheter through the lower half of the cricothyroid membrane, aspirating as the needle is advanced, being careful not to perforate the posterior wall of the trachea. Aspiration of air signifies entry into the tracheal lumen.
- D. Gently advance the catheter downward, using the needle as a guide. Once in position, withdraw the needle.

Ventilation:

- A. Jet ventilation: Set oxygen flow rate to 15 liters/min. Attach the catheter hub to the jet inflation device (10-12 BPM).

OR

- B. Bag Valve Mask Ventilation.

Ventilation Notes:

- A. Low frequency ventilation followed by slow low pressure exhalation is important to limit barotrauma.
- B. Optimization of the upper airway (when possible) and close monitoring of lung deflation is essential for safe technique
- C. If the soft tissues of the neck begin to balloon (subcutaneous emphysema), catheter is superficial to trachea. Remove catheter. If landmarks are present, insert another catheter.
- D. Transport immediately after procedure, continually monitoring patient's respiratory status in route to hospital.
- E. Document indications, procedure, and results.

Complications:

- A. Subcutaneous emphysema (readily visible).
- B. Mediastinal emphysema.
- C. Hemorrhage.
- D. Pneumothorax.
- E. Esophageal perforation.
- F. Infection.
- G. Pulmonary barotrauma.
- H. Vocal cord trauma.

NOTE:

Cricothyrotomy may be performed using a commercially available percutaneous cricothyrotomy kit approved by SCEMSA, when following manufacturer guidelines.