	COUNTY OF SACRAMENTO EMERGENCY MEDICAL SERVICES AGENCY	Document #	9010.20
	PROGRAM DOCUMENT:	Initial Date:	04/25/95
	Pediatric Overdose and/or Poison Ingestion	Last Approval Date:	09/11/19
		Effective Date:	07/01/20
		Next Review Date:	09/01/21

Signature on File	Signature on File
EMS Medical Director	EMS Administrator

Purpose:

A. To serve as the establish treatment standards for pediatric overdose and/or poison ingestion patients.

Authority:

- A. California Health and Safety Code, Division 2.5
- B. California Code of Regulations, Title 22, Division 9

Protocol:

A. The ability to maintain temperature in prehospital settings is a significant problem with a dose dependent increase in mortality for temperatures below 37°C or 98.6°F. Simple interventions to prevent hypothermia can reduce mortality. During transport warm and maintain normal temperature, being careful to avoid hyperthermia.

BLS

- 1. Supplemental O2 as necessary to maintain SpO2 ≥ 94%. Use lowest concentration and flow rate of O2 as possible.
- 2. Check Blood Glucose and administer glucose as per Policy 9005-Pediatric Decreased Sensorium.
- 3. If suspected Opiate OD give Naloxone as per policy 9005-Pediatric Decreased Sensorium.
- 4. Airway adjuncts as needed.
- 5. Transport.

If poison control has been contacted, relay the poison control information/advice to the base hospital.

ALS

- 1. Cardiac Monitoring.
- 2. Establish vascular access and administer 20ml/Kg fluid bolus if systolic blood pressure (SBP) is less than minimum for age.
- 3. If patient has an altered level of consciousness, or is having seizures, or is hypotensive, follow appropriate protocol.
- 4. If non-responsive, cannot swallow, no gag reflex, or is unable to protect their airway refer to Decreased Sensorium protocol #9005.

B. Beta Blocker or Calcium Channel Blocker Overdose:

BLS

- 1. Supplemental O2 as necessary to maintain SpO2 ≥ 94%. Use lowest concentration and flow rate of O2 as possible.
- 2. Airway adjuncts as needed.
- 3. Transport.

If poison control has been contacted, relay the poison control information/advice to the base hospital.

ALS

- 1. Cardiac Monitoring
- 2. Establish vascular access and administer 20 ml/Kg fluid challenge if systolic blood pressure (SBP) is less than minimum for age.
- 3. Atropine:
 - 0.02 mg/kg IV/IO; minimum dose 0.1 mg with repeated dose after five (5) minutes, for age specific bradycardia with hypotension.
 - 4. Push Dose Epinephrine:

0.01 mg/ml (10mcg/ml) 0.5-2 ml (5-20mcg) IV/IO every 2-5 minutes. Titrate to SBP for patient's age, improvement of symptoms, or a total of 0.3mg is given.

NOTE: Monitor SBP while administering/titrating.

C. Tricyclic and Related Compounds Overdose:

BLS

- 1. Supplemental O2 as necessary to maintain SpO2 ≥ 94%. Use lowest concentration and flow rate of O2 as possible.
- 2. Airway adjuncts as needed.
- 3. Transport.

If poison control has been contacted, relay the poison control information/advice to the base hospital.

ALS

- 1. Cardiac Monitoring.
- 2. Establish vascular access.
- 3. **SODIUM BICARBONATE**:
 - 1 mEq/Kg IV/IO push if any of the following signs of cardiac toxicity are present:
 - a. Heart rate greater than 20 beats per minute above max for age.
 - b. Systolic blood pressure less than minimum for age.
 - c. QRS complex greater than .12 msec.
 - d. Seizures
 - e. Premature Ventricular Contractions (PVC's) greater than 6/minute

Cross Reference: PD# 9005 - Decreased Sensorium

PD# 8837 - Pediatric Airway Management