	COUNTY OF SACRAMENTO EMERGENCY MEDICAL SERVICES AGENCY	Document #	8063.09
	PROGRAM DOCUMENT:	Initial Date:	12/05/11
	Nausea / Vomiting	Last Reviewed Date:	11/14/19
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Signature on File

EMS Medical Director

Signature on File

EMS Administrator

## Purpose:

A. To serve as establish the treatment standard for treating patients with nausea and / or vomiting

## Authority:

- A. California Health and Safety Code, Division 2.5
- B. California Code of Regulations, Title 22, Division 9

## Protocol:

BLS

- 1. Assess and support ABC's as needed.
- 2. Supplemental O2 as necessary to maintain SpO2  $\ge$  94%. Use lowest concentration and flow rate of O2 as possible.
- 3. Suction airway as necessary.
- 4. Assess and treat as appropriate for underlying cause.
- 5. Determine blood glucose. If blood glucose is < 60 mg/dl treat per protocol PD# 8061-Decreased Sensorium.
- 6. Transport patient in position of protecting airway.

## ALS

- 1. Advanced airway adjuncts as needed.
- 2. Cardiac Monitoring for possible dysrhythmias.
- 3. Consider vascular access and titrate to SBP  $\geq$  90mmHg.
- 4. Ondansetron:
  - 4mg PO/SL/IM/IV/IO.
  - For IV or IO Ondansetron, administer slowly (over one (1) minute) to prevent syncope.
- 5. For persistent vomiting, may repeat x one (1) for max dose of eight (8) mg.
- 6. Withhold from first trimester (< 12 weeks) pregnant patients not already using Ondansetron.