

Sutter Health: Emergency Departments

**Ambulance Patient Offload Time (APOT)
February 13th, 2024**

**Rose Colangelo, MSN, RN, CEN, MICN
Director Emergency Services
California Hospital Association:
EMS/Trauma Committee Co-Chair
Chair Sutter Health Clinical Improvement APOT Committee**



About Sutter Health



LOCATIONS

- Hospitals: 23
- ASCs: 33
- Cardiac Centers: 8
- Cancer Centers: 11
- Acute Rehabilitation Centers: 4
- Mental Health and Addiction Centers: 5
- Trauma Centers: 5
- Licensed General Acute Beds: 4,174
- Neonatal ICUs: 7

PEOPLE

- Physicians: 12,000
- Advanced Practice Clinician: 2000
- Nurses: 16,000+
- Employees: 53,000+

Sutter Emergency Departments: Who we are



2023 Emergency Department Data

Annual visits: 902,055

Ambulance arrivals: 190,859

Hospital admissions: 136,376

(59% of total admissions)

Total boarding hours: 186,387

Patients requiring psychiatric care 51,094

Approximately 40% of bed capacity limited by psych holds and boarding

Systemwide APOT Committee



**GREAT
REPRESENTATION
FROM ACROSS THE
SYSTEM!**



**A3 PROCESS
EXECUTIVE
SUPPORT**



**REPORT TO
SYSTEM ED
CLINICAL
IMPROVEMENT
COMMITTEE
MONTHLY**



**WEEKLY
REPORTING
EPIC DATA
COLLECTION**



**STANDARDIZE
DATA COLLECTION
IMPROVING
TECHNOLOGY**

Ambulance Patient Offload Time (APOT)

SBAR

Situation

Background

Assessment

Recommendation

Ambulance Patient Offload Time (APOT)

SBAR: Ambulance Patient Offload Time (APOT)

Situation

Sutter Health has identified delays to ambulance patient offload times (APOTS) across the system.

Background

At present, the APOTS times that are reported to the state are produced by local EMS. There is no current process for internal data review at the Sutter system level or individual affiliates.

Assessment

There is variation across affiliates in both Epic ED Manager build structure as well as workflows for ambulance arrivals. There is currently no timestamp used in Epic that accurately represents ambulance offload time across all sites.

Recommendation

Adopt timestamp for "Transfer of Care" in Prehospital Treatment section of Triage navigator. Standardize EHR workflow across all affiliates to include this timestamp so reports can be produced Sutter System wide. When a patient arriving by ambulance is assigned a care space in the emergency department (i.e., ED room; triage; lobby) the nurse receiving report will open the Prehospital Treatment in the triage section and will update the "Transfer of Care Date and Time".

← Summary Chart ... Notes Triage Narrator Flowsheets Ma... MAR Forms Dispo

Triage

PHASE 1 TRIAGE

- Arrival Info
- Chief Complaint
- COVID-19 Scree...
- COVID-19 Vaccine
- Waiting Room
- Vital Signs
- Resp Peds
- Pain Adult
- Pain Peds
- GCS Adult
- GCS Peds
- C-SSRS
- Acuity
- Allergies
- OB/Gyn Status
- Preg/Post?
- Sepsis Screen
- Sepsis Screen P...
- ED Triage Note
- Communicable D...

PHASE 2 TRIAGE

- Prehosp Treatment
- Med Document
- Update PCP
- Orders
- Order Sets
- MSE
- Cincinnati Stroke...
- Last Known Well?

SCREENING & HISTORY

- Screenings
- Problem List

Prehospital Treatment

Time taken: 11/1/2022 1143 + Add Group More ▾ Show Details Show All Choices

Ambulance, Transport and Transfer Info.

Ambulance Unit

A - N Ambulance O - Z Ambulance Air Transport

Ambulances A-N

Alameda Fire	Albany Fire	Alpha One	American Am...	American Ca...
American Leg...	AMR	Bayshore	Bells	Berkeley Fire
Bicounty	Cal Fire	Cal-Ore	Central Lyon...	Ceres Fire
CHP Helicopter	Cloverdale Fire	Coast Fire	Coast Life Su...	Contra Costa...
Cosumnes Fire	Del Norte	Downieville Fire	El Dorado Co...	Elk Grove Fire
Escalon	Fairfield Fire...	Falck	Falcon	First Responder
Folsom Fire	Forest Hill Fire	Georgetown	Hughson	Kelseyville Fire
King American	Lakeport Fire	Lake County...	Manteca	Marin County...
Marin Fire	Medic	Mercy	Modesto Fire	Moraga Fire
NorCal	Northshore Fire	Novato Fire	Novato PD	Other

Ambulance Specifics

Unit #

Transport Type

ALS BLS CCT

Transfer of Care Date

Transfer of Care Time

FAQ: Ambulance Patient Offload Time (APOT)

EPIC: Ambulance Turnover of Care Time

October 21st, 2022

Q: When does the time start for “Turnover of Care”?

A: When a patient arrives by ambulance, the first contact with a healthcare provider when a patient is arrived into EPIC known as the “Arrival Time” will be captured as the first time stamp.

Q: When does the time end for “Turnover of Care”?

A: Turnover of care measures patient arrival time to actual hand off of care, i.e. turnover of care.

Q: If the patient is sent to the lobby or to a triage room, who completes the “Turnover of Care” date and time?

A: When a patient is sent to the lobby, the registered nurse (RN) who completes the triage report will complete the date and time in EPIC in Ambulance Transport and Transfer Info section

Q: Who can arrive a patient arriving by ambulance?

A: The arrival can be done anyone, i.e. RN, ED tech, unit secretary, clerk, etc. and the Transfer of Care has to be done by the actual RN?Yes. The arrival time starts when the patient is registered into EPIC by any hospital staff (Clerk/Reg/RN).

Q: Who can complete the Turnover of Care?

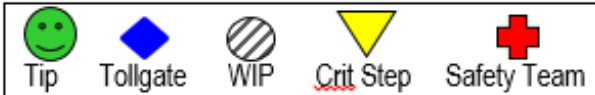
A: The Turnover of Care has to be completed by the actual RN receiving report and releasing the medic.

Standard Work: Direct Bedding

Standard Work					
Process	Direct Bedding of Ambulance Patients	Last Updated	1/24/2021	Owner	Debbie Madding
Done of Process	Patients that arrive by ambulance placed in bed	Rev. Number	1	Takt Time	
Performed by	MICN/T2/SC	Revised by			

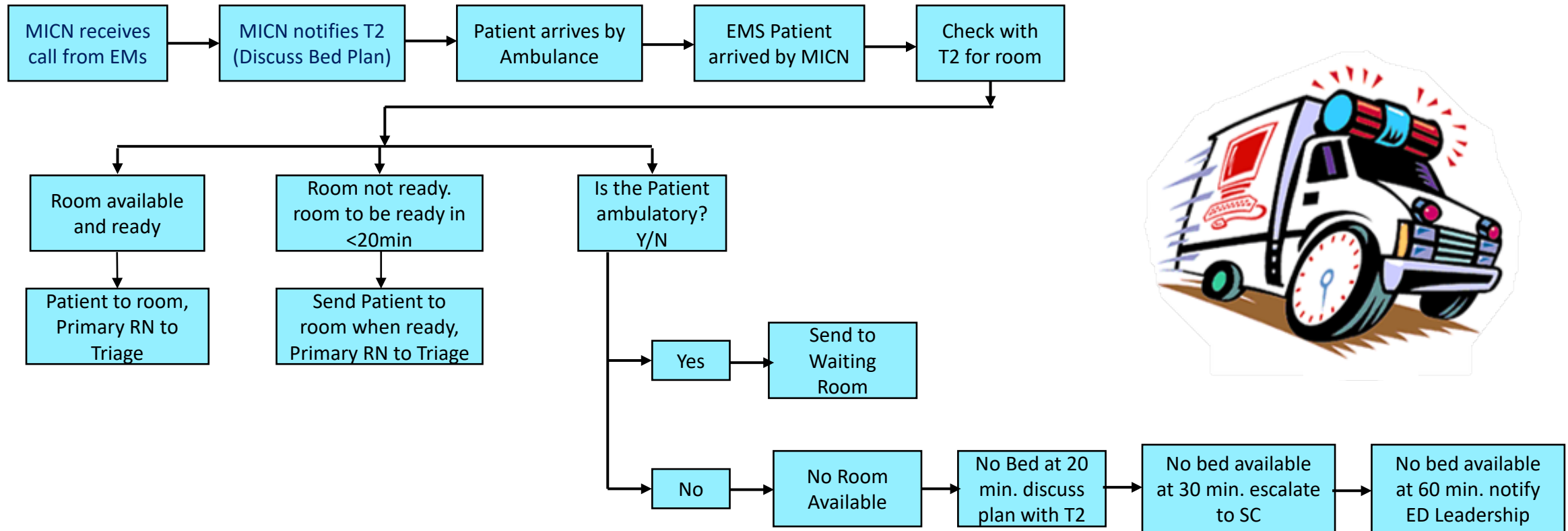
Standard Work

Direct Bedding of Ambulance Patients



	Major Steps	Details (if applicable)	Time	Diagram, Work Flow, Picture, Time Grid
1	MICN receives Call from EMS	<ul style="list-style-type: none"> MICN answers call from EMS and determines level of acuity based on report 	2 min	
2	MICN notifies appropriate staff based on level of acuity	<p>Specialty Activation</p> <ul style="list-style-type: none"> Notify SC or North Lead to determine appropriate bed Notify USNA to page based on specialty resources needed: Example: Stroke Code; Trauma; Code Critical; STEMI <p>Ambulatory Patient</p> <ul style="list-style-type: none"> On EMS report if patient ambulatory; MICN to advise EMS to offload patient in wheelchair in ambulance by and direct EMS to go to Triage for arrival MICN to notify T2 Medic number; chief complaint; and ETA If patient arrives with an IV, triage RN to remove IV if no ED bed available and patient to be place in waiting 	2-5 mins	<p>***First Watch to be loaded on MICN; T2; and SC computers for early notification of incoming medics</p> <p>https://subscriber.firstwatch.net/login</p> <p>User ID: SRMC Password: SRMC</p>

Ambulance Workflow



Sutter Health Monthly APOT Meetings





REPORT OUT DATA
AND IMPROVEMENTS
USING A3 PROCESS



SHARING BEST
PRACTICES

A3 Process

	Title: Ambulance Patient Offload Time (APOT)	Sponsor (Coach):	Problem Solver: Bryan Mayo	Date Initiated: January 2023	Estimated Completion: TBD	Revision: (5) 8/23/2023						
Stakeholders: Emergency Department Leaders; Site Based Leadership												
<p>Perceived Problem: Due to pending legislation and a variation in workflow, standard work is needed to improve throughput in the Emergency Department to reduce Ambulance Patient Offload Times (APOT).</p> <p>AIM: To standardize the workflow in our emergency departments to reduce APOT to a transfer of care time of 30 minutes/90th of the time.</p> <p>SCOPE: Sutter Health Emergency Departments; Local Emergency Medical Services (LEMSA); paramedics/fire; patients arriving by ambulance</p> <p>TRIGGER: A patient arrives by paramedics for care at our emergency department</p> <p>DONE: All patients arriving by ambulance; transfer of care is completed within 30 minutes/90% of the time</p> <p>Target Condition: Standard work is implemented at Sutter Health Emergency Departments and Turnover of Care for patients arriving by ambulance is within 30 minutes/90% of the time.</p> <ol style="list-style-type: none"> Design standard work at all Emergency Departments Collaboration with local EMS Agency (LEMSA) agencies to validate data for Turnover of Care times ED RN completes the Turnover of Care Time in EPIC 100% of the time <p>Current Condition:</p> <table border="1" data-bbox="343 701 746 829"> <thead> <tr> <th>Date</th> <th>Reported LEMSA APOT 2022</th> <th>Reduce APOT by 10 minutes</th> <th>Reported LEMSA 2023 YTD</th> <th>Previous Month APOT 90th percentile</th> </tr> </thead> <tbody> <tr> <td>8/23/2023</td> <td>46.1 min</td> <td>36.1 minutes</td> <td>47.6 min</td> <td>(7/23) 45.2 minutes</td> </tr> </tbody> </table>	Date	Reported LEMSA APOT 2022	Reduce APOT by 10 minutes	Reported LEMSA 2023 YTD	Previous Month APOT 90 th percentile	8/23/2023	46.1 min	36.1 minutes	47.6 min	(7/23) 45.2 minutes	<p>APOT Process 04/01/2023</p> <ul style="list-style-type: none"> EMS arrives on apron of EMS bay. Once in department the UC or CN registers the patient into the "master log" in EPIC CN or available nurses triage triages patient or decides if patient can safely be sent to lobby for triage Triage is completed and offload location is identified, and EMS crew is directed to offload the patient If wall time is occurring, CN is to identify patients that can be moved to accommodate the EMS offload that is waiting. CNs are to run the board with ED provider every two hours to ensure maximum throughput is being achieved to decrease risk of APOT time with inbound EMS patients. 	<p>Step 5: Ambulance Patient Offload Time (APOT)</p>  <p>• EMS Data is not present for 7/28 and 7/31 for Mission Bernal ED</p>
Date	Reported LEMSA APOT 2022	Reduce APOT by 10 minutes	Reported LEMSA 2023 YTD	Previous Month APOT 90 th percentile								
8/23/2023	46.1 min	36.1 minutes	47.6 min	(7/23) 45.2 minutes								
<p>Target</p> <p>All patients arriving by EMS; Turnover of Care within 30 minutes/90% of the time</p> <p>Step 2: Gap Analysis</p> <ul style="list-style-type: none"> CPMC EPIC data entered by triage nurses has many noted discrepancies to EMS data from PCRs. Reluctance from RNs to get brief report and VS and send EMS / patient to lobby for offload EMS bunching around 1400 – 1700 on most days of the week lends to increased APOT times. SF Reddinet ALERT function and recent modifications has rendered the function nonbeneficial to decreasing EMS bunching April 6, 2023: Meeting the local emergency medical services agencies (LEMSA) sharing system-wide APOT work group and system-wide level initiatives. Summer 2023: SF Controller's Office doing a report on APOT and diversion times to be presented to the CEOs in August 2023. 	<p>Step 3: Identify and Test Countermeasure</p> <table border="1" data-bbox="1067 822 1256 936"> <tr> <td>Metric</td> </tr> <tr> <td>< 30 min offload/90% of the time</td> </tr> </table>	Metric	< 30 min offload/90% of the time	<p>Step 6: Share Successful Processes/Action Items</p> <ul style="list-style-type: none"> RNs have successfully been socialized to required prehospital documentation with minimal fallout. NOC CN have been required to review and correct any CPMC prehospital missing offload times daily. This has been 94% successful. There may only be one or two charts where the CN missed correcting the times before the next day. APOT times have been reduced 4.8 mins as reported by EMS YTD (January 2023 at 50 minutes → 45.2 minutes as of July 2023). CPMC Data reflects an average of 32.7 minutes in 90th percentile YTD. 								
Metric												
< 30 min offload/90% of the time												
	<p>Step 4: Implement Countermeasures</p> <p>SEE BELOW</p>	<p>Next Steps</p> <ul style="list-style-type: none"> Continue working with data and sharing with LEMSA for comparison and validation of data Monitor and correct any barriers that arise causing issues with APOT times. Continue to work with Sutter APOT committees to ensure that we are sharing best practices to streamline the process across Sutter EDs 										

A3 Process

What	When	By whom	Complete	Last Action	
Socializing offload documentation through KDS shared by Rose Colangelo	10/2022	Bryan Mayo	Yes	Shared through mass mail to RNs in the MBC ED	Monitor c captured b
EPIC Ambulance Turnover of Care FAQ	10/21/2022	Bryan Mayo	Yes	Shared through mass mail to RNs in the MBC ED	Monitor c captured b
Monitoring Data Entry	11/2022 through 12/2022	Bryan Mayo	Yes	Shared findings with individual ED Managers how their departments we are meeting the metrics regarding data entry for prehospital information.	Continue to rega

SHHOCS Tool

Sutter Health Hospital Over Capacity Scale

SHHOCS Score

Phase 1	Phase II	Phase III	Phase IV	Phase V	Phase VI
<p>00 to 100 Normal Operations</p>	<p>101 to 150 Daily Operations: Not exceeding current capacity/resources</p>	<p>151 to 200 Over Crowded: Need for hospital/emergency services is nearing the limitations of available resources.</p>	<p>201 to 250 Over Capacity: Need for hospital/emergency services exceeds available resources. Code Triage Internal Alert, Hospital Incident Command System (HICS) and Ambulance Patient Diversion may, but not always, be initiated (situational dependent)</p>	<p>251 Critical Over Capacity: Code Triage Internal Activation, Hospital Incident Command System (HICS) and Ambulance Patient Diversion is strongly recommended for activation(situational dependent)</p>	<p>Disaster: NO SCORE REQUIRED Extreme Acute or Extended Disaster Response, Local and State and possible Federal Disaster involvement, Alternate Care Sites and Austere Care Activated. HICS would be activated every time.</p>

In Detail

Complete SHHOCs
Complete a new SHHOCs entry for selected campus

Instructions
Please fill out this form to get the SHHOCs score. Click 'COMPLETE SHHOCs' to save the item. You will receive the SHHOCs score and an email will be sent to the appropriate individuals.

Select Affiliate *
-- select affiliate --
Select affiliate from the list of prepared to complete form

Select Campus *
-- select campus --
Select campus from the list of prepared to complete form

Number of Hospital Beds *

Please enter the total number of licensed hospital beds in the facility. This is a static score and cannot be changed.

Number of ED Beds *

The maximum total number of ED beds available including hallways, chairs, fast track and other beds that can be used to serve patients at the time the score is calculated.

Total Patients in the ED *

The number of total patients in the ED at the time the score is calculated. This includes all patients in all areas including waiting room patients, Fast Track patients, EMS patients awaiting offload, etc.

Number of Critical Care Patients in the ED *

The number of patients that require 1:1 Nursing Care or meet the definition of critical care. This may include patients on ventilators/respirators in the ED and Trauma patients at the time the score is calculated.

Number of Step Down Patients *

Stepdown beds provide an intermediate level of care for patients with requirements somewhere between that of telemetry and the intensive care unit (ICU). If this field does not apply to your affiliate, leave at zero (0).

Total Admits in the ED *

The longest admit holdover/boarding/transfers (in hours) at the time the score was calculated.

Hospital Beds

The total number of licensed hospital beds in the facility. This is a static score and cannot be changed.

ED Beds

The maximum total number of ED beds available including hallways, chairs, fast track and other beds that can be used to serve patients at the time the score is calculated.

Total Patients in ED

The number of total patients in the ED at the time the score is calculated. This includes all patients in all areas including waiting room patients, Fast Track patients, EMS patients awaiting offload, etc.

Critical Care Pts.

The number of patients that require 1:1 Nursing Care or meet the definition of critical care. This may include patients on ventilators/respirators in the ED and Trauma patients at the time the score is calculated.

Step Down Patients

Stepdown beds provide an intermediate level of care for patients with requirements somewhere between that of telemetry and the intensive care unit (ICU). If this field does not apply to your affiliate, leave at zero (0).

Total Admits in ED (including transfers)

The longest admit holdover/boarding/transfers (in hours) at the time the score was calculated.

In Detail

The screenshot shows a form with the following fields and their descriptions:

- Longest Admit Time***: Enter the Longest Admit Time. The longest admit holdover/boarding/transfer at the time the score was calculated.
- Longest Waiting Room Patient LOS***: Enter the Longest Waiting Room Patient LOS. The longest wait time (in hours) from arrival for patient in ED Waiting Room.
- Total Psychiatric Hold Patients waiting in the ED**: Enter the Total Psychiatric Hold Patients waiting in the ED. Total number of behavioral health hold patients being waiting/boarded in the ED for an inpatient bed or transfer.
- Longest time for Psychiatric Hold Patient awaiting transfer from the ED**: Enter the Longest time for Psychiatric Hold Patient awaiting transfer from the ED. The longest wait time that a behavioral health hold patient is waiting to be transferred from an ED bed to another facility or onto a hospital unit/floor.
- Total EMS Patients awaiting offload**: Enter the Total EMS Patients awaiting offload. Total number of ambulance patients awaiting to be offloaded from ambulance gurney into ED gurney, bed, chair or other acceptable location and the ED assumes the responsibility for care of the patient.
- Person Completing***: Enter the Person Completing. Typed name of the person submitting the SHHOCS scoring/report. This is a required field and the form will not be submitted without.
- Comments**: Comments. This field is a free text field where comments can be made explaining the details of the current scoring. This can include information that would explain a higher SHHOCS score but mitigation strategies are in place to defer activating the Hospital Incident Command System (HICS) or other significant measures.

At the bottom of the form is a button labeled "COMPLETE SHHOCS".

Longest Admit

The longest admit holdover/ boarding/transfer (in hours) at the time the score was calculated.

Longest Waiting Room Patient LOS (in hours)

The longest wait time (in hours) from arrival for patient in ED Waiting Room.

Total Psychiatric Hold Patients waiting in the ED

Total number of behavioral health hold patients being waiting/boarded in the ED for an inpatient bed or transfer.

Longest time for Psychiatric Hold Patient awaiting transfer from the ED (in hours)

The longest wait time that a behavioral health hold patient is waiting to be transferred from an ED bed to another facility or onto a hospital unit/floor.

Total EMS Patients awaiting offload

Total number of ambulance patients awaiting to be offloaded from ambulance gurney into ED gurney, bed, chair or other acceptable location and the ED assumes the responsibility for care of the patient.


Person completing

Typed name of the person submitting the SHHOCS scoring/report. This is a required field and the form will not be submitted without.

Comments

This field is a free text field where comments can be made explaining the details of the current scoring. This can include information that would explain a higher SHHOCS score but mitigation strategies are in place to defer activating the Hospital Incident Command System (HICS) or other significant measures.

SHHOCS Capacity Management Policy

Current Status: Active		PolicyStat ID: 9089733	
 Sutter Health Sutter Roseville Medical Center	Origination:	3/1/2010	
	Effective:	1/6/2021	
	Final Approved:	1/6/2021	
	Last Revised:	1/6/2021	
	Next Review:	1/6/2024	
	Owner:	Erik Angle: Coord, Emergency Management	
	Policy Area:	EOC - Emergency Management	
References:			
Applicability:	Sutter Roseville Medical Center		

Hospital Surge Capacity Response Plan, EP002a

SCOPE

This plan provides policy oversight establishing best practices to create and maintain an environment for Emergency Preparedness, Security, and Safety to all persons in areas of Sutter Roseville Medical Center (SRMC), a Sutter Health Affiliate, for incidents related to patient surge emergencies. These incidents may range from mass trauma, mass hazardous materials contamination or an infectious disease outbreak.

POLICY

Sutter Roseville Medical Center (SRMC) is committed to providing a safe and healthful work environment while providing a guide for prompt mobilization and coordination of personnel and facilities in time of an influx of patients. In the event of a high patient volume and/or acuity in the Emergency Department, SRMC will use a standardized scale, the Sutter Health Hospital Overcapacity Scale (SHHOCS), to quickly mobilize maximal resources and adjust operations in a structured and automated fashion to safely meet patient's needs. The guidelines included in this policy are not all inclusive and the SHHOCS score alone is not intended to automatically trigger the phased response. Rather, response actions associated with each phase requires professional review and judgment and may vary depending on the unique circumstances impacting the Emergency Department and impacts of hospital census.

PURPOSE

- This policy provides guidelines to facilitate decision making and departmental response at times of unusually high patient volume and/or acuity in order to continually provide safe and effective patient care. The data produced by the SHHOCS tool is intended to provide objective, early warning and triggers of potential operational impacts.
- To define a process for reviewing SRMC admission / discharge / transfer and staffing priorities during a time when the Emergency Department (ED) or the hospital reaches capacity.
- To define a process for admission, discharge, transfer and staffing priorities during a time of emergency and disaster surge or influx of patients based on data based on the Sutter Health Hospital Overcapacity Scale (SHHOCS).
- To assure the continued operations of the healthcare facility under full capacity and surge capacity conditions and provide response actions .
- This policy was developed by a multi-disciplinary team consisting of personnel from Administration,

Hospital Surge Capacity Response Plan, EP002a. Retrieved 8/16/2021. Official copy at <http://sh-smc.policystat.com/policy/9089733/>. Copyright © 2021 Sutter Roseville Medical Center

Page 1 of 9

Questions/Comments

Rose.Colangelo@sutterhealth.org
916-532-2261

