



Sacramento County  
**Childhood Obesity  
 Prevention Coalition**

## MEETING MINUTES

**Date:** Thursday, October 21, 2010

**Chair:** Crystal Rowland (Acting)

**Minutes:** Crystal Rowland

**Location:** Kaiser Permanente, Point West  
 2<sup>nd</sup> Floor Public Affairs, Administration Office Conference Room 7  
 1650 Response Road, Sac, CA 95815

**Present:**

Kerry Brown, Olinda Hirsch, Yvonne Rodriguez, Crystal Rowland

AGENDA ITEM	DISCUSSION	DISPOSITION
<b>I. Welcome and Call to Order</b>	Meeting called to order by Acting Chair, Crystal Rowland, at 9:07.	
<b>II. Mission Statement</b>	<i>The mission of the Sacramento County Childhood Obesity Prevention Coalition is to support and engage the Sacramento community in the development of physically active and healthy children through education, coordination, and promotion of physical activity and healthy eating initiatives.</i>	
<b>III. Approval of Minutes</b>	The Minutes of September 16, 2010 meeting were reviewed and approved with no changes.	M/S/C
<b>IV. General Meeting</b>  <b>A. Announcements and Resource Sharing</b>	<p><b>UCD Extension Partnering with Schools</b>          The UCD Extension is currently selecting schools in Sac County to train teachers on a newly developed nutrition curriculum. The curriculum has been developed for each grade ranging from preschool to high school. UCD Extension hopes to begin actual training in January. Schools onboard so far include schools in the Galt, Elk Grove, Rancho Cordova and Sac City school districts. The curriculum is part of a 5 year obesity prevention grant through the CDC.</p> <p><b>UCD Extension classes: Eating Smart, Being Active</b>          The UCD Extension has a grant through the USDA to provide nutrition education free of charge to the community. The series consists of 8 lessons for parents and children and is designed to be offered through multiple venues such as churches, community centers, schools, etc. The sessions may be flexible per the needs of those requesting. Eligibility requirement: low income, minimum of</p>	

<p><b>B. Coalition Metrics</b></p> <p><b>C. Grant Updates</b></p> <p><b>V. Adjourn</b></p> <p><b>VI. Next meeting</b></p>	<p>8 persons in class. Available in Spanish. If you would like more information or would like to request a class series, please contact Olinda Hirsch at <a href="mailto:orhirsch@uc.davis.edu">orhirsch@uc.davis.edu</a>.</p> <p><b>County of Sacramento Chronic disease management and prevention curriculum</b>  The County of Sacramento Health Education Unit offers a 6 week "train the trainer" program for agencies wanting to adopt or use chronic disease management curriculum. A chronic disease management and prevention summit will be held at the end of January. More information to follow.</p> <p><b>Activity Tracking forms</b>  The activity tracking form was circulated for members to record Coalition activities and in-kind hours. If you have activities you would like recorded or would like electronic versions sent to you, please contact Crystal Rowland at <a href="mailto:ckrowland@theeffort.org">ckrowland@theeffort.org</a>.</p> <p><b>NACCHO: ACHIEVE Project</b>  ACHIEVE is reviewing goals for its third year and brainstorming continued interface with the SCCOPC. The group is still moving toward implementation of Safe Routes to Schools programs via the Cal Endowment Building Healthy Communities Initiative. For information, or to get involve, contact Yvonne Rodriguez at <a href="mailto:rodriguezzyv@saccounty.net">rodriguezzyv@saccounty.net</a> or Karen Olson at <a href="mailto:olsonk@saccounty.net">olsonk@saccounty.net</a></p> <p><b>Meeting adjourned at 10:05</b></p> <p style="text-align: center;"><b>Next Meeting:</b>  Thursday November 18, 2010  <b>9:00 am - 10:00 am</b>  Kaiser Permanente- Point West  2<sup>nd</sup> Floor Public Affairs, Administration Office Conference Room (Conference Room 7)  1650 Response Road, Sac, CA 95815</p>	
---	--	--