

## Public Health Advisory Board

### Meeting Minutes

April 6, 2022 12-1:30PM

### Meeting Location

Zoom Meeting (Open to the Public)

**Moderator:** Farla Kaufman

**Scribes:** Cynthia Dossman

**Meeting Opened:** 12:10 PM

**Board Members:** Farla Kaufman, Steve Heath, Sonal Patel, Elisabeth Abbott, Phil Summers, Dr. Ashley Sterlin, Jofil Borja, Sara Bowsky, Bekalu Amare, Chase Smith, Sandy Damiano (ex officio) Olivia Kasirye, (ex officio)

**Those not in attendance:**

**Board Members excused:** Barbie Law

**Other County Leadership:** Lynnan Svensson, Andrew Mendosa, Michelle Besse, Stephanie Kelly

**Review of Minutes:** March minutes approved.

**YouTube link for the minutes:** <https://www.youtube.com/watch?v=L4doQX-D-YA>

### Farla Update

Introductions from attendees

Are there any amendments to the March meeting minutes? Hearing none. Is there a motion to approve the minutes? Yes.

Minutes are approved.

New member: None

## **Public Health Division Updates – Dr. K**

Numbers are still down which is good news. We are now updating our numbers once a week, we don't have numbers for this week, but for last week it was 3.9 per 100,000 which is lower than we've had since summer of 2020.

There has been some concerns about the new variant BA.2. We have been monitoring it with some of the surveillance systems we know between 40%-70% of the specimens BA.2. But this has not resulted in any increase in cases in Sacramento, region or for the State. We were watching what was happening on the east coast, because it was an up take in numbers, but seems it's on the down turn as well. Cautiously optimistic we're beginning to get asked questions "is this what we call endemic"? We don't know yet, we'll have to wait and see what happens, but we are very hopeful that we'll finally have a quiet summer.

Recently the FDA did approve second boosters for certain groups over the age of 50 and those with underlining medical conditions that put them at risk and also those who have received the Johnson and Johnson. We are putting messages out, and the reception of that has been tepid because people are wondering if they have to do it or can they wait. Our advice is people with conditions that put them at risk it's probably a good idea if they are 4 months out from their last shot they received they should get their 2<sup>nd</sup> booster.

Farla

Any question at this time?

**Q - Is any one in your department doing a review in lessons learned or preparations for any or next pandemic? Just curious to hear if any lessons learned or any reviews being done.**

**A - Absolutely, we're going to have ongoing sessions to look at lessons learned, and to review what happened on what went right and what went wrong it's part of our general process for after action and also it's happening both at the local level, state and federal level. There are going to be a lot of lessons learned coming through, it's going to take a while to package this it's been 2 years and a lot has happened. Maybe for the next update I can start providing some information from lessons learned if you have some interests.**

## **Dr. Damiano- Primary Health Division Updates**

DHS Primary Health Division  
April 5, 2022

### **PHAB REPORT: Adult Correctional Health**

#### **Weekly COVID-19 Data as of March 30, 2022**

- Total number of COVID-19 tests since March 2020: 36,462 (*Net increase = 369*)
- Total number of confirmed COVID-19 cases since March 2020: 3,551 (*Net increase = 0*)
- Total number of confirmed COVID-19 cases during the intake observation/quarantine period since March 2020: 766 (*Net increase = 0*)

- Total number of COVID-19 positive inmates currently in custody: Main Jail – 0 / RCCC – 0
- Total number of COVID-19 related deaths: 3

SSO COVID-19 Link: <https://www.sacsheriff.com/pages/covid19.php>

Inmate Vaccination Data

As of 3/23/22, 2,868 inmates received at least one COVID-19 vaccine dose.

- Net increase of thirteen (13) new inmates receiving initial doses.
- Net increase of thirteen (13) booster doses.
- Total of twenty-six (26) doses provided this past week.

Facility	Total Patients	Total Doses	Fully Vaccinated Patients	Booster Doses
MJ	1,720	2,327	1,487	108
RCCC	1,149	1,569	1,002	127
Total	2,869	3,896	2,489	235

This is a cumulative number since the inmate vaccination program began on 01/29/21. Total includes inmates who are no longer incarcerated.

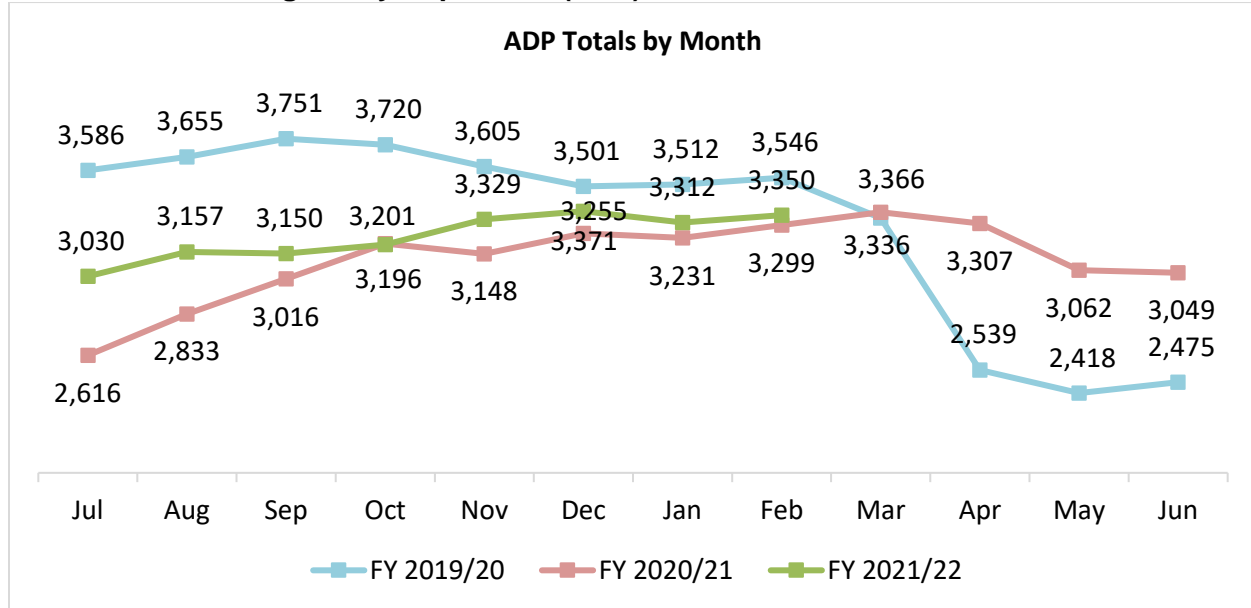
ACH Staff Vaccination: Point in Time 3/17/22

Medical & Admin Staff	Fully Vaccinated	Boosted
Medical Staff	94%	56%
Administrative Staff – Onsite	100%	75%
East Parkway Administrative Staff – Goes onsite	100%	89%
County On-Call/Temp Staff	89%	51%
Total	93%	57%

Contracted Staff: Data as of 04/05/22

- Mental Health Staff - 94% are fully vaccinated & boosted.
- Registry– 89% fully vaccinated, 69% boosted.
- Other Contractors – 94% fully vaccinated, 41% boosted.

## Jail Facilities Average Daily Population (ADP)



The highest ADP was pre-pandemic on September 2019 (3,751) and the lowest ADP (2,418) was May 2020.

Jail Releases by Length of Stay (LOS) February, N = 1,936			
Length of Stay (in days)	Number of Releases	Percentage	Cumulative Percentage
0	765	40%	40%
1 – 3	338	17%	57%
4 – 14	324	17%	74%
15 – 29	96	5%	79%
30 – 119	220	11%	90%
≥ 120	193	10%	100%
Total	1,936	100%	

The jails have a very high-churn rate. Short lengths of stay make discharge planning and continuity of care challenging.

What is happening?

- *Community Justice Support Program (CJSP)* – Forensic Behavioral Health Full Service Partnership went live in March. Highest level of outpatient mental health program.
- *Project Warm Handoff* – BH division received a grant to assist with linkage of patients post-release. Planning in process to target specific population since this is time-limited.
- *CalAIM for Justice Involved* – Planning in progress with Adult Correctional Health, Health Plans & partners to prepare for the Enhanced Care Management (ECM) benefit and mandating a county pre-release Medi-Cal application process (January 1, 2023).
- *CJ Partners efforts* – Numerous efforts in process to reduce jail population.

## Chronic Health Conditions

Daily Population Snapshot for March 16, 2022 = 3,550

Of the 3,550 adults incarcerated, **63%** of the Daily Population had chronic health conditions. Of those, **66%** had two or more chronic health conditions.

Chronic Health Conditions	Unduplicated Patients
1 condition	757 (34%)
2 conditions	613 (28%)
3 conditions	389 (18%)
4 conditions	229 (10%)
5 – 11 conditions	232 (10%)
<b>Total</b>	<b>2220 (100%)</b>

## Adult Correctional Health Vacancy Reports

Medical Positions (04/05/22)	Vacancies	Background
Medical Assistant	2	1
Licensed Vocational Nurse	10	1
Registered Nurse	5	2
Supervising RN	1	0
Physician	6	0
Nurse Practitioner	1	0
<b>Total</b>	<b>25</b>	<b>2</b>

Administrative Positions (04/05/22)	Vacancies	Background
Admin Services Officer – QI, Med Records	2	0
Med Records Technician	1	1
Registered Nurse – QI	2	1
Senior Office Assistant	2	0
<b>Total</b>	<b>7</b>	<b>2</b>

Mental Health Positions (04/05/22)	Positions
Administration	1 Admin Assistant
Outpatient Program - MJ	1 Supervisor, 3 LCSW, 1 SWI
Intensive Outpatient Program - MJ	0
Enhanced Outpatient - MJ	2 LCSW, 2 SWI
Enhanced Outpatient – RCCC	2 SWI
Jail Based Competency - RCCC	1 Supervisor, 1 SWI
<b>Total</b>	<b>14</b>

## **Behavioral Health Services. Substance Use – Andrew representing Lori**

We have a lot of great initiatives coming out. First of all we are pushing our Ark Anderson distribution out far and wide as we continue to be in a fentanyl epidemic and our deaths are rising in Sacramento, we seeing death rates increasing in our middle schools and younger age population from fentanyl from our corners office. It's extremely concerning for us, we are working

closely with our prevention partners, and the State of California and narcan distribution project on getting narcan as far and wide in every place we can. We have doses here at East Parkway that we are trying to get out to providers and communities to anyone that would get it out to community centers and so on and so forth. We are setting out to have a Fentanyl town hall hopefully sometime in May 2022, Lori Miller is the speaker. Also, probably late Summer or Fall we are looking to do an outdoor activity as well, having providers and speakers addressing Fentanyl epidemic, opioid crisis were also given out narcan and giving our resources to the community.

April is Alcohol awareness month, were excited to highlight that our prevention providers are out doing activities at schools, in the community, and with families and youth on alcohol and getting the word out about alcohol and how dangerous it can cause and early use can place a person at risk for further issues in their life.

We our launching out a Sacramento County Healthy beginning program  
It is a screening and intervention program for pregnant women using substances, alcohol that might be at risk for prenatal exposure. More to come on this.

**Q - Are you able to reach the most at risk population for over dose in that setting?  
And has Sacramento County considered having public safe spaces available for curated at this point and were at risk for over dose?**

**A – Great question, we are working closely with our leadership we have pretty good ideas, But we are waiting on getting some details worked out. But were looking to use public vending machines out in the public targeting zip codes based off the opium dash board data.**

More information on the above events folks can reach out to Michelle Besse  
[BesseM@saccounty.net](mailto:BesseM@saccounty.net).

### **Farla Kaufman- PHAB activities and planning committees retreat**

We would like members to feel free to get involved in any of our activities.

PHAB priorities, normally we have votes for the following year and usually at the preceding year. This year is a little different we had a request for the Board of Supervisors for our priorities in regards to what they are setting as priorities. We came up with some priorities that were supposed to be confined to 5 priorities list.

### **List of PHAB's recommendations to the BOS of the 5 Priority Topics for the Fiscal Year 2022-23.**

The list below is ranked in order of priority with the highest priority at the top.

1. Expand Health Care Access and Other Services to Vulnerable Populations - Vulnerable Populations including but not limited to: homeless; youth at risk; communities of color; those with behavioral health needs; and the disabled, and

Services including: behavioral health; medication assisted treatment and sexual health; screening for STD's (especially for youth and marginalized communities); case management services and resources/housing for the homeless; and management of outbreaks in vulnerable settings.

2. Correctional Health including: expanding mental health services and Substance abuse services, and additional resources for alternatives to Incarceration.
3. Behavioral Health Continuum of Care.
4. COVID-19 (and general emergency respond preparedness).
5. Sacramento County Public Health Infrastructure/Staffing.

I would like to bring up that we have the option of doing a retreat. This hasn't been explored before within PHAB but there are some other boards that do this and perhaps it may be of interest to the members to have a retreat that means getting together in person or virtually we can discuss that and it may be for 2-3 hours or ½ day or a day it's on the table, if you have thoughts about it contact Farla. We can bring it up at the next meeting for any comments or thoughts.

Chevon- Currently our FQHC has partnership with SCOE to put behavioral health clinicians in schools currently we have 22 clinicians in our schools right now and Superintendent Gordon has a vision and a goal to put clinicians in every school. We are expanding our contract to put 20 more in for the next school year.

Q: - Question on the RAND study. Did the adult RAND study include the incarcerated population and the needs assessments in any way I know our jail population has 1,000's of people in it and a huge portion of that are people with mental health needs and did the study include that?

A: - No, it didn't. The RAND study really focused on bed capacity on like what type of facilities do we have, what are the needs. I didn't see a drill down on that study on specific population on needs who needs those beds. Essentially there is other work going on in the County from consultants. But is being looked at right now.

Chevon, attached is the RAND State wide analysis as a follow up knowing that it was focused on adults. We did ask the RAND Corp to do a Sacramento specific study for us and drill down on a few more details that the bigger study didn't take into account but, also on the youth population.

Attached is the full RAND report

[MAAdultPsychiatricInformation04-06-22.pdf \(saccounty.net\)](#)

### **Sonal – Youth Mental Health Update**

Farla and Sonal have spent the last couple of months working together on the youth mental health issues and will present to the Board of Supervisors next month. As we look ahead we're considering where our efforts might go after we present to the Board hoping we have a successful outcome. Some of the things that came up in our conversations with Dr. Quist, the County Office of Education is some other preferable issues related to youth mental health that have an impact

such as a number of social workers in school or the intersection of mental health and substance use. Another thing that has come up is sort of a historical problem which is the partnership between schools, health plans and county mental and how to bring local managed care plans to the table to more involved with youth mental health. Also I would like to bring up looking into emergency room crowding especially as it relates to youth that perhaps doesn't get seen due to overcrowded or leave without any care. Farla and I also briefly chatted about - which would be quite a lift - doing a needs assessment behavioral health resources in Sac County. Not sure what kind of workload that would be required at this time. These are some of the ideas we're exploring for the summer or moving forward.

Chevon - It would be good to have another presentation and to have Dr. Quist, but to have him come back to and to get gleaning information on the Rand study and gleaning it from the one that was done state wide but we're also doing a drill down, and having RAND corporation do a drill down for Sacramento County and we should be getting those results in May or latest by June. But the early data is pointing to the need for more subacute facilities for adults, children and youth site facilities also for crisis residential, crisis stabilization as well as substance use and residential treatment. Those are some of gaps at the moment we are working on an application for the first subacute we have another round coming up for a facility for children we're working on crisis, residential, crisis stabilization and acute facilities, and August is the next round for funding for behavioral health infrastructure is going to be due.

**Q - Is there a plan in place for diverting youth mental health crisis away from ER?**

**A:- Yes, that something we can have Dr. Quist report on, I know there is some sort of increase work going on in the prevention or early prevention stage having him answer that would be better.**

### **Phil and Libby Abbott-Correctional Health**

Phil-Recap of December 2020 Covid outbreak in jail.

Libby-Just to summarize the two major outputs from the group so far, the first was the letter that went to the board of supervisors in November of last year, and there we were really focused on kind of the issues of high economic social and health costs of incarceration, the quality of services and the poor quality of services as pointed out by the Mays monitoring reports. The Mays monitoring reports comes out every six months so we'd like to see public hearings on those with the next round of reports. We've also made some recommendations around the new agency that was being established and its leadership so that's the Public Safety and Justice Agency, specifically recommending a candidate CEO that selection has been made and the law enforcement officer was selected. We would like to see that public health orientation equity sort of orientation come out in this person's new engagement with their role, and we're looking forward to meeting with Eric Jones soon to find out more about his role about his leadership of that agency and bringing together that background with what we're looking for which is somebody who's thinking about public health issues and equity issues.

Second thing to talk about when we wrote this letter, it was on the heels of another tragic in custody death and just wanted to recommend linking to the first bucket greater transparency and accountability on that so greater information sharing and made some specific recommendations there. Attached are responses on some of those recommendations and the next steps.



Please refer to Correctional Health attachment.

[Jail Health \(saccounty.gov\)](http://saccounty.gov)

Public Comment

Any public comments? None

**Adjournment**

The meeting was adjourned at 1:30PM.

Submitted by Cynthia Dossman, scribe