

**Sacramento County  
Public Health Advisory Board**

**Meeting Minutes**

March 4, 2020 (12:00 pm -1:30 pm)

**Primary Care Center**

4600 Broadway  
Sacramento, CA 95820  
Conference Room 2020

**Moderator:** Dr. Farla Kaufman – Chair

**Scribe:** Sheila Robertson – Staff

**Board Attendees:** Barbara Law, Jofil Borja, Paula Green, Kathleen Wright, Jack Zwald, Philip Summers, Farla Kaufman, Jennifer Anderson, Jeffrey Rabinovitz, Steve Orkand, Emanuel Petrisor, Annie Tat, Sandy Damiano

**Board Members Excused:** Dr. Olivia Kasirye (Ex-officio), Christina Slee

**Board Members Absent:** Peter Beilenson

**Guest Speakers:** Erin Johansen, Michael Meyer, Rolando Villareal

**Guest:** Erin Johansen, Hope Cooperative, Michael Meyer and Rolando Villareal – Sacramento County Environmental Management Department

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<b>Topic</b>	<b>Minutes</b>
Meeting Opened	Meeting started at 12:02pm
Welcome and Introductions	<ul style="list-style-type: none"> <li>• Dr. Farla Kaufman welcome each board member and guest introduced themselves.</li> </ul>
Minutes Review	<ul style="list-style-type: none"> <li>• Minutes from February 5 meeting were approved with minor corrections.</li> </ul>
PHAB Vacancies/HIV Health Services Coordinating Council Appointment	<p><b>Vacancies:</b></p> <ul style="list-style-type: none"> <li>• PHAB currently has 1 vacancy</li> <li>• No Appointments</li> </ul>

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<p>Primary Health Services Division Update Women, Infants &amp; Children (WIC)</p> <p>Adult Correctional Health</p>	<p><b>Dr. Farla Kaufman</b></p> <p><b>Women, Infants &amp; Children (WIC)</b></p> <ul style="list-style-type: none"><li>• Dr. Damiano apologized for missing her WIC Director's Report.</li></ul> <p><b>Adult Correctional Health</b></p> <ul style="list-style-type: none"><li>• This program is now operating under a Consent Decree. Approved by the Federal court in early January.</li><li>• Staffing shortage (providers and nursing) is extremely challenging and it is impacting our access as well as initiatives.</li><li>• Began provision of discharge medication in late December. Initially for sentenced adults with Serious Mental Illness (SMI) and in mid-January to entire sentenced population. This is a complex process and we are still working on overcoming operational challenges. Discharge planning is a multi-step process requiring additional resources. Mental health have been working on linkage to county mental health providers for the SMI population.</li><li>• Began Medication Assisted Treatment (MAT) in late 2019. Providers trained on use of MAT for Alcohol Use Disorder and currently our Medical Director is working on MAT for Opioid Use Disorders. This initiative is focused on continuation medication. The provider shortage is impacting all work.</li></ul>
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## Sacramento County Public Health Advisory Board

Hope Cooperative

### **Mission Statement**

- Transform the lives of those living with mental health challenges, substance use disorders and homelessness by supporting their independence, promoting their housing stability, and empowering them to make positive changes in their lives.

### **Resilience Connect Transformation**

- Hope Cooperative (formerly TLCS) has been providing mental health and supportive housing services for people with mental health challenges for nearly 40 years in Sacramento County. As a client-driven organization, we are dedicated to the independence and empowerment of individuals with psychiatric and other disabilities. We serve over 6,000 people in our community each year offering a full array of services and supports. Many of our clients are homeless when they begin their Hope Cooperative journey and are now successfully living in a “forever” home. Our 215 dedicated and compassionate staff members are committed to culturally sensitive services that support clients on their path to self-sufficiency.

### **Awards and Recognition**

- 2015 Sacramento Housing Alliance Social Justice award winner
- 2019 Bank of America’s “Neighborhood Builder”
- 2020 Downtown Sacramento Foundation JVance Steward Community Service Award

### **Service and Supports**

- Since 1984 Hope Cooperative aka TLCS has owned or operated a variety of residential properties.
- Currently we are housing 163 people
- Cooperative Housing
  - Interim Housing
  - Individual and Family Apartments
  - Transition to Rapid Rehousing for Transition Age Youth Experience Homelessness
  - **New Direction** – Full Service Partnership serving 320 people with serious mental illness experiencing homelessness using a “whatever it takes” approach.
  - **TCORE** – A moderate intensity program serving 750 people who have interacted with jails and hospitals
  - **Regional Support Team** - a mild to moderate intensity program serving 1100 people with serious mental illness, many of whom are homelessness, at risk of homelessness or housing insecure

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- **Triage Navigator/MCST Program Staff** is embedded in all local emergency departments and with law enforcement agencies. Peer navigators follow clients for up to 60 days to create linkages to community mental health services.
- **Crisis Respite Center-open** 24/7 serving adults in MH crisis. Guest can stay up to 23 hours as a non-medical alternative to emergency room care.
- **Co-occurring Disorders Treatment Program** Outpatient substance abuse treatment for people with serious mental illness.
- **FSRP** – An Intensive Case management program serving 90 of the people who have been deemed to be the highest utilizers of county services.
- **Clubhouse** – A membership day program designed to provide supported employment and opportunities for meaningful activity including volunteering, education and social connectedness.

### Homelessness in Sacramento

- The 2019 Point-in-Time Count revealed that there are more than 5,000 men and women experiencing homelessness on the streets of Sacramento up 19% in the last 2 years. This includes 1670 who accessed emergency shelter or transitional housing on this night.
  - 93% were from Sacramento County of Sacramento
  - 30% of the individuals sleeping outdoors are over the age of 50
  - 9% identifies as LGBTQ
  - 30% met the definition of chronically homeless
  - 56% of all people experiencing homelessness are unsheltered, single adults
  - People in families with children represent 20% of all people experiencing homelessness
  - 8% of individuals are unaccompanied youth mostly transition age youth 18-24
  - 26 percent have a debilitating cognitive or physical impairment
  - 21 percent have a severe psychiatric condition (such as severe depression or schizophrenia).
  - Eight percent (8%) indicated an ongoing medical condition (diabetes, cancer, or heart disease).
  - Nine percent (9%) reported that their use of alcohol or drugs prevents them from keeping a job or maintaining stable housing. More generally speaking, 60% of respondents reported that they use alcohol or non-medical drugs, but only 15% of these respondents indicated that their use of substances affected their ability to hold down a job or have stable housing.

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- Most who indicated having a disabling condition (77%) cited two or more specific conditions; the most common combination was a psychiatric condition with a cognitive or physical impairment.

### **Homelessness in Sacramento – Who is doing what??**

- The Continuum of Care (CoC) Program is designed by the US Housing and Urban Development to promote community-wide to the goal of ending homelessness. Sacramento Steps Forward is the lead agency for the CoC in Sacramento and collaborates with a 25 member stakeholder Advisory Board.
- Hope Cooperative aka TLCS holds the first Rental Assistance HUD grant in Sacramento County managing 195 HUD vouchers. We are active member of the Continuum of Care and our CEO is the Vice Chair of the COC Board
- COC Providers Offer: Rapid Rehousing, Permanent Supportive Housing, Transition to Rapid Rehousing for Youth:
  - **Providers:**
    - Hope Cooperative
    - Sacramento Self Help Housing
    - Wind Youth Services
    - Lutheran Social Services
    - Mercy Housing
    - SHRA Shelter Plus Care
    - Next Move
    - Cottage Housing
    - VOA
  - **The City of Sacramento**
    - **Whole Person Care** – ending soon, to be replaced with?
    - **Sheltering:**
      - First Step Communities
      - Capital Park Hotel – managed by SHRA
      - X Street – coming soon
      - Meadow View – coming soon, families
      - Youth Cabins – coming soon, transition age youth

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- **The County of Sacramento**
  - **Flexible Housing Pool** – Serving approximately 600 families with various funding sources providing Intensive Case Management and Property Related Tenant Service.
  - Scattered Site Sheltering for Facilities – <https://dhaservices.saccounty.net/efs>
  - VOA Shelter
  - Behavioral Health Programs Flexible Housing Program: Most adult contracts have funding for prevention, diversion, rent gap etc.
- **SHRA**
  - Dedicated Housing Choice Vouchers to Chronically Homeless Individuals
  - Operates Shelter + Care Voucher Program partnering with service providers
  - Support development of Subsidized Affordable Housing Units such as “No Place Like Home”
- **RELEASE FROM HOSPITAL**
  - WellSpace Health
    - Interim Care Program – release to shelter for short term nurse managed respite.
    - T3 – Emergency department Navigation to case management
    - Inpatient Navigation: Case management upon discharge
- **Question – If you are homeless, how do you access help?**
- **Answer-It’s complicated**

### **How to get on the “By Name List”**

- Enter an Access Point and complete a **VISPDAT-Vulnerability Index-Service Prioritization Decision Assistance Tool**
  - 1) HMIS (Homeless Management Information System) Complete Profile and
  - 2) Complete VISPDAT
  - 3) Remain Active in system by receiving a documented service in the last 90 days

### **ACCESS POINTS**

- 211 – Make an appointments for Wellness and Recovery South, Sacramento Veterans Resource Center
  - **Street Outreach** –
  - **Sacramento Steps Forward**
    - Downtown Library, Downtown Partnership, Midtown Partnership, Sutter Hospital, One Community Health Midtown)

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- **Sacramento Self Help Housing**
  - Citrus Heights, Florin-Mack Road Partnership, Elk Grove, Folsom, Rancho Cordova HART).
- **DHA –**
- **The GUEST HOUSE**
  - The main access point for people with mental health needs who are homeless
  - 600 Bercut Drive, Sacramento, California 95811
    - Walk-ins are accepted Tuesday and Wednesday at 10:00 am and Thursdays at 1:00pm
    - Telephone: (916) 440-1500
- **Shelters**
  - Capital Park Hotel, coming soon-all shelters funded by City and County of Sacramento

### How Does the Community Queue Work?

- **By-Name-List (5,799 People – 02/04/20)**
  - Is literally homes
  - Service or contact entered in HMIS within 90 days
- **Community Queue (3,586 People)**
  - Eligible for By-Name-List
  - Has VI-SPDAT
- **Priority Queue for PSH (30 People)**
  - Priority from the CQ for vulnerability and length of homelessness. Priority Queue size is ~2x the anticipated openings for the month.
- **PSH Referrals Made**
  - Priority Queue client who is eligible for current program opening

### What do homeless people think they need?

- **#1 ANSWER-AFFORDABLE HOUSING!**
  - Affordable house – 45%
  - Provide jobs/training – 19%
  - Rental assistance – 16%
  - Beds at emergency shelters – 15%
  - Storage for my belongings – 9%
  - Mental health Services – 8%
  - Public restrooms – 7%
  - Food banks – 6%



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- Pet-friendly services – 4%
- Healthcare
- 45% of individuals said Sacramento needs to be provide more affordable housing

### WHAT IS NEEDED?

- 1) AFFORDABLE HOUSING – progress is being made with NPLH but not near enough and not near fast enough. Our community is not competitive with Tax Credits, the main funding source for subsidized housing due to inadequate local leverage.
- 2) A good system map and gaps analysis -
  - a. This is in the works with CESH Funding from the state however the vast web is complicated and this work may not be complete when done.
- 3) Coordinated Access Points that the community can find
- 4) ALL programs using the same coordinated entry system including DHA, DBHS, COC etc.
- 5) MORE SUBSTANCE ABUSE TX SERVICES INCLUDING INPATIENT FOR METHAMPEHETAMINES – Prop 47 funds?
- 6) Research devoted to Medically Assisted TX for METH

### Our Mission: **Protect Public Health and the Environment**

- Conducted 29,462 Countywide Inspections in FY 2018/2019
- 124 FTE Specially Trained and Registered Environmental Health Specialists and Support Staff
- 34 Environmental Programs
- Special Fund Department 100% Special Revenue Supported
  - Resolution Number 2004-1210

### Fee Study

- **Comprehensive Analysis**
  - Facilitated by independent 3<sup>rd</sup> party-Wohlford Consulting
  - Multi-level staff involvement

Sacramento County Environment  
Management Department (EMD)  
Proposed Five Year Fee Schedule  
Michael Meyer, Chief,  
Environmental Compliance Division  
Rolando Villareal, Deputy Chief,  
Environmental Health Division

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- **Time Study**
  - Salaries and Benefits
  - Services and Supplies
  - Supporting Department Services
- **Fee Determination**
  - Service Levels
  - Staff Positions
  - Regulatory Requirements
  - Overhead and Support
  - Cost-recovery Rate

**Technology**

- Paperless Inspections
- Integration with California Environmental Reporting System
- Electronic Data Validation

**Streamline**

- Business Self Certification
- Home to Field Inspections
- Ongoing Internal Process Review

**Exceptional Time**

- Complex inspections and/or large facilities
- Excess of allocated permit time
- Complaint response

**Environmental Health Division**

- Food Protection
- Mobile Food Facilities
- Cottage Food Program
- Food Safety Education
- Recreational Health
- Tobacco Retailer Program
- Construction Plan Review
- Noise

Environment Health Division  
Kelly McCoy, Chief Environmental Health

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- Employee Housing
- Detention Facilities
- Lead Illness
- Waste Tire Program
- Body Art
- Storm Water
- Smoking Control

**Types of Food Facilities**

- Restaurants
- Convenience Stores
- Grocery Stores
- Cafeterias
- Coffee Shops
- Bakeries
- Hospitals
- Farmers Markets
- Mobile Food Facilities
- Festivals
- Bars
- Cottage Food Operations
- Commissaries
- Produce Stands
- Caterers
- Swap Meets

**In FY 18/19:**

- **6,437** Permits issued
- **17,211** Routine food inspections
- **1,688** Re-inspections

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**Proposed Food Program Fee Schedule**

• Fee Description	Current Fee	Effective July 1,2020
Retail Market < 6,000 sq. ft.	\$ 619	\$ 519
Restaurant with Bar	\$ 1,665	\$ 1,770
Restaurant	\$ 1,292	\$ 1,312
Food Preparation	\$ 1,014	\$ 1,014
Storm water – Restaurant	\$ 83	\$ 91

**Proposed Food Program Fee Schedule with a 3 year phase-in**

• Fee Description	Current Fee	Effective July 2020	Effective July 2021	Effective July 2022
Mobile Food Facility CAT D	\$ 670	\$ 732	\$ 794	\$ 856