

Sacramento County Public Health Advisory Board

Meeting Minutes

November 6, 2019 (12:00 - 1:30 PM)

Meeting Location

Primary Care Center
4600 Broadway
Sacramento, CA 95820
Conference Room 2020

Moderator: Dr. Steven Orkand

Scribe: Theresa Vinson

Board Attendees: Jennifer Anderson, Jofil Borja, Sandy Damiano, Paula Green, Steve Heath, Michael Jordan, Olivia Kasirye, Farla Kaufman, Barbara Law, Steven Orkand, Jeff Rabinovitz, Christina Slee, Annie Tat, Kathleen Wright, Jack Zwald

Guests:

Board Members Excused: Emanuel Petrisor, Phillip Summers

Board Members Absent:

Guest Speakers: Bob Erlenbusch, Executive Director
Sacramento Regional Coalition to End Homelessness
Death in Homeless Population

Meeting Opened 12:00 PM

Welcome and Introductions

Dr. Orkand welcomed all PHAB members, speakers, guests.

Review of Minutes

The minutes of the October 2019 meeting were approved w/1 abstention.

PHAB Vacancies and Appointments

The Board and the Executive Committee are full.

Announcements and Information

Executive Board Nominations

Members were asked to send nominations for PHAB Officers and Executive Board Members to the Chair. Members were also asked to send suggested topics for discussion and/or action for 2020. All nominations will be included on a ballot, and the election will take place at the December meeting. We will also vote on 2020 discussion topics at the December meeting.

There is a *new* Sacramento County Methamphetamine Coalition – If you are interested in membership, please contact Lori Miller, Human Services Division Manager, Department of Health Services, Behavioral Health Services, County of Sacramento (916) 875-2046. For more information please visit the links below.

<https://dhs.saccounty.net/BHS/Pages/Alcohol-Drug-Services/Events/Sacramento-County-Methamphetamine-Coalition.aspx>

<https://dhs.saccounty.net/BHS/Documents/Alcohol-Drug-Services/Methamphetamine/Coalition-2019/MA-ADS-2019-Meth-Coalition-Presentation.pdf>

PUBLIC HEALTH DIVISION UPDATE

Public Health programs are currently implementing a new EMR which should help us in our work in a number of ways. PH is currently waiting to hear about various funding opportunities. Several items are pending approval and are still in process of being finalized. An update will be provided in the coming weeks.

The Community Health Improvement Plan Meeting is being held tomorrow (November 7th) at 7001-A East Parkway, Sacramento, CA 95823.

PRIMARY HEALTH UPDATE

EMERGENCY MEDICAL SERVICES (EMS)

- EMS Report 2019 - Distributed the first EMS Report which is also located on the EMS Webpage: <https://dhs.saccounty.net/PRI/EMS/Pages/EMS-Home.aspx>
EM Advisory Group – Has the second meeting soon. Will include more data and recommendations from the EM Advisory and PHAB in the next EMS Report.

ADULT CORRECTIONAL HEALTH

- Links were sent via email for staff reports on 10/22 Item #66 Report on Efforts to Reduce the Jail Population and Item #67 RCCC Improvement Project. Item #66 outlines various county initiatives to reduce the jail population.

- Item #67 RCCC had a follow-up yesterday. See 11/05/19 Item #49. This was not approved. The “health” components included new buildings for Medical Clinic/Medical Housing/Pharmacy and a new intake unit for bookings. The construction did not increase rated bed capacity. It was meant to replace areas that were not designed for health/mental health care and are not conducive to treatment. They also lack ADA/HIPAA requirements. Unsure how we will proceed at this point.
- Sacramento County BOS Public Meetings:
<http://www.agendanet.saccounty.net/sirepub/meetresults.aspx?meettype=Board%20of%20Supervisors%20Meetings>

CALIFORNIA ADVANCING AND INNOVATING MEDI-CAL (CaIAIM)

- State DHCS published a proposal that includes sweeping, dramatic changes in the Medi-Cal program. This proposal, a managed care procurement, and a heightened focus on quality measures (incentives/sanctions) mark significant changes. This is a phased in plan.
- See attached for a list of included components or the webpage for the proposal: <https://www.dhcs.ca.gov/calaim>

Sacramento County Medi-Cal Managed Care Committee webpage: www.SacGMC.net

PRESENTATION

Bob Erlenbusch, Executive Director
 Sacramento Regional Coalition to End Homelessness
Death in Homeless Population

Program Overview

Sacramento Regional Coalition to End Homelessness is a great resource to end homelessness. No direct services are provided, it is an advocacy organization focusing on public policy, affordable housing, addressing civil rights and healthcare issues, etc.

The Data

The data presented today is about a year behind due the way in which it is rolled out from the coroner’s office. It takes them about six or seven months to review causes of death, etc. Since 2017, the number of homeless has increased from 3,500 to almost 6,000. The homeless death rate has increased from 124 (2017) to 132 (2018). These numbers include adults and children. Overwhelmingly, these deaths occur in the homeless male population more often than female;

roughly around seventy five percent are male. These findings are not necessarily unique to Sacramento, almost all studies (few exceptions) have the same pattern; gender, age group, manner of death, etc.

Homeless Life Expectancy (cut short)

The average age of homeless men is just under 52 years old compared to women, which is about 43 years of age. Though death in males occur more often, homeless women die younger. Using the national life expectancy average of 75 years, homeless lives in Sacramento are cut short by an average of 33% or about 32 years for homeless women and 23 years for homeless men. 1 in 6 die by homicide or suicide.

Manner of Death

7% Homicide
10% Suicide
49% Accident
22% Natural
12% Unknown

Major Causes of Death

5% Respiratory
36% Injury
30% Substance Abuse
18% Cardiovascular
11% Other

Policy Recommendations

- Expand the sources of funding for the Sacramento City & County Affordable Housing Trust fund to create more affordable & accessible housing
- Support for “housing first” approach, but where housing is lacking, increase the capacity of the crisis response system for year round shelter, especially for homeless youth and women to serve more homeless people through a no barrier Triage Center; year round emergency shelter; 1st Steps Communities

- Increase funding for alcohol & other drugs and mental health treatment programs. Increase effective linkage to Medi-Cal existing services. Refund Volunteers of America (VOA's) free treatment on demand program
- Sacramento City Council and Sacramento Board of Supervisors adopt a "Zero Tolerance Policy" regarding Homeless "Patient Dumping"
- Expand funding for Respite Care Facilities
- Increase funding resources to support additional licensed nurse outreach services, with a priority of out-stationing nurses at winter shelter sites as well as adding nurses to street outreach teams
- Ensure full enrollment of homeless people on CalFresh & full implementation of Restaurant Meals Program
- Free or subsidized transportation for homeless people
- Sacramento County's Coroner Office convene a Homeless Deaths Review Committee, similar to death review panels for children and victims of domestic violence

Advocacy Success

- 2018: City and County declare "shelter emergency"
 - 2016: Mayor Steinberg announced using city buildings as warming centers
 - 2014: Sacramento County Board of Supervisors: allocated \$260,000 in FY 2014-15 budget to increase RN street outreach to homeless people; Sacramento Steps Forward: Street outreach/system navigators focused on geographic areas of high mortality rates; Public Education: Community presentations & media coverage
- 6th Annual Interfaith Homeless Memorial Service: 12/20/2019, 7 pm – 8 pm Trinity Cathedral

Advocacy Next Steps

- Expand the Sacramento City & County Affordable Housing Trust Fund;
- Year Round Shelter
- Weekend Drop In Center
- Drug & Mental Health Treatment on Demand
- Ensure access to preventative health care

Public Comment

There was none.

The meeting was adjourned at 1:30 PM - Submitted by Steven Orkand, Chair