

# MEDI-CAL MANAGED CARE PROGRAM FACT SHEET - Managed Care Models



# Overview

Medi-Cal Managed Care is an organized system to help you get high quality care and stay healthy. Medi-Cal managed care health plans help Medi-Cal beneficiaries find doctors, pharmacies and health education programs.

Managed care health plans also offer

- Care Coordination
- Ongoing referrals to specialists
- 24 hour Nurse Advice telephone services
- Customer service centers

Managed care serves about 8.8M Medi-Cal beneficiaries in 58 counties. This is about 79% of the total Medi-Cal population.

In California, there are six models of managed care.

### **County Organized Health Systems (COHS)**

COHS serves about 1.9M beneficiaries through six health plans in 22 counties: Del Norte, Humboldt, Lake, Lassen, Marin, Mendocino, Merced, Modoc, Monterey, Napa, Orange, San Luis Obispo, San Mateo, Santa Barbara, Santa Cruz, Shasta, Siskiyou, Solano, Sonoma, Trinity, Ventura and Yolo.

#### How It Works

In the COHS Model counties, DHCS contracts with a health plan created by the County Board of Supervisors.

Local government, health care providers, community groups, and Medi-Cal beneficiaries are able to give input as the plan is created. The health plan is run by the county.

In a COHS county, everyone is in the same managed care plan.

# **Geographic Managed Care (GMC)**

GMC serves about 920K beneficiaries in two counties: Sacramento and San Diego.

#### How It Works

In GMC counties, DHCS contracts with several commercial plans. This provides more choices for the beneficiaries.

### **Two-Plan**

Two-Plan serves about 5.7M beneficiaries in 14 counties: Alameda, Contra Costa, Fresno, Kern, Kings, Los Angeles, Madera, Riverside, San Bernardino, San Francisco, San Joaquin, Santa Clara, Stanislaus and Tulare.

#### How It Works

In Two-Plan Model counties, there is a Local Initiative (county organized) and a Commercial Plan. The Department of Health Care Services (DHCS) contracts with both plans.

### Regional

Regional serves about 230K beneficiaries in 18 counties: Alpine, Amador, Butte, Calaveras, Colusa, El Dorado, Glenn, Inyo, Mariposa, Mono, Nevada, Placer, Plumas, Sierra, Sutter, Tehama, Tuolumne and Yuba

#### How It Works

In Regional Model counties, there are two Commercial Plans that contract with the Department of Health Care Services (DHCS).

# Imperial

Imperial serves about 60K beneficiaries in Imperial County.

### How It Works

In the Imperial Model county, there are two Commercial Plans that contract with the Department of Health Care Services (DHCS).

### San Benito

San Benito serves about 7K beneficiaries in San Benito County.

### How It Works

In the San Benito Model county, there is one Commercial Plan that contracts with the Department of Health Care Services (DHCS).

In a San Benito County, beneficiaries can choose the managed care plan or regular (Fee-for-Service) Medi-Cal.