### **Meeting Minutes**

January 9, 2018 8:00 a.m. – 10:00 a.m.

#### **Micron Conference Room 1**

9616 Micron, Suite 900 Sacramento, CA 95827

Facilitator: Dr. Wang

Scribe: Stacey Kennedy

#### **Meeting Attendees:**

- Robin Blanks-Guster
- Elaine Ellers
- Rachel Alvarez
- Sheila Holcomb
- Dr. Kevin Keating
- Bonita Mallory
- Katie Andrew
- Christina Newport
- Rebecca Lewis
- Dr. Harry Wang
- Cimeran Kapur
- Julie Gallelo

- Dr. Melody Law
- Dr. Olivia Kasirye
- Tosha Ulicni
- Leesa Hooks
- Stacey Kennedy
- Fay Bursch
- Rose Ignacio
- Julia Brosterhous
- Angelica Quach

#### **Absent Members:**

• Dr. Daniel McCrimmons, Dr. Nathan Allen, Effie Ruggles, Palvinder Dhillon, Teresa Anderson

#### **Minutes Approved by:**

Approval of November 2017 minutes:

Topic	Minutes
Welcome and Introductions	A) Meeting called to order at 8:05 a.m. by Dr. Wang
Agenda and November Minutes	A) Minutes reviewed late in the meeting, after the Health Officers Update. Rebecca motioned for approval. Sheila second. Ayes (9) Nays (0)

Topic	Minutes
Public Health Officer's Report	<ul> <li>Presented by Dr. Melody Law and Dr. Olivia Kasirye:</li> <li>The reorganization board hearing has been postponed</li> <li>Influenza activity is trending up. There have been 13 hospitalizations in people under 65 in Sacramento County. The vaccine has been minimally effective for this strain (H3N2) of flu however people with the flu shot seem to be getting milder cases of the flu. If you have flu symptoms take Tamiflu.</li> <li>Dr. Kasirye discussed the case of a pregnant refugee who had up to date immunizations while pregnant but gave birth to a child with congenital rubella that caused birth defects. This emphasized the need to make sure families are following the immunization guidelines especially since many doctors are being asked about alternative vaccine schedules.</li> </ul>
NFP CAB Update	<ul> <li>Presented by Sheila Holcomb:</li> <li>Program is currently full. They are forwarding referrals to other eligible programs whenever possible.</li> <li>The National Service Office representative was here to present a new team module and new program flyers are available that change the word "help" to the word "assist".</li> <li>The staff will attend anew communicable disease update training in February and are completing the Maternal Mental Health webinars presented by the National NFP.</li> <li>Congress failed to reauthorize MIECHV which expired in September. There needs to be a concerted push to congress to renew MIECHV. Letters to your congress member would be very helpful.</li> <li>Leesa passed out a sheet with information on the number of clients per nurse home visitor. The nurses carry a heavy case load in Sacramento with a total of 26.8 clients per nurse. She also talked about some benchmark data on changes in maternal alcohol use and smoking during pregnancy.</li> </ul>
MCAH Update	Presented by Leesa Hooks:  • Leesa will be taking over for Quinn Wells as the MCAH Program Manager. We will start working on the new 5 year MCAH work plan with the board's help in the next year or so.

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Policy Updates	Presented by Katie Andrews  Children Now is working on getting AB 11 passed. The bill would require, that screening services under the EPSDT program include developmental screening services for individuals zero to 3 years of age, in compliance with the periodicity schedule and the standardized and validated screening tools that are established by the Bright Futures.
Marijuana During Pregnancy	<ul> <li>Presentation by Dr. Melody Law</li> <li>Provided an update on the chemical make-up of cannabis, the abuse and long-tern use effects and withdrawal information.</li> <li>Currently 5.2% of pregnant women use cannabis, the trend is to stop use after they find out they are pregnant. The THC in marijuana does cross the placenta and gets stored in the adipose tissue so there is prolonged fetal exposure. It is also secreted in the breastmilk.</li> <li>Infants born to moderate or heavy users may be born with tremors and poor habituation to visual stimuli. They may be more agitated and have ADHD patterns or learning disabilities.</li> <li>Treatment is abstinence based recovery.</li> </ul>
Board Member Updates/Announcements	<ul> <li>Julie Gallelo mentioned that First 5 is working on coming up with educational messages and a flyer on Marijuana Use during Pregnancy, currently San Joaquin has one available. They are also looking at making a case for using the marijuana tax funds for initiatives that support prevention and intervention programs aimed at young children and families at the most critical stage of brain development. First 5 is putting out some new mini-grants and working on the support of AB11.</li> <li>Robin Blanks-Guster announced that SETA Head Start just had new elections and is in the 5 year grant renewal process.</li> <li>Elaine Ellers talked about the Family Life Center having 19 sites that focus on Positive Youth Development. The program will be doing two home visits a month and using an iPad with clients to collect data.</li> <li>Dr. Kevin Keating is replacing Dr. Kodama on the board. He has been active on the Smiles for Kids and the California Dental Associate Boards.</li> <li>Bonita Mallory mentioned that Twin Rivers is implementing AB10 which provides no cost</li> </ul>

Topic	Minutes
	<ul> <li>feminine hygiene products in school restrooms.</li> <li>Dr. Wang works for the River Oak Center for Children which serves children up to age 25. They serve children and youth experiencing behavioral health challenges and their families.</li> </ul>
Wrap-Up/Adjournment	Dr. Wang adjourned the meeting at 9:40 a.m.