

PAN-RESPIRATORY VIRUSES HEALTH ADVISORY

September 25, 2023

Situational Update

The California conference of Local Health Officers (CCLHO) released a memo dated September 1, 2023 to implement a standardized influenza season timeline of November 1 to April 30. In preparation for 2023/2024 flu season, and possible tripledemic with the flu, COVID-19 and RSV, please see the following actions:

Actions of Sacramento County Public Health (SCPH):

1. SCPH will implement a flu vaccination mandate for health care workers (HCW) starting November 1st 2023. For those HCWs that have a contraindication or decline vaccination, masking will be required in patient care areas.
2. SCPH strongly recommends up-to-date vaccination against COVID-19 and RSV (for those who are eligible).
3. SCPH will monitor trends of pan-respiratory viruses levels in the community. Further actions may be taken if there is a surge impacting hospital capacity.

Actions Requested of Health Care Systems and Clinicians:

1. **Report** electronically to SCPH – via CalREDIE or confidential fax at (916) 854-9709 – the following laboratory-confirmed **influenza** cases: **Intensive care unit (ICU) cases of all ages; Deaths of all ages; and Outbreaks**
2. **Report** electronically to SCPH on **RSV ICU cases** and **deaths** for those **less than 5 years of age**. Medical records (e.g., admission notes, laboratory results, discharge summary, vaccination information) for **all** ICU and fatal cases should be uploaded into the CalREDIE filing cabinet or sent via confidential fax to (916) 854-9709.
3. **Offer** the influenza, COVID-19 monovalent vaccine to all health care workers, especially those with direct patient contact.
4. **Encourage** influenza and COVID-19 vaccination for any patient six months of age and older. Encourage pneumococcal vaccination for patients and health care workers at an increased risk for pneumococcal disease. Encourage RSV vaccination for those that are eligible.
5. **Implement** infection control precautions as appropriate.
6. **Treat** with antivirals as early as possible, any patient confirmed or suspected to have influenza or COVID-19, especially for those hospitalized or at risk of severe complications.

Resources:

1. COVID-19 (CDC) – <https://www.cdc.gov/coronavirus/2019-ncov/index.html>
2. Influenza (CDC) – <https://www.cdc.gov/flu/index.htm>
3. RSV (CDC) – <https://www.cdc.gov/rsv/index.html>
4. Messaging: Fall and Winter 2023 Immunizations - https://publichealthcollaborative.org/resources/messaging-fall-and-winter-2023-immunizations/?utm_source=publishsharelink&utm_medium=link&utm_campaign=designshare&utm_id=Newsletter&utm_content=D AFtI2EwDnw

For information about immunization services or client referrals, contact the Sacramento County Immunization Assistance Program at 916-875-SHOT (7468).

Sincerely,



Olivia Kasirye, MD, MS
Public Health Officer