

## MONKEYPOX REPORTING, INECTION CONTROL AND CLEARANCE July 25, 2022

### Situational Update

[Sacramento County](#) has a total of 29 confirmed and probable monkeypox cases as of July 25, 2022. [Statewide](#), 434 cases have been reported as of July 21, 2022.

### Clinical Features

The incubation period for monkeypox is roughly 1-2 weeks. Initial symptoms (prodrome) may include fever, malaise, headache, weakness, and swollen lymph nodes. Rash appears shortly after the prodrome with lesions developing on various parts of the body, progressing through four stages (macular, papular, vesicular, pustular) before scabbing over and resolving. Illness typically lasts 2-4 weeks. ***A person is considered no longer infectious only after all lesions have resolved, scabs have fallen off, and a fresh layer of intact skin is formed.***

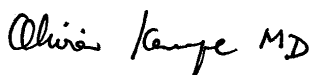
### Actions Requested of Health Care Systems and Clinicians:

1. **Report** any suspect cases and positives tests immediately to Sacramento County Public Health (SCPH) via [CalREDIE Provider Portal](#) (PP) or confidential morbidity report (CMR) form. Please provide the following when reporting:
  - [Risk level](#) (e.g. direct contact with skin lesions and household members being high risk)
  - Medical records
  - Pictures of lesions
  - Specimen collection date and results, if availableIf reporting via CMR, send CMR, medical records, and pictures to [DHS-PUBH-PHN@saccounty.net](mailto:DHS-PUBH-PHN@saccounty.net).
2. **Follow [infection control](#)** guidance, including placing suspected or confirmed cases in a single-person room and donning appropriate personal protective equipment to include gowns, gloves, eye protection, and N95 face masks.
3. **Prioritize** treatment for confirmed monkeypox patients that meet the [criteria](#) (see Monkeypox Update from 7/22/22). Currently, treatment is available at UC Davis Medical Center. Patients need to be referred through SCPH.
4. **Examine** confirmed monkeypox patients, preferably in-person OR alternatively via telehealth and pictures, to ensure that all lesions have resolved, scabs have fallen off, and a fresh layer of intact skin is formed before providing clearance.

### Resources:

1. U.S. Monkeypox 2022: Situational Summary (CDC): <https://www.cdc.gov/poxvirus/monkeypox/response/2022/index.html>
2. Infection Prevention and Control of Monkeypox in Healthcare Settings (CDC): <https://www.cdc.gov/poxvirus/monkeypox/clinicians/infection-control-healthcare.html>
3. Clinical Recognition (CDC): <https://www.cdc.gov/poxvirus/monkeypox/clinicians/clinical-recognition.html>
4. Duration of Isolation Procedures (CDC): <https://www.cdc.gov/poxvirus/monkeypox/clinicians/isolation-procedures.html>
5. Monkeypox (CDPH): <https://www.cdph.ca.gov/Programs/CID/DCDC/Pages/Monkeypox.aspx>
6. Monkeypox (SCPH): <https://dhs.saccounty.gov/PUB/Pages/Communicable-Disease-Control/Monkeypox.aspx>

Sincerely,



Olivia Kasirye, MD, MS  
Public Health Officer