

## INFLUENZA HEALTH ADVISORY

### END INFLUENZA SEASON

April 9, 2021

#### Situational Update

Influenza activity remained low throughout the 2020-2021 season in Sacramento County and statewide. In Sacramento County, there were a total of two influenza-related intensive care unit hospitalizations and one influenza-related death this season. While Sacramento County Public Health (SCPH) is ending the influenza season early, reporting of any ICU cases and deaths among any ages is still required as follows:

#### Actions Requested of Health Care Systems and Clinicians:

1. **Continue to report** electronically to SCPH – via CalREDIE or confidential fax at (916) 854-9709 – the following laboratory-confirmed influenza cases:
  - **Intensive care unit (ICU)** cases of **all ages**
  - **Deaths** of **all ages**
  - **Novel influenza viruses** regardless of age, hospitalization, or vital status
  - **Outbreaks**

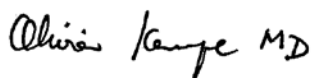
Medical records (e.g., admission notes, laboratory results, discharge summary, vaccination information) for **all** ICU and fatal cases should be uploaded into the CalREDIE filing cabinet or sent via confidential fax to (916) 854-9709.

2. **Implement** infection control precautions as appropriate.
3. **Treat** with antivirals (e.g., oseltamivir, zanamivir, peramivir) as early as possible any patient confirmed or suspected to have influenza who: is hospitalized; has severe, complicated, or progressive illness; or is at higher risk for influenza complications.

#### Resources:

- Center for Disease Control and Prevention (CDC): <https://www.cdc.gov/flu/index.htm>
- California Department of Public Health (CDPH): <https://www.cdph.ca.gov/Programs/CID/DCDC/Pages/Immunization/Influenza.aspx>
- SCPH: <http://www.dhs.saccounty.net/PUB/Pages/Communicable-Disease-Control/What-You-Need-to-Know-About-the-Flu.aspx> and Mid-Season Fact Sheet <https://dhs.saccounty.net/PUB/Documents/Epidemiology/RT-FluFactSheetMidSeason20202021.pdf>

Sincerely,



Olivia Kasirye, MD, MS  
Public Health Officer