

Countywide Services Agency

Department of
Health and Human Services

Division of Public Health
Glennah Trochet, M.D.
County Health Officer



County of Sacramento

Terry Schutten, County Executive

Jim Hunt, Acting Agency
Administrator

Ann Edwards-Buckley, Acting
Department Director

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Media Contact: Kerry Shearer
(916) 875-4493

The following briefly summarizes the information Dr. Trochet discussed at her media availability this afternoon.

At a media availability today, Sacramento County Health Officer Glennah Trochet, M.D., announced a possible Sacramento County case of the new flu virus that has sickened people in Mexico, southern California and other states.

The possible case involves a local teenager who has been tested after feeling ill with flu-like symptoms. The sample taken was determined to be Type-A Influenza but was unable to be sub-typed, so it has been sent to the Centers for Disease Control for analysis on Monday.

In the meantime, the Fair Oaks school that the student attended – St. Mel's – will be closed to all 275 students until at least Thursday.

"We are acting out of an abundance of caution," said Sacramento County Health Officer Glennah Trochet. "We recommended to the school that they close until there are no new cases of respiratory illness in the students that attend the school, and they agreed with our recommendation."

Trochet said that the Public Health Division will be closely monitoring the health of the school's students and staying in touch with parents.

She also said that Public Health has activated its Division Emergency Operations Center and that the City/County Emergency Operations office is aware and supporting Public Health.

"We continue to recommend the same, prudent precautions to the public that we always recommend during the flu season: that everyone should wash their hands frequently, stay home from work or school if they feel ill, and cover their mouths with a tissue if they are coughing," Trochet said.

Public Health has posted helpful links to swine flu information at CDC and California Department of Public Health web sites on its own web site: www.SCPH.com. And Twitter users can sign up to receive periodic messages and advisories at www.Twitter.com/SacPublicHealth.