

"I believe in this program." - Teen Leader



Since 1979

TEENS *in* ACTION



EARN
\$200



ADULTS
& TEENS!

Become a certified trainer, build leadership skills and gain valuable work experience!

WWW.OMNIYOUTH.NET

TEENS *in* ACTION

Facilitator Training Information

What you get:

- FREE training includes all materials.
- Teens and adults can become certified Model Program Facilitators.
- Earn \$200 Visa gift card.
- Incredible opportunity for teen leadership and youth development.
- Excellent professional development opportunity.
- Skills, knowledge, and certification to add to your resume.
- Bonus Facilitation Skills training for all teen and adult trainees.

What participants gain:

- Help youth avoid risks of alcohol, drugs, & violence.
- Improve youth life skills and peer pressure resistance skills.
- Increase school attachment.
- Raise self-esteem.
- Reduce power struggles with parents.
- Increase family, school, and peer bonding.
- Teens gain understanding of the negative social and physical effects of substance abuse.

Curriculum Overview

Certified trainers facilitate 6 weekly 2-hour sessions to teens.

Topics include:

- **Session 1:** Qualities of character and the power of choice.
- **Session 2:** The spiral of success.
- **Session 3:** Responsibility and freedom.
- **Session 4:** Courage and self-esteem.
- **Session 5:** 10 prevention strategies.
- **Session 6:** Preventing drugs, alcohol, & other high risk activities.

Sign up for your FREE training today!

Training Logistics

- Training time = 16 hours.
- Trainings held at the location, time, and date you request. You can also attend pre-scheduled trainings at our office.
- Bi-lingual trainings and materials available in Spanish and Russian!

To learn more:
Contact Briana Gutierrez
briana@omniyouth.net
(916) 532-8071

Find us!



SACRAMENTO
COUNTY

Funded by Sacramento County Department of Health Services,
Behavioral Health Services, Substance Use Prevention & Treatment Services.



WWW.OMNIYOUTH.NET