

Assisted Outpatient Treatment (AOT) Inaugural Community Meeting

WHO: Community members of all backgrounds who want to learn about Assisted Outpatient Treatment

WHEN: APRIL 11, 3:00pm TO 5:00PM

WHERE: 7001-A EAST PARKWAY
SACRAMENTO, CA 95823

LARGE CONFERENCE ROOM IN THE LOBBY OF DEPARTMENT OF HEALTH SERVICES BUILDING

AGENDA:

1. Welcome and Introductions
2. Assisted Outpatient Treatment Presentation.
3. Vision of Quarterly Community Meetings
4. Discussion of topics and next steps
5. Sharing of resources

GOAL OF AOT

AOT an intensive outpatient recovery oriented, strengths based, client centered treatment program that will assist individuals in reducing the symptoms of mental illness or substance use disorders (or both), prevent mental health crisis, reduce the number of hospitalizations or incarcerations due to untreated mental health issues, and provide ongoing support through a step down process as symptoms subside.

The overarching goal of the AOT program is to connect referred persons to the least restrictive, high intensity, community based full service partnership program utilizing a **"whatever it takes"** model of service provision.

"You are not your illness. You have an individual story to tell. You have a name, a history, a personality. Staying yourself is part of the battle." — Julian Seifter



**QUESTIONS?
CONTACT US!**

916-875-6508
DHS-MH-AOT@SACCOUNTY.GOV

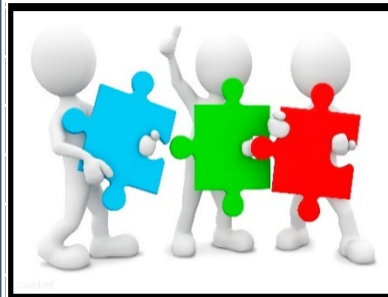
Program Objectives

Promote stability in the community
Further client self-determination in the most effective level of service intensity and community integration as appropriate.

Promote and optimize community functioning.

Elevate and improve client driven recovery-oriented, trauma informed and culturally responsive approaches
Advance and increase timely access to appropriate linkages and coordination with key services and benefits

Reduce emergency room visits, psychiatric hospitalizations, admission's to long term facilities, arrests, incarcerations and homelessness.



We are with you every step of the way ...

Mental Health Treatment Center: 916-875-1000

Suicide Prevention Crisis Line: 988

Community Support Team (CST) 916-875-6015

Homeless Encampment and Response Team (HEART) 916-875-1720

Substance Use Prevention and Treatment System of Care
Monday thru Friday 8:00AM-5:00PM
(916) 874-9754 or After 5:00PM 888-881-4881