

# County of Sacramento Department of Health Services Division of Behavioral Health Services Policy and Procedure

Policy Issuer (Unit/Program)	Access
Policy Number	02-01
Effective Date	01/01/03
Revision Date	0//29/2021

Title: Mental Health Plan's After-Hours Response		Functional Area: Services		
Approved By	•			
	Melissa Jacobs, LCSW	Kelli Weaver, LCSW		

# **Background/Context:**

The Mental Health Plan (MHP) requires all eligible members who are in need of mental health treatment to have access to a 24-hour phone line for requesting services. The plan requires all members requesting outpatient services to be contacted and receive follow-up.

A written log of telephone calls received by the MHP's After-hours Response Line shall be submitted to the Access Team daily. The first business day after the call is received; the Access Team will contact the individuals who may be requesting outpatient mental health services.

# Purpose:

The purpose of this document is to provide a process that ensures individuals contacting the MHP's After Hours Response Line and requesting outpatient mental health services are contacted and receive timely follow-up.

### **Definitions:**

After-hours Response Line: The Sacramento County Mental Health Treatment Center operates the MHP's After-hours Response Line during the hours when the Access Team office is closed; weekdays from 4:45 p.m. to 8 a.m., weekends and holidays.

### **Details:**

Mental Health Treatment Center Actions:

The MHP's After Hours Response Line staff will complete and submit the written Log to the Access Team on a daily basis. The After Hours Log will be completed as fully as possible and contain:

- name of the calling party
- telephone number
- nature of the request
- date of call

- shift when call received
- time of initial call
- disposition requested
- nature of call

The After Hours Log will be emailed daily to the Access Team at the following email address: <a href="mailto:AccessServiceRequest@saccounty.gov">AccessServiceRequest@saccounty.gov</a>.

Access Team Response to Receipt of the Log:

When the Access Team receives the written After Hours Log, the clerical support staff shall review the After Hours Log and take the following actions.

Step	Action				
1	Does the Dispo/Divert section of the After Hours Log contain Sacramento				
	County Mental Health Access Team?				
	Yes follow-up is needed. Go to Step 2.				
	No follow-up is not needed. Go to Step 4.				
2	Call the individual listed on the Log				
	Clarify nature of call. Is the call related to the mental health services?				
	Yes				
	Obtain additional contact information				
	<ul> <li>Initial the Log in box labeled "Access Follow-up and Initial."</li> </ul>				
	<ul> <li>Indicate the date and time of the call on the After hour log</li> </ul>				
	<ul> <li>Assign to Access Team clinician</li> </ul>				
	No				
	<ul> <li>Answer any questions</li> </ul>				
	<ul> <li>Initial the Log in the box labeled "Access Follow-up and Initial."</li> </ul>				
3	Repeat this process until all calls are addressed then Go to Step 4.				
4	Scan the After Hours Log to the QM W: drive folder located at				
	W:\BHS\MH\QM\Access After Hours Logs				

# **Related Policies:**

PP-BHS-MHTC-07-02 After Hours Response Line

# Distribution:

Enter X	DL Name	Enter X	DL Name
X	MH Staff	X	MHTC Staff

## **Contact Information:**

bhs-hhs@saccounty.gov