

## SACRAMENTO COUNTY BHS REQUIRED CULTURAL COMPETENCE TRAINING

**FY 2023-24 & FY 2024-25**

This year we will again partner with the California Institute for Behavioral Health Solutions (CIBHS) to provide five live (virtual) trainings with an option for staff to watch the recording if not available to attend the virtual training. There will be a total of five training sessions, each two hours in length. This year's topics will cover Cultural Humility, and Cultural Humility in behavioral health services for communities living with a disability and communities identifying as transgender and gender diverse, and an additional training on Cultural Formulation for clinical teams to attend. All trainings will provide a certificate of participation, and we are working towards providing CEs to eligible professionals who attend live trainings.

### Trainings

1. Cultural Humility as a Framework in Advancing Justice, Equity, Diversity, and Inclusion  
Thursday, **April 11, 2024**, 9:00 am - 11:00 am
2. Equity and Inclusion for People with Disabilities in Behavioral Health Services: Part 1 – Applying the Americans with Disabilities Act (ADA)  
Thursday, **May 9, 2024**, 10:00 am - 12:00 pm
3. Practicing Cultural Formulation  
**May 23, 2024**, 10:00 am - 12:00 pm  
*\*Required only for clinical teams - See Attachment A*
4. Cultural Humility: Communities identifying as Transgender and Gender Diverse  
Thursday, **June 13, 2024**, 10:00 am to 12:00 pm
5. Equity and Inclusion for People with Disabilities in Behavioral Health Services: Part 2 - Cultural and Systemic Barriers and the Lived Experience  
Date TBD

The learning management system will send an invitation to all provider or program directors so they may distribute to their staff a link to register for the required training.

As a reminder, all direct service staff who provide BHS services to Sacramento County consumers, their supervisors, and management are required to attend these trainings.

If you do not receive a link to the trainings by March 8, 2024, please contact [klawrence@cibhs.org](mailto:klawrence@cibhs.org).



### Behavioral Health Interpreter Trainings

#### **For Interpreters: In-person**

Day 1: Tuesday, 04/16/24

Day 2: Wednesday, 04/17/24

Time: 8:30 am to 4:00 pm

Maximum attendees 35

#### **For Providers Using Interpreters: Virtual**

Day 1: Wednesday, 04/24/24

Day 2: Thursday, 04/25/24

Time: 8:30 am – 12:15 pm

Maximum attendees 35

#### **To Register for Interpreter Trainings**

Contact [glisica@saccounty.gov](mailto:glisica@saccounty.gov)

*These programs are funded by the Division of Behavioral Health Services through the voter approved Proposition 63, Mental Health Services Act (MHSA).*