

Behavioral Health YOUTH ADVISORY BOARD

A MONTHLY NEWSLETTER BROUGHT TO YOU BY THE MEMBERS OF THE BHYAB



January News

The Board began developing its relationship with the Sacramento County Office of Education. On Jan. 7th, Superintendent David Gordon provided information on behavioral health services within the school system, and current initiatives set by SCOE.

"SCOE's initiative of increasing school-based clinicians is vital to mitigating the harm caused to students who have been navigating through this 'dual-pandemic' of COVID-19 & systemic racism. It is one key component to ensuring students are emotionally safe on their campuses, and it should be implemented in a manner that intentionally reaches students who are impacted most." - Jordan Kaitapu

FEATURED THIS MONTH:

January Meeting News

Congratulations Officers

Member Interview

Community News

Board Resources

**This newsletter is
brought to you by:**



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January News Cont.

On Jan. 4th, board members participated in the Children's System of Care Committee meeting regarding the School-based Mental Health Report. Jordan, Merissa, and Trayzell formed a work group to write a letter of support for this report.

On Jan. 28th, board members had an opportunity to meet their formal adult allies from the City and County. Everyone got to know each other and learn about their passions for mental health advocacy. Allies learned more about how they can be a support system to the board members as well.

Jordan, Savanna, and Trayzell presented their summary of the 10-year Student Mental Health and Wellness Plan to the Board in preparation for the upcoming discussion with Glen Price Group on February 4.

Special thanks to the BHYAB Partners:



Meet the Board Members



Congratulations, Officers!

At the beginning of the month, officer nominees presented speeches to the board to express their interest in the officer positions of Chair, Vice Chair, and Secretary. On Jan. 21st, the board voted and elected its officers.

A warm congratulations to:
 Savanna Karmue, Chair
 Jordan Kaitapu, Vice Chair
 Trayzell White, Secretary

 *Mark Your Calendars!*

Next Board Meeting
Friday, February 4th
5:30-7:30 pm
via Zoom



Chair, Savanna Karmue



Vice Chair, Jordan Kaitapu



Secretary, Trayzell White

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CapRadio

Insight with Vicki Gonzalez

interviewed board members Jordan Kaitapu, Savanna Karmue, and Trayzell White regarding their member experience and current youth needs.



"I would like to thank Cap Radio Insight for giving us the opportunity to share our story, and why we're deeply passionate about mental health. Youth voice is a powerful thing and the fact that you have given us the platform to amplify our voices is something that can never be taken for granted."

- Savanna Karmue

CapRadio Interview

"One thing Sacramento youth need is culturally competent services that contextualizes their behavioral health with catastrophic adversities that are a result of systemic inequities; like houselessness or food insecurity or incarceration, and a support system that addresses these things at their roots."

- Jordan Kaitapu



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Community News

Did you hear? District lines have been redrawn! Find out if your district changed. There may be new opportunities available for you.

Find My District & Supervisor

District 4 still has two seats available, and District 1 now has one seat available. Apply to become a board member today!

Cannot commit to full membership?
Associate positions coming soon.

BOARD RESOURCES

- [Agenda](#)
- [District 4 Application](#)
- [CapRadio Interview](#)

Special Thanks...

We would like to recognize the supporters of the BHYAB.

Special thanks to:

David Gordon

Thank you for taking the time to present at a Board meeting!

Vicki Gonzalez

Thank you for taking the time to interview board members!

Patrick Kennedy, Dave Gordon, Chevon Kothari, Ryan Quist, Melissa Jacobs, Jay Schenirer, Bina Lefkovitz, Ann Arneill, Jodi Nerell, and Rachel Rios for attending the Meet and Greet on Jan. 28th!
