

Meeting Minutes 1.7.22

Behavioral Health Youth Advisory Board

Name	Attendance
Audrey Nunez	x
Ja'Lyn Wright	x
Jordan Kaitapu	x
karen kaur	absent
Madison Nguyen	x
Merissa Posh	x
Savanna Karmue	x
Trayzell White	x

5:30pm Welcome, introductions, ice breakers

- Sydney Spitzer, program coordinator, convened the meeting at 5:32pm, and board members introduced themselves to the public.
- Members participated in an ice breaker that focused on empathy.
- Trayzell White shared that he went to a little bit of everything as a safe space, in that process he learned some important things but also elements he should not have been exposed to. We can learn to utilize safe spaces in two ways, either hard or easy way.
- 5:36 pm Sydney Spitzer discussed the importance of youth learning how to find safe spaces. There is a diverse range of safe places, and we can pull from these avenues to create a safe environment for youth.

5:40 pm Agenda and Minutes

- 5:39 pm Members approved meeting minutes for the date of 12/17/2021.
- Members approved the agenda for the evening.

5:45 pm Supporting Partner Information Review

- 5:41 pm Dave Gordon introduced himself to the board and shared his eagerness to hear what the members have to suggest to SCOE. He expressed his goal of establishing an ongoing partnership with the Board.
- Dave Gordon shared the priorities of SCOE: to amplify youth voices, be an equity-based organization, increase student access to mental health, and adapt and respond to safety conditions stemming from Covid-19.

- 6:09 pm Savannah Karmue shared her appreciation for how all the priorities interconnect and believes that it will serve as an amazing foundation for the road ahead. She asked what the Mental health clinicians do at the site and whether it is an active or passive job.
- Dave Gordon responded by explaining that SCOE is seeking sustainable funding sources in order to place individuals for a longer term without burdening school districts.
- 6:16 pm Trayzell White asked, [does Dave Gordon] think clinicians are getting paid enough?
- 6:24 pm Maddie Nguyen believes there needs to be more club chapters in schools that spread information among the youth, as well as create settings where youth can express their feelings.
- 6:37 pm Don Nottoli shared some words.

6:46 pm Sydney Spitzer called a 10-minute break for the board members.

6:56 pm Work Group Check-in

- The 10-year Student Mental Health Plan work group checked-in to confirm that a member will be meeting with their adult ally. This meeting will inform the work group of plan details, so the work group may present the information to the board.
- 6:59 pm Trayzell White, Jordan Kaitapu and Merissa Posh volunteered to partake in the work group focused on writing a letter of support for the school based mental health report developed by the Children's System of Care Committee.

7:00 pm Review Stipend Plan

- Sydney Spitzer provided an update for members regarding their stipends.

7:01 pm Nomination Speeches

- 7:03 pm Jordan Kaitapu gave her speech for the position of Chair and Vice Chair.
- 7:07 pm Trayzell White gave his speech for the position of Chair, Vice Chair and Public Information Secretary.
- 7:10 pm Savannah Karume gave her speech for the position of Chair, Vice Chair and Public Information Secretary.

7:17 pm Public Comment

- 7:18 pm Community member expressed their thanks for members' engagement and acknowledged the three board members on the Children's System of Care Committee and offered her support.

7:22 pm Adjourned

- Meeting adjourned by Sydney Spitzer.