

Meeting Minutes 12.3.21

Behavioral Health Youth Advisory Board

Name	Attendance
Audrey Nunez	absent
Ja'Lyn Wright	x
Jordan Kaitapu	x
karen kaur	absent
Madison Nguyen	x
Merissa Posh	x
Savanna Karmue	x
Trayzell White	x

5:30pm Welcome, introductions, ice breakers, brown act quiz

- Sydney Spitzer, program coordinator, convened the meeting at 5:33 pm, and board members introduced themselves to the public.
- Members participated in a bonding opportunity with one another.
- 5:37 pm Members participated in a Brown Act Quiz as a review to further hone their skills.

5:50 pm Agenda and Minutes

- Members approved meeting minutes for the date of 11/19/2021.
- Members approved the agenda for the evening.

5:51 pm Supporting Partners

- Ryan Quist, the Director of Behavioral Health, provided information regarding the County of Behavioral Health.
- Melissa Jacobs, the Division Manager for Child & Family Mental Health, delved into information about the Child & Family Behavioral Service Continuum, as well as the programs they offer.
- 6:10 pm Trayzell White asked how youth detention centers assist the youth, as well as if youth have the option of receiving mental health checks after they leave these centers.
- 6:20 pm Maddie Nguyen asked if there are any services provided to individuals who have lost someone to suicide.
- 6:23 pm Ja'Lyn Wright stated that the community has the resources, but is simply not aware. He asked if any community education was being provided.

- 6:26 pm Ryan Quist closed out by sharing the County Behavioral Health mission; highlighting the importance of wellness, recovery, and resilience. He looks forward to board members' input and assistance in identifying good strategies that improve outreach and various programs.

6:34 pm Sydney Spitzer called a 10-minute break for the board members.

6:44 pm Position Expectations

- Sydney Spitzer went over the officer responsibilities (Chair, Vice Chair, Public Information Secretary) and expectations.

6:48 pm Bylaw comments

- Members discussed bylaws with Sydney Spitzer, who provided clarification regarding various sections of the bylaws. Together, they collaborated on editing the various sections.

7:13 pm Confirm Bylaws

- 7:15 pm Members approved Bylaws Section 7, 6, and 2.

7:16 pm Nominations

- 7:20 pm Ja'Lyn Wright self-nominated for the position of Chair.
- Sydney Spitzer suggested for nominations to be allowed through email, to accommodate for members that were unable to attend the meeting.
- 7:23 pm Savanna Karmue self-nominated for the position of Public Information Secretary.
- 7:24 pm Jordan Kaitapu motioned and members approved self-nominations for officer positions through email.

7:25 pm Workgroups

- 7:28 pm Members approved motion to establish a work group to report on the Student Mental Health and Wellness 10-year plan.

7:29 pm Public Comment

- Cady Horobin-Wohlens introduced Staci Anderson, CEO of Pro Youth & Families, and thanked her for her support and attendance. Staci commended board members on their impressive meeting.

7:31 pm Adjourned

- Meeting adjourned by Sydney Spitzer.