

**Sacramento County  
Behavioral Health Youth Advisory Board  
Meet and Greet Adult Allies**

**ANNOUNCEMENT – TELECONFERENCE MEETING  
Friday, January 28, 2022, 5:00PM**

In compliance with County, State, and Centers for Disease Control and Prevention (CDC) directives related to the COVID-19 public health emergency, this meeting will be held remotely.

Members of the public are encouraged to participate in the meeting telephonically by calling 1-253-215-8782 then entering Meeting ID: 970 5175 9260. This meeting may also be accessed through Zoom using the following web address:

<https://cityofsacramento-org.zoom.us/j/97051759260>

Public comments may be given verbally at the designated time. Members of the public may also submit written comments electronically to [BasinaG@saccounty.gov](mailto:BasinaG@saccounty.gov), or by US Postal Service to 7001-A East Parkway, Suite 400, Sacramento, CA 95823. Public comments will be accepted until the adjournment of the meeting, distributed to YAB members, and included in the record.

Agenda Item	Presenter	Time
<b>I. Welcome &amp; Introductions</b> a. Everyone announces their name, title/org and district they reside in. b. Ice Breaker: If you were granted billions of dollars to begin a mental health project in Sacramento, what would your project be?	Sydney Spitzer	5:00pm
<b>II. Q&amp;A Break-out Rooms</b> a. Adult allies and board members will answer questions. Questions will be answered in four rounds of break-out rooms. b. Example: Why are you passionate or what led you to be passionate about mental health?	Bina Lefkovitz & Sydney Spitzer	5:15pm
<b>III. YAB Recap</b> a. YAB activity update b. Upcoming events of the YAB c. How Adult Allies can support	Board members & Sydney Spitzer	5:45pm
<b>IV. Public Comments</b>	Members of the Public	5:55pm
<b>V. Adjournment</b>	Sydney Spitzer	6:00pm

Members of the public are encouraged to attend. Public comments are accepted during designated time. Electronic or hard copies of documents are available upon request. Please contact Glenda Basina at [BasinaG@saccounty.gov](mailto:BasinaG@saccounty.gov) or (916) 875-4948. Electronic copies of documents will be emailed upon request and hard copies of documents may be picked up at 7001-A East Parkway, Sacramento, CA 95823. If you wish to attend and need to arrange for an interpreter or a reasonable accommodation, please contact Anne-Marie Rucker prior to the scheduled meeting at (916) 875-3861 or at [RuckerA@saccounty.gov](mailto:RuckerA@saccounty.gov).