

Sacramento County Behavioral Health

YOUTH ADVISORY BOARD

NEWSLETTER BROUGHT TO YOU BY THE MEMBERS OF THE BHYAB

A Message from the Board

"We cannot always build the future for our youth, but we can build our youth for the future."
-Franklin D. Roosevelt

Spring is here and we are excited to see what this season holds for our region. The support of our stakeholders, partners, and adult allies is vital for the work we do, and we need your help to spread the word to your young people. The BHYAB is looking for four youth to represent Districts 1, 2, and 5.

Our board officers will be presenting the policy brief to the Mental Health Board and Board of Supervisors this May!

Stay tuned for upcoming announcements and save the dates to join us for our next meeting:

- Saturday, April 15th



March Board Meeting Date

Saturday, April 15th

5:30 PM to 7:30 PM

Sacramento Youth Center

1901 Del Paso Blvd,

Sacramento, CA 95815

Newsletter Highlights

A Message from the Board

Meeting News

Policy Brief

Board Member Updates

Resources

This newsletter is brought to you by:



Meeting News

In the month of March, board members began having to meet the requirement of meeting in person. Board subcommittees are still allowed to meet virtually, so the members will be developing those groups to ensure their presentation work is done efficiently.



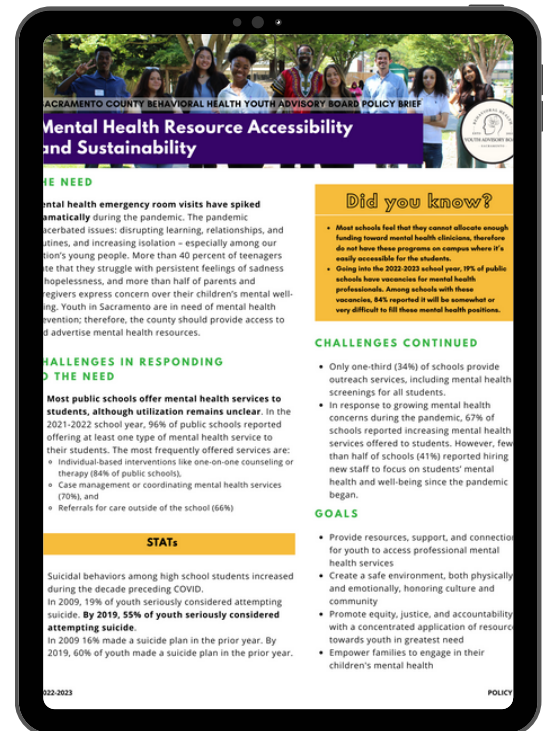
Members have spent the month participating in Mindspring Mental Health training sessions and tuning into other county board meetings. The BHYAB is also actively recruiting new members as well as supporters for their policy brief.

BHYAB Policy Brief

Check out our [Mental Health and Resource Sustainability Policy Brief](#) to learn how we are bringing change to our county and why this board is important.

Visit bit.ly/BHYABPolicyBrief for more.

May Presentation Dates
 Wednesday, May 3rd, 6:00 PM
 Mental Health Board
 Tuesday, May 9th, 9:00 AM
 Board of Supervisors

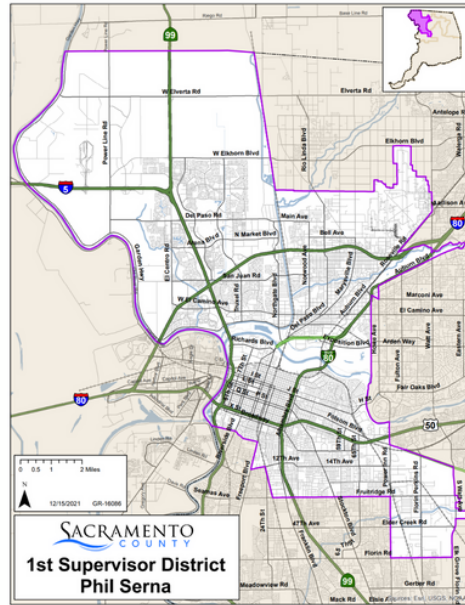


Join the BHYAB!

DISTRICT 1

Who can apply for the BHYAB? Youth between ages 14-24 who live in District 1 or attend one of the following schools within District 1:

- American Legion Continuation
- Arthur A. Benjamin Health Professions High School
- Hiram Johnson High School
- West Campus High School
- Discovery High School
- Inderkum High School
- Natomas High School
- Elwood J. Keema High School
- Grant Union High School
- Norwood Jr. High School
- Rio Tierra Jr. High School
- Vista Nueva Career and Technology Continuation



District 1
County Supervisor
Phil Serna

APPLY NOW at bit.ly/BHYABapp

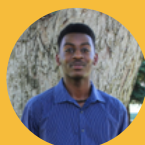
Sacramento County Behavioral Health Youth Advisory Board Members

DISTRICT 1



Join the Board!

DISTRICT 2



Ja'Lyn Wright

DISTRICT 3



Savanna Karmue

DISTRICT 4



Ria Srivastava

DISTRICT 5



Jordan Kaitapu



Join the Board!



VACANT



Audrey Nunez



Natanya Kharat



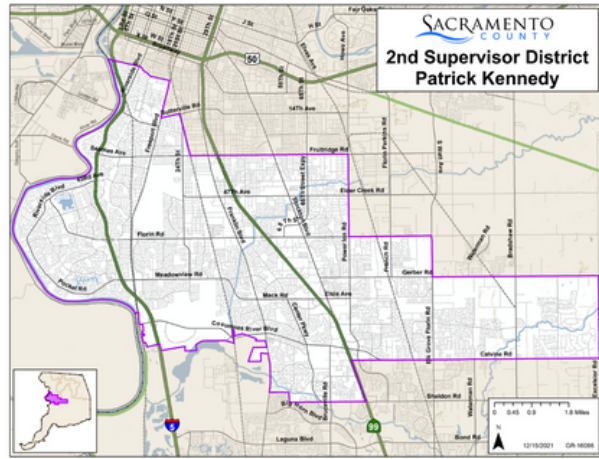
Join the Board!

Join the BHYAB!

DISTRICT 2

Who can apply for the BHYAB? Youth between ages 14-24 who live in District 2 or attend one of the following schools within District 2:

- Calvine High School
- William Daylor Continuation
- Florin High School
- Las Flores Alternative
- Rio Cazadero Continuation
- Sheldon High School
- Valley High School
- C.K. McClatchy High School
- John F. Kennedy High School
- Luther Burbank High School
- School of Engineering & Sciences



District 2
County Supervisor
Patrick Kennedy

APPLY NOW at bit.ly/BHYABapp

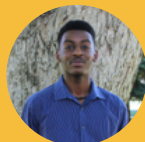
Sacramento County Behavioral Health Youth Advisory Board Members

DISTRICT 1



Join the Board!

DISTRICT 2



Ja'Lyn Wright

DISTRICT 3



Savanna Karmue

DISTRICT 4



Ria Srivastava

DISTRICT 5



Jordan Kaitapu



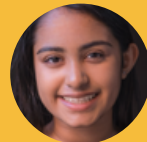
Join the Board!



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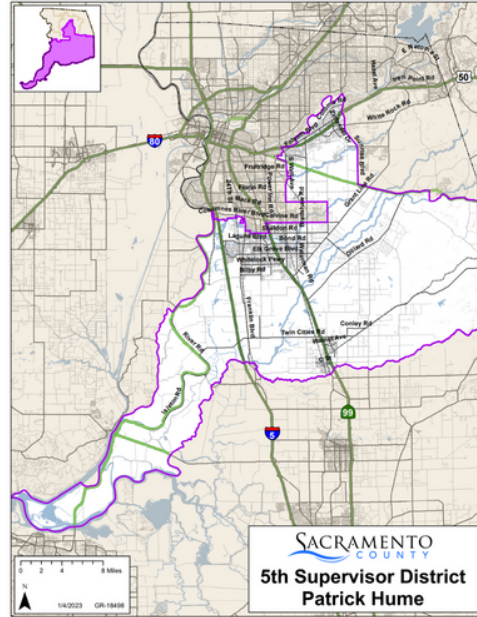
Join the Board!

Join the BHYAB!

DISTRICT 5

Who can apply for the BHYAB? Youth between ages 14-24 who live in District 5 or attend one of the following schools within District 5:

- Consumnes Oaks High School
- Elk Grove High School
- Franklin High School
- Laguna Creek High School
- Monterey Trail High School
- Pleasant Grove High School
- Cordova High School
- Kinney Continuation
- Walnutwood High School
- Estrellita Continuation
- Galt High School
- Liberty Ranch High School
- Delta High School
- Mokelumne Continuation
- Rio Vista High School
- River Delta Community Alternative
- River Delta High School
- Rosemont High School



District 5
County Supervisor
Pat Hume

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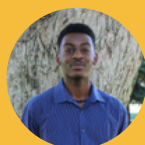
Sacramento County Behavioral Health Youth Advisory Board Members

DISTRICT 1



Join the Board!

DISTRICT 2



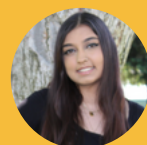
Ja'Lyn Wright

DISTRICT 3



Savanna Karmue

DISTRICT 4



Ria Srivastava

DISTRICT 5



Jordan Kaitapu



Join the Board!



VACANT



Audrey Nunez



Natanya Kharat



Join the Board!

Sacramento County Behavioral Health Youth Advisory Board Newsletter

A Special Thanks from the Board

We would like to recognize some key individuals for their tremendous support towards our BHYAB policy brief.

A Special Thanks to:

SCOE Superintendent, David Gordon

Thank you, Sacramento County Office of Education, for the letter of support.

Mental Health Board, Corrine McIntosh Sako

Thank you, Children's System of Care Committee, for taking the time to write a letter of support.

Interested in being on our list of supporters or writing a letter of support? Contact our program manager Sydney at SydneyS@proyouthandfamilies.org.



Resources

Interested in Narcan Community Training? The fentanyl epidemic continues to harm our youth population. The following training could save a life - [sign up today](#) for CommuniCare Health Center's Narcan Training, hosted every third Thursday from 4:30 - 5:00 PM. The training reviews opioids, overdoses risk factors and indicators, and how to administer a Narcan nasal spray in the event of overdose.

Special thanks to the BHYAB Partners:

