

Sacramento County
Department of Health Services, Behavioral Health Services
Mental Health Services Act (MHSA) Steering Committee

Our Mission

To provide a culturally competent system of care that promotes holistic recovery, optimum health, and resiliency.

Our Vision

We envision a community where persons from diverse backgrounds across the life continuum have the opportunity to experience optimum wellness.

Our Values

Respect, Compassion, Integrity • Client and/or Family Driven • Equal Access for Diverse Populations • Culturally Competent, Adaptive, Responsive and Meaningful • Prevention and Early Intervention • Full Community Integration and Collaboration • Coordinated Near Home and in Natural Settings • Strength-Based Integrated and Evidence-Based Practices • Innovative and Outcome-Driven Practices and Systems • Wellness, Recovery, and Resilience Focus

February 15, 2024 Meeting Minutes		
Time: 6:00-8:00 PM		Location: Virtually (Zoom) and phone conference
Meeting Attendees - General Public and MHSA Steering Committee members:		
Stakeholder Group	Primary	Alternate
Mental Health Board	x Patricia Wentzel	Brad Lueth
Mental Health Director	x Ryan Quist	x Jane Ann Zakhary
Service Provider - Children	x Laurie Clothier (River Oak)	Mary Sheppard (Uplift Family Svcs)
Service Provider - Adults	x Marlyn Sepulveda (Hope Cooperative)	Alexis Bernard (Turning Point)
Service Provider - Older Adults	Genelle Cazares	Cindy Xiong
Law Enforcement	Corey Jackson	Laura Mueller
Senior and Adult Services	x Heidi Richardson	Mary Parker
Education	x Christopher Williams	Brent Malicote
Department of Human Assistance	Julie Field	Carmen Briscoe
Substance Use Prevention and Treatment	x Lori Miller	Michelle Besse
Cultural Competence	Jessie Armenta	x Lakshmi Malrouu
Child Welfare	x Melissa Lloyd	Kim Pearson
Primary Health	x Andrew Mendonsa	Noel Vargas
Public Health	x Olivia Kasirye	Staci Syas
Juvenile Court	Andi Mudryk	Sarah Davis
Probation	x Lynsey Semon	David Linden
Veterans	Rochelle Arnold	Vacant
Consumer - TAY	Arushi Mishra	Vacant
Consumer - TAY	Vacant	Vacant
Consumer - Adult	Hafsa Hamdani	x Christeana Zamora
Consumer - Adult	x Clarissa Laguardia	Chezia Tarleton
Consumer - Older Adult	x Janet Green	Vacant
Consumer - Older Adult	x Sharon Jennings	Vacant
Family Member/Caregiver of Child age 0-17 Yrs	Vacant	Vacant
Family Member/Caregiver of Child age 0-17 Yrs	x Crystal Harding	Vacant
Family Member/Caregiver of Adult age 18-59 Yrs	Susan McCrea	x Ellen King
Family Member/Caregiver of Adult age 18-59 Yrs	x Ryan McClinton	x Diana Burdick
Family Member/Caregiver of Older Adult age 60+ Yrs	Vacant	Vacant
Family Member/Caregiver of Older Adult age 60+ Yrs	x Anatoliy Gridyushko	Vacant
Family Member/Consumer At-large	Karly Gonzalez	Evin Johnson

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Agenda Item	Discussion
I. Welcome and Member Introductions	The meeting was called to order at 6:00 p.m. MHSA Steering Committee (SC) co-chairs and members introduced themselves.
II. Agenda Review	The agenda was reviewed. No changes were made.
III. Review of Prior Meeting Minutes	The January 2024 draft meeting minutes were reviewed. No changes were made.
IV. Announcements	<p>Lori Miller, SC Member:</p> <ul style="list-style-type: none"> • Sacramento County Substance Abuse and Treatment Services (SUPT) announced more than 321 people lost their lives to fentanyl poisoning in Sacramento County in 2023, which is higher by 100 compared to the previous year. SUPT continues their prevention efforts. If anyone is interested in Narcan or Fentanyl test strips they are available through SUPT, upon request. • The Sacramento County Board of Supervisors (BOS) approved SUPT’s opioid settlement funded programs on February 6, 2024. SUPT now has eight new programs that will be funded to address opioids in Sacramento County. • Sac Metro Fire will be distributing Narcan and providing Buprenorphine Medication Assisted Treatment (MAT) through their mobile integrated health team. • Voice of the Youth will focus on opioid prevention education and awareness for African American/Black youth ages 12-24. • SUPT is continuing provide opioid awareness and education through the Safer Sacramento Project, and then a project through OMNI Youth Services Prevention, Education and Awareness for hard-to-reach communities (i.e. Hmong, Native American, Russian, Ukraine, Afghan, Middle East, Asian, Pacific Islander and Hispanic populations) • Public Health Institute was funded for their See Her Bloom campaign, which is a prevention education campaign that focuses on opioid use disorders and opioid treatment options for black women. • SUPT’s Opioid Coalition will be held on February 28th from 2:00-3:30pm. Click HERE to register. The SUPT Methamphetamine Coalition will be held on March 21st from 2:00pm-3:30pm. Click HERE to find out more information. <p>Patricia Wentzel, SC Member:</p> <p>NAMI Sacramento will be conducting a Proposition 1 pros and cons presentation for the League of Women Voters of California Health Interest Group, scheduled for February 20th at 7:30p.m. Attendees must register in advance. For a link to the meeting registration, email pwentzel.mentalhealth@gmail.com.</p>

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	<p>Heidi Richardson, SC Member: The Access to Technology Program has been extended until September 30, 2024. Any older adults or adults with disabilities in Sacramento County in need of a free device, service plan, and training on how to use the device may call the number on the flier. See Attachment A – Access to Technology Program flyer.</p> <p>Melissa Lloyd, SC Member: The Five-Year System Improvement Plan developed by Sacramento County Child Protective Services (CPS) in collaboration with Sacramento County Probation was approved by the BOS. Child Welfare will be focusing on enhancing family and child visitation in addition to continuing to work to expand capacity for kids who experience placement insecurity. CPS will conduct continued specific focus on workforce support, recruitment, and retention.</p> <p>Lynsey Semon, SC Member: In the abovementioned Five- Year System Improvement Plan, Probation will focus on permanency within 12 months. The goal is to be more intentional with their family finding efforts for youth in foster care, as well as those taken into custody at the Sacramento County Youth Detention Facility.</p> <p>Clarissa Laguardia, SC Member: California Center for Civic Participation is relaunching The Legacy Vote (TLV) ahead of the upcoming elections. The program is open to high school aged youth between the ages 13-19 years old in California. TLV aims to increase youths’ knowledge about the importance and process for voting. It provides a safe space for youth to find their voice and helps them find meaningful ways to act. The program is free, and participants will receive a stipend for participation. To find out more click HERE.</p> <p>Diana Burdick, SC Member: Diana participated in the 2024 Sacramento Point in Time (PIT) Homelessness Count for the second year. They were able to interview approximately 25 individuals experiencing homelessness in Rancho Cordova. However, due to the weather the number of interviews conducted was lower than expected.</p> <p><u>Announcements from the Public</u> None.</p>

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<p>V. Executive Committee / MHSA Updates</p>	<p>Executive Committee Updates</p> <p>Chris Williams, SC Executive Member and Co-Chair: Requests that meeting participants submit the two post-meeting evaluations. The following updates are on behalf of the Executive Committee:</p> <p><u>MHSA SC membership changes</u></p> <ul style="list-style-type: none"> • Welcome new members! <ul style="list-style-type: none"> ○ Christeana Zamora will be in the alternate seat representing Adult Clients. ○ Genelle Cazares will be in the primary seat representing Service Provider for Older Adults (OA). Cindy Xiong will be in the OA alternate seat. <p>MHSA Updates</p> <p>Ryan Quist, Behavioral Health Director and SC Member:</p> <ul style="list-style-type: none"> • February is Black History Month and a chance for us to acknowledge the historic achievements of Black Americans and to highlight their contributions and undeniable impact on American history. This year the theme is African Americans in the arts, which will highlight the diverse history and life of black artists and art. As well as the impact these artists have on visual arts, music, cultural movements, and more. • Recognition <ul style="list-style-type: none"> ○ Erin Johansen was honored by the BOS with a Board Resolution that highlighted her years of service and commitment to behavioral health services. Erin received much appreciation from the BHS team members, SC members and the public thanking her for her years of service and contributions to BHS. We wish Erin well in her retirement. ○ Leslie Napper was honored by the BOS with a Board Resolution that highlighted the commitment Ms. Leslie had to improving behavioral health outcomes for residents of Sacramento County. Ms. Leslie received much appreciation from the BHS team members, SC members and the public thanking her for her years of service and contributions to BHS. We wish Ms. Leslie well as she embarks on her next journey. <p>Jane Ann Zakhary, BHS Division Manager and SC Alternate:</p> <ul style="list-style-type: none"> • Long standing MHSA SC member Ebony Chambers McClinton is stepping away from SC. Ebony received much appreciation from BHS team members, committee members and the public thanking Ebony for her 10 years of service and contributions as a member of MHSA SC. • On March 5th, Prop 1 will be on the ballot for vote. This proposes significant changes to the MHSA.

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	<ul style="list-style-type: none"> ○ As a reminder, county employees are limited in what they can say about this as they are not allowed to campaign or lobby in an election. ○ There will potentially be a shift of about \$27 million if Prop. 1 passes. We will know the outcome of the election by our next SC meeting in March. More to come on this.
VI. MHSA Two-Year Plan Requirements	<p>MHSA Two-Year Plan Requirements</p> <p>Jane Ann Zakhary, BHS Division Manager, and Andrea Crook, MHSA Program Manager: See Attachment B: MHSA Two-Year Plan Requirements.</p> <p>Member Questions and Discussion</p> <p>Is the document going to be available any time before March 4, 2024? <i>The Draft MHSA Two-Year Plan will be posted to the public on March 4, 2024.</i></p> <p>Is it possible to get a physical copy of the Two-Year Plan? <i>Yes. To request a physical copy, send an email to the MHSA team at MHSA@SacCounty.gov.</i></p> <p>Public Comment</p> <p>Dr. Diane Wolf: Is the CA budget deficit going to affect MHSA funding? <i>MHSA revenue is based on the 1% tax on personal income over \$1 million annually. The revenue does not follow the same pattern/is not on the same timeline as the rest of the economy. Therefore, it is challenging to project MHSA revenue since it can change quickly over time and be continuously revised. However, we do receive revenue projections.</i></p>
VII. General Steering Committee Comment	<p>Chris Williams, SC Executive Member and Co-Chair: Sacramento County Office of Education (SCOE) has partnered with Sacramento County to initiate a school-based mental health and wellness initiative. Initially rolled out to 10 schools, mental health professionals are now located at 60 schools within 12 of 13 districts in the county. Additionally, the Department of Health Care Services (DHCS), as part of the statewide Children and Youth Behavioral Health Initiative (CYBHI), is initiating a statewide multi-payer school fee schedule and statewide provider network. This initiative allows for mental health services performed at school sites to be billable to health insurance irrespective of provider. SCOE is partnering with Santa Clara Office of Education to roll out \$400 million of capacity building grants to county offices of education and Local Education Agencies (LEA) across the state to help operational</p>

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	<p>readiness for this initiative. Any LEA will be able to participate in this and every school should have access by June 2025. To learn more about this initiative click HERE.</p> <p>Sharon Jennings, SC Executive Member and Co-Chair: Sharon participated in the 2024 Point in Time (PIT) Count. The PIT count is a real-time survey of sheltered and unsheltered people experiencing homelessness on a single night. In Sacramento County, it is conducted by Continuum of Care Sacramento Steps Forward. Prior to canvassing, volunteers are required to participate in a 1.5-hour training, and it is recommended volunteers introduce themselves to unhoused individuals using their personal pronouns as a large part of the population identify as a part of the LGBTQIA+ community. Sharon shared how impactful this experience was and explained that the results of these surveys will be submitted to the U.S. Department of Housing and Urban Development (HUD) and the public sometime in the spring. The results will be used to inform knowledge of homelessness in Sacramento County and contribute to the improvement of equitable and accessible programs, services and resources. The last report was published in 2022 and can be found HERE.</p> <p>Heidi Richardson: Signing up for the county news is one way to get information about new programs. To sign up for county new click HERE. Also, there is a good article in today's county news about the Loneliness Epidemic.</p>
VIII. General Public Comment	None.
IX. Adjournment/ Upcoming Meetings	<p>Upcoming Meetings:</p> <ul style="list-style-type: none"> • March 21, 2024 • April 18, 2024