

**Sacramento County**  
**Department of Health Services, Behavioral Health Services**  
**Mental Health Services Act (MHSA) Steering Committee**

**Our Mission**

*To provide a culturally competent system of care that promotes holistic recovery, optimum health, and resiliency.*

**Our Vision**

*We envision a community where persons from diverse backgrounds across the life continuum have the opportunity to experience optimum wellness.*

**Our Values**

*Respect, Compassion, Integrity • Client and/or Family Driven • Equal Access for Diverse Populations • Culturally Competent, Adaptive, Responsive and Meaningful • Prevention and Early Intervention • Full Community Integration and Collaboration • Coordinated Near Home and in Natural Settings • Strength-Based Integrated and Evidence-Based Practices • Innovative and Outcome-Driven Practices and Systems • Wellness, Recovery, and Resilience Focus*

November 16, 2023 Meeting Minutes		
Time: 6:00-8:00 PM		Location: Virtually (Zoom) and phone conference
Meeting Attendees - General Public and MHSA Steering Committee members:		
Stakeholder Group	Primary	Alternate
Mental Health Board	X Patricia Wentzel	Brad Lueth
Mental Health Director	X Ryan Quist	Jane Ann Zakhary
Service Provider - Children	X Laurie Clothier (River Oak)	Mary Sheppard (Uplift Family Svcs)
Service Provider - Adults	x Erin Johansen (TLCS)	x Marlyn Sepulveda (Hope Cooperative)
Service Provider - Older Adults	Genelle Cazares (El Hogar)	Martha Sinclair-West (El Hogar)
Law Enforcement	Corey Jackson	Laura Mueller
Senior and Adult Services	X Heidi Richardson	Mary Parker
Education	x Christopher Williams	Brent Malicote
Department of Human Assistance	Julie Field	Carmen Briscoe
Substance Use Prevention and Treatment	x Lori Miller	Michelle Besse
Cultural Competence	Vacant	X Lakshmi Malroutu
Child Welfare	X Melissa Lloyd	Kim Pearson
Primary Health	Andrew Mendonsa	Noel Vargas
Public Health	Olivia Kasirye	Staci Syas
Juvenile Court	x Andi Mudryk	Sarah Davis
Probation	x Lynsey Semon	David Linden
Veterans	Rochelle Arnold	Vacant
Consumer - TAY	Arushi Mishra	Vacant
Consumer - TAY	Vacant	Vacant
Consumer - Adult	Hafsa Hamdani	Clarissa Laguardia
Consumer - Adult	x Clarissa Laguardia	Chezia Tarleton
Consumer - Older Adult	Janet Green	Vacant
Consumer - Older Adult	Sharon Jennings	Vacant
Family Member/Caregiver of Child age 0-17 Yrs	Ebony Chambers McClinton	Vacant
Family Member/Caregiver of Child age 0-17 Yrs	x Crystal Harding	Vacant
Family Member/Caregiver of Adult age 18-59 Yrs	Susan McCrea	Ellen King
Family Member/Caregiver of Adult age 18-59 Yrs	x Ryan McClinton	Diana Burdick
Family Member/Caregiver of Older Adult age 60+ Yrs	Vacant	Vacant
Family Member/Caregiver of Older Adult age 60+ Yrs	x Anatoliy Gridyushko	Vacant
Family Member/Consumer At-large	x Karly Gonzalez	Evin Johnson

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Agenda Item	Discussion
<b>I. Welcome and Member Introductions</b>	The meeting was called to order at 6:00 p.m. MHSA Steering Committee (SC) co-chairs introduced themselves.
<b>II. Agenda Review</b>	The agenda was reviewed. No changes were made.
<b>III. Review of Prior Meeting Minutes</b>	The October 2023 draft meeting minutes were reviewed. No changes were made.
<b>IV. Announcements</b>	<p><b>Heidi Richardson</b>, Steering Committee (SC) Member:  The Access To Technology program provides free computers and tech training for older adults or adults with disabilities. See <a href="#">Attachment A – Senior Connection Program flyer</a>.</p> <p><b>Patricia Wentzel</b>, SC Member:  National Alliance on Mental Illness (NAMI) Sacramento has a new support group, Connection Recovery, that is led by peers. They meet at Sutter Center for Psychiatry. The next meeting is on November 19, 2023, 7:00 p.m., and is open to anyone.</p> <p><b>Lori Miller</b>, SC Member:</p> <ul style="list-style-type: none"> <li>• Safer Sacramento has won three Shorty Awards! Thank you for your votes.</li> <li>• Meth Awareness Day is November 30, 2023</li> <li>• Selection process is complete for Opioid Remediation funding. Eight (8) providers were awarded. Some will implement new programs, while others will expand their existing services. This will go before the Board of Supervisors (BOS) for approval in January 2024.</li> </ul> <p><b><u>Announcements from the Public</u></b>  None.</p>
<b>V. Executive Committee / MHSA Updates</b>	<p><b>Executive Committee Updates:</b></p> <p><b>Chris Williams</b>, SC Executive Member and Co-Chair:  Requests that meeting participants submit the two post-meeting evaluations. The following updates are on behalf of the Executive Committee:</p> <p><b><u>MHSA SC membership changes</u></b></p> <ul style="list-style-type: none"> <li>• Welcome new members! <ul style="list-style-type: none"> <li>○ Beginning in January the Adult Services primary seat will be held by Marlyn Sepulveda from Hope Cooperative, and the alternate seat will be held by Alexis Bernard from Turning Point.</li> </ul> </li> </ul>

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	<ul style="list-style-type: none"> <li>○ Judge Andi Mudryk will be in the primary seat for Juvenile Court. Judge Mudryk was appointed by Gavin Newsome as a judge to the Sacramento County Superior Court in 2022. Before this, she served as Chief Counsel and later was appointed Chief Deputy Director at the California Department of Rehabilitation.</li> <li>● Goodbye and thank you to Erin Johansen, who is retiring in January. Your 7+ years on this Committee is well appreciated.</li> </ul> <p><b>MHSA Updates</b></p> <p><b>Ryan Quist</b>, Behavioral Health Services (BHS) Director:  The 11<sup>th</sup> Community Outreach Recovery Empowerment (CORE) site has opened. Thank you to Erin Johanson, Marlyn Sepulveda, and everyone at Hope Cooperative for their hard work.</p> <p>BHS has several competitive bidding processes pending to provide services to our justice-involved consumer population. The services include three (3) outpatient programs and a Full Service Partnership (FSP) program. The application deadline has not yet closed.</p> <p>A free, online BHS Cultural Humility training regarding sexual orientation and gender identity (SOGI) has been <a href="#">posted and can be found here</a>.</p> <p>The Racial Equity Collaborative is focused on the Latino population and convened two Tarde Social events to facilitate conversations with the community regarding mental health services.</p> <p>Reminders of national days/months of observation:</p> <ul style="list-style-type: none"> <li>● November is Native American Heritage month.</li> <li>● Veteran’s Day was earlier this month.</li> <li>● International Survivors of Suicide Loss Day is November 18, 2023</li> <li>● International Men’s Day is November 19, 2023 – focus on men’s health and positive expressions of masculinity</li> <li>● Transgender Day of Remembrance is November 20, 2023 - honors those lost their lives due to anti-trans violence.</li> <li>● Meth Awareness Day is November 30 – nationwide and local efforts to spread resources and information regarding the dangers of methamphetamine use.</li> </ul> <p>Senate Bill (SB) 326 (Behavioral Health Services Act) was signed by the Governor and will be packaged with a bond proposal as Proposition 1. This will be on the March 2024 ballot.</p>

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	<p>This fall, BHS released a Request for Applications (RFA) for an additional Community Services and Supports (CSS) component funded Flexible Integrated Treatment (FIT) program.</p> <p>Funding was approved from the Department of Health Care Services to operate bridge housing settings to address the immediate and sustainable housing needs of individuals experiencing serious behavioral health conditions. There is \$43M new funding available to Sacramento County.</p> <p><b>Andrea Crook</b>, MHSA Health Program Manager:            MHSA SC vacancies – The primary seats for the transition age youth and older adult consumers are currently vacant. Please pass along the <a href="#">application for membership</a> to interested parties.</p>
<p><b>VI. Behavioral Health Services (BHS) and How the System of Care Supports Individuals with Co-Occurring (Substance Use/Mental Health) Concerns</b></p>	<p><b>Behavioral Health Services (BHS) and How the System of Care Supports Individuals with Co-Occurring (Substance Use/Mental Health) Concerns</b></p> <p><b>Nina Acosta</b>, Division Manager over the BHS Justice-Involved services, and <b>Lori Miller</b>, Division Manager over BHS Substance Use Prevention and Treatment (SUPT) services presented. See</p> <ul style="list-style-type: none"> <li>• <a href="#">Attachment B: Behavioral Health Services (BHS) and How the System of Care Supports Individuals with Co-Occurring (Substance Use/Mental Health) Concerns</a></li> <li>• <a href="#">Attachment C: MAT Handout</a></li> <li>• <a href="#">Attachment D: SOC one page info</a></li> <li>• <a href="#">Attachment E: SUPT Community Resource List May 2023</a></li> <li>• <a href="#">Attachment F: Youth MAT BAART</a></li> <li>• <a href="#">Attachment G: Youth Wellness Resources Sacramento County</a></li> </ul> <p><b>Member Questions and Discussion</b></p> <p>Is there a video or recording of this presentation that we can share with consumers?  <i>A copy of the PowerPoint is posted as a meeting attachment. There are active links on the last slide that will provide more information about BHS MHSA funded services for individuals with co-occurring concerns.</i></p> <p>What services are available to youth under the age of 18 who have substance use disorder and may need medically assisted treatment?</p>

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	<p><i>There is outpatient treatment and intensive outpatient. A 6-bed youth residential treatment facility is pending Board of Supervisor approval. Most of the narcotic treatment programs offer medication assisted treatment for opioids and alcohol for youth over age 16. There is a mobile medical unit who will prescribe medication assisted treatment for youth age 14-16.</i></p> <p>Adults can get medication assisted treatment through a federally qualified health center. Do they also offer that to youth?  <i>Most services are for age 18 and above.</i></p> <p>For youth in Foster Care, there are substance use residential placements that are across the state. There are sometimes opportunities to use different Foster Youth funding for these placements.</p> <p><b><u>Public Comment</u></b>  None.</p>
<b>VII. General Steering Committee Comment</b>	<p><b>Jane Ann Zakhary</b>, SC member and BHS Division Manager  This is the last meeting for <b>Julie Leung</b>, <b>BHS MHSA Program Planner</b>, before she retires in December. She has been an integral member of our Sacramento County MHSA planning and development from the beginning. So much of the lift in the last 10+ years has been through her work. Thank you for your contributions and hard work.</p> <p><b>Patricia Wentzel</b>, SC member  NAMI Sacramento plans to present on Prop 1 in early 2024. NAMI California supports the legislation and will present the pros and cons. For more information, email <a href="mailto:peeradvocate@namisacramento.org">peeradvocate@namisacramento.org</a> or visit <a href="http://www.namisacramento.org">www.namisacramento.org</a>.</p>
<b>VIII. General Public Comment</b>	<p><b>Dr. Diane Wolf</b>  Requests that this committee have a robust discussion about Prop 1. The proposal diverts funding from mental health, but there is a bond measure attached to it. Public input will be important.</p>
<b>IX. Adjournment/ Upcoming Meetings</b>	<p><b>Upcoming Meetings: NO MEETING IN DECEMBER</b>  *January 18, 2024      *February 15, 2024</p>