

Sacramento County
Department of Health Services, Behavioral Health Services
Mental Health Services Act (MHSA) Steering Committee

Our Mission

To provide a culturally competent system of care that promotes holistic recovery, optimum health, and resiliency.

Our Vision

We envision a community where persons from diverse backgrounds across the life continuum have the opportunity to experience optimum wellness.

Our Values

Respect, Compassion, Integrity • Client and/or Family Driven • Equal Access for Diverse Populations • Culturally Competent, Adaptive, Responsive and Meaningful • Prevention and Early Intervention • Full Community Integration and Collaboration • Coordinated Near Home and in Natural Settings • Strength-Based Integrated and Evidence-Based Practices • Innovative and Outcome-Driven Practices and Systems • Wellness, Recovery, and Resilience Focus

March 16, 2023 Meeting Minutes

Time: 6:00-8:00 PM

Location: Virtually (Zoom) and phone conference

Meeting Attendees - General Public and MHSA Steering Committee members:

Stakeholder Group	Primary	Alternate
Mental Health Board	x Patricia Wentzel	Brad Lueth
Mental Health Director	x Ryan Quist	x Jane Ann Zakhary
Service Provider - Children	x Laurie Clothier (River Oak)	Mary Sheppard (Uplift Family Svcs)
Service Provider - Adults	Erin Johansen (TLCS)	x Marlyn Sepulveda (Hope Cooperative)
Service Provider - Older Adults	x Genelle Cazares (El Hogar)	Martha Sinclair-West
Law Enforcement	Corey Jackson	Laura Mueller
Senior and Adult Services	x Heidi Richardson	Mary Parker
Education	x Christopher Williams	Brent Malicote
Department of Human Assistance	x Julie Field	Carmen Briscoe
Substance Use Prevention and Treatment	x Lori Miller	Michelle Besse
Cultural Competence	x Koby Rodriguez	Lakshmi Malrouth
Child Welfare	x Melissa Lloyd	Kim Pearson
Primary Health	Vacant	Vacant
Public Health	Olivia Kasirye	Staci Syas
Juvenile Court	Daniel Calabretta	Sarah Davis
Probation	x Lynsey Semon	Derrick Casebeer
Veterans	Rochelle Arnold	Vacant
Consumer - TAY	Arushi Mishra	Vacant
Consumer - TAY	Karly Gonzalez	Vacant
Consumer - Adult	x Hafsa Hamdani	Vacant
Consumer - Adult	Leslie Napper	Chezia Tarleton
Consumer - Older Adult	x Karen Cameron	Vacant
Consumer - Older Adult	x Sharon Jennings	Vacant
Family Member/Caregiver of Child age 0-17 Yrs	Ebony Chambers McClinton	Vacant
Family Member/Caregiver of Child age 0-17 Yrs	x Crystal Harding	Vacant
Family Member/Caregiver of Adult age 18-59 Yrs	x Susan McCrea	Ellen King
Family Member/Caregiver of Adult age 18-59 Yrs	Ryan McClinton	x Diana Burdick
Family Member/Caregiver of Older Adult age 60+ Yrs	Vacant	Vacant
Family Member/Caregiver of Older Adult age 60+ Yrs	x Anatoliy Gridyushko	Vacant
Family Member/Consumer At-large	Daniela Guarnizo	Evin Johnson

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Agenda Item	Discussion
I. Welcome and Member Introductions	The meeting was called to order at 6:00 p.m. MHSA Steering Committee members introduced themselves.
II. Agenda Review	The agenda was reviewed; no changes were made.
III. Approval of Prior Meeting Minutes	The February 2023 draft meeting minutes were reviewed; Jane Ann Zakhary noted the Meeting Attendees section should reflect she was present and sitting in for Dr. Quist who was unable to stay for the entire meeting.
IV. Announcements	<p>Patricia Wentzel, SC Member: The Mental Health Board (MHB) meets on the first Wednesday of the month and we welcome your attendance, either in person or virtually. Additionally, the Children’s System of Care Committee (MHB subcommittee) will hold their next meeting on April 24, 2023. If you are interested in attending any of these meetings, please visit the MHB webpage for meeting information and updates: https://dhs.saccounty.gov/BHS/Pages/Advisory-Boards-Committees/Mental-Health-Board/BC-Mental-Health-Board-Meetings-2023.aspx</p> <p>Crystal Harding, SC Member: The United Way California Capital Region just released the second round of the Guaranteed Income Program. This program provides unconditional monthly income for a limited period of time to qualifying households. We need help promoting the program and assisting eligible members of the community, many of whom are your clients, to apply. Please visit the United Way webpage for more information: https://www.yourlocalunitedway.org/our-work/support-families/guaranteed-income-program/</p> <p>Koby Rodriguez, SC Member: Transgender Day of Visibility is on March 31, 2023. A few events are happening to highlight and celebrate this day. Tonight, a resolution to recognize Transgender Day of Visibility is being proposed to the Sacramento City Unified School District Board of Trustees. Next week, Transgender Day of Visibility will be recognized at the Sacramento City Council’s March meeting. These actions are important and encourage us all to amplify support for the Transgender community here in Sacramento.</p> <p>Robin Barney, Cal Voices: We are excited to restart our mental health support group in person. The annual Peer Empowerment Conference is scheduled on June 9, 2023 and will also be held in-person. More information can be found on our webpage: https://www.calvoices.org/</p>
V. Executive Committee / MHSA Updates	<p>Executive Committee Update</p> <p>Koby Rodriguez, SC Executive Committee member, requested that meeting participants submit post-meeting evaluations.</p>

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	<p>MHSA Updates</p> <p>Dr. Ryan Quist, Behavioral Health Director, provided the following update:</p> <p><u>Community Driven Prevention and Early Intervention (PEI) Time Limited Grant Program Round 2</u> Tomorrow, March 17, 2023, Sacramento County Division of Behavioral Health Services is excited to release \$10M in Request for Proposal (RFP) for local community based organizations to apply for time limited PEI grant funds. The California Mental Health Services Authority (CalMHSA) is administering the Community Driven Time-Limited Grant Program on behalf of Sacramento County. CalMHSA will also recruit community members to participate in the application evaluation process. An email will be sent next week with information about participating as an evaluator. For more information on the Grant Program, see Attachment A – Sacramento County Time Limited PEI Grant Application Round 2.</p> <p>Andrea Crook, Program Manager, provided the following update:</p> <p><u>Mental Health Awareness Month Art Display</u> As part of our efforts to stop stigma throughout Sacramento County, the Mental Illness: It’s not always what you think project is organizing mental health art exhibits in recognition of Mental Health Awareness Month this May. Individuals living with mental illness, or who support others that may be living with mental illness, are invited to submit artwork to help dispel myths and stereotypes about mental illness and promote messages of wellness, hope, and recovery. For more information, see Attachment B – Call for Art Submission Application.</p>
<p>VI. DRAFT MHSA Fiscal Year 2023-24 Annual Update Presentation</p> <ul style="list-style-type: none"> • Member Discussion • Collective Comment 	<p>Jane Ann Zakary, Division Manager, and Andrea Crook, Program Manager, presented an overview of the Draft MHSA Fiscal Year (FY) 2023-24 Annual Update to the Three-Year Program and Expenditure Plan. See Attachment C - DRAFT MHSA FY2023-24 Annual Update Overview.</p> <p>This Draft Annual Update (AU) was posted online for a 30-day period of public review and comment, from March 6 through April 5, 2023. In addition to this presentation to the SC, the Draft AU will be presented to the Cultural Competence Committee on March 28, 2023. At the end of the 30-day public review and comment period, on April 5, 2023, the Draft AU will be presented to the Mental Health Board, after which the Mental Health Board will conduct a Public Hearing on this Draft AU.</p> <p>Comments from members of the public may be submitted in a number of ways. Written or emailed comments may be submitted at any time during the 30-day review period and verbal comments may be provided at the Public Hearing on April 5, 2023. A summary of all substantive comments received will be included in the final AU together with the Division’s response and explanation of changes made to the AU as a result.</p>

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	<p>The overview [linked above as Attachment C] summarizes and provides highlights of the Draft AU. The top right corner of each slide contains a box showing the page number of the corresponding section of the Draft AU described on that slide.</p> <p>Member Discussion, Questions and Collective Comment</p> <p><i>The SC was asked to address the questions below:</i></p> <ol style="list-style-type: none"> 1. Overall, is the MHSA Steering Committee in support of moving the MHSA Annual Update forward? 2. Is there additional feedback that should be considered? 3. Is there feedback regarding the general format? <p>We should be aware of ethnocentrism and be conscious of its impact in our community.</p> <p>Slide 17 was unclear on what time period showed the measured decrease in negative outcomes. <i>That slide references page 48 in the Annual Update, which looks at client’s baseline 12 months prior to entering the program compared to where they were in fiscal year 2021-22.</i></p> <p>On Slide 16, regarding the Family Full Service Partnership (FSP), is the transition age youth (TAY) housing available once a youth turns 18 or is it at age 16? <i>In the Annual Update, we have the MHSA Housing Portfolio catalog, appended as Attachment C. This details MHSA financed developments we have been able to pair the Family Full Service Partnership program with some of those units that would be coming online. But the client in this case could be the child or could be a young adult parent, which is what makes this design unique to this program. The Family FSP can also provide housing supports in other ways, such as rental assistance.</i></p> <p>Is there any data being captured about preventing further penetration into other systems of care? <i>Yes, the data begins on page 48 of the Annual Update. There are some programs that work specifically to reduce recidivism and prevent involvement with the other systems.</i></p> <p>Is there a review process for current programs to determine if they are still effective? <i>Contract monitors meet regularly with providers and review program reports. Also, in 2021, we started a procurement schedule to ensure programs are refreshed and designed to meet the current needs of the system and community.</i></p>

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	<p>I knew there were unspent funds, but did not realize there was a total of \$96M. Is there discussion on future planning or programs that will utilize the unspent funds?</p> <p><i>Both the Community Services and Supports (CSS) and Prevention and Early Intervention (PEI) have been spending at a greater rate than new revenue coming in, so these components are reducing the unspent funds balance each year. Additionally, the Innovation component has been discussed in the recent past and will be coming to the Steering Committee again in April, when you will review the community survey results and make some decisions about what direction you want for future Innovation projects. This will also reduce the unspent funds. In summary, there is a blend of sustaining what is currently in place and also looking at where we have opportunity to grow and do something new.</i></p> <p>I want to extend my appreciation to all the staff. This report is a lot of work and summarizes all the great work that is done in the community. I would like to address a couple of items. First, there is a lot of blending between gender and sex fields throughout the report. The tables show a lot of zeros next to serving the transgender/ LGBTQ community in many of the service areas. I think it is critical to consider what the investment looks like where there is a particular population that has statistical zeros next to them in many service areas. Second, I am concerned about the Community-Driven Time-Limited Prevention and Early Intervention Grant Program data. There is a high percentage of Unknown/Not Reported in the data fields and I am not sure what contributed to that.</p> <p><i>We absolutely agree about capturing data on gender/gender identity. We placed footnotes as it was troubling to see that we could not break out gender into gender identity in some of the areas of the report. Those new categories have recently been added to the electronic health record (EHR) and have been assured the new EHR that we are moving to in July will have those inclusive categories moving forward. However, that does not address the zeros you are seeing. There is opportunity for improvement in creating a space for people to feel comfortable sharing how they identify and providers are comfortable having that conversation to capture that data.</i></p> <p><i>In regards to the PEI Grant data, we are working with CalMHSA to improve how future grantees capture data and outcomes. We did not anticipate the COVID-19 pandemic happening as the first round of grants were starting up and I know that contributed to the data challenges in many ways. Learning from that, CalMHSA is instituting new data practices and approaches which will greatly improve data reporting for Round 2.</i></p> <p>There are differences in parenting styles across cultural communities. We should be aware of these cultural practices when providing community trainings.</p> <p>I would have appreciated an appendix that provided acronym definitions.</p> <p><i>MHSA Steering Committee supported moving the Annual Update forward, noting the comments and feedback discussed.</i></p>

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VII. General Steering Committee Comment	Jane Ann Zakhary: I would like to acknowledge Andrea and Julie and the MHSA Planning Team, along with the Division as a whole, who put this tremendous work together. I also appreciate the SC for your support. This is a true celebration moment of all the work you do. Thank you everyone.
VIII. General Public Comment	None.
IX. Adjournment / Upcoming Meetings	The meeting was adjourned at 7:52 p.m. Upcoming meetings will be held on <ul style="list-style-type: none"> • April 20, 2023 • May 18, 2023

Interested members of the public are invited to attend MHSA Steering Committee meetings and a period is set aside for public comment at each meeting. If you wish to attend and need to arrange for an interpreter or a reasonable accommodation, please contact Anne-Marie Rucker one week prior to each meeting at (916) 875-3861 or ruckera@saccounty.gov.