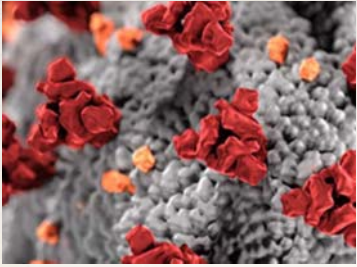


COVID-19: Opened our Eyes to Tear Down Barriers & Rise

Neighborhood Wellness Foundation.

Date: July 9, 2021



SARS-CoV-2 is the CORONAVIRUS

That caused the COVID-19 pandemic that
Spread across the Globe & Changed...
the World...

"Pandemics like COVID reveal in the most painful way what we need to fix in the world"

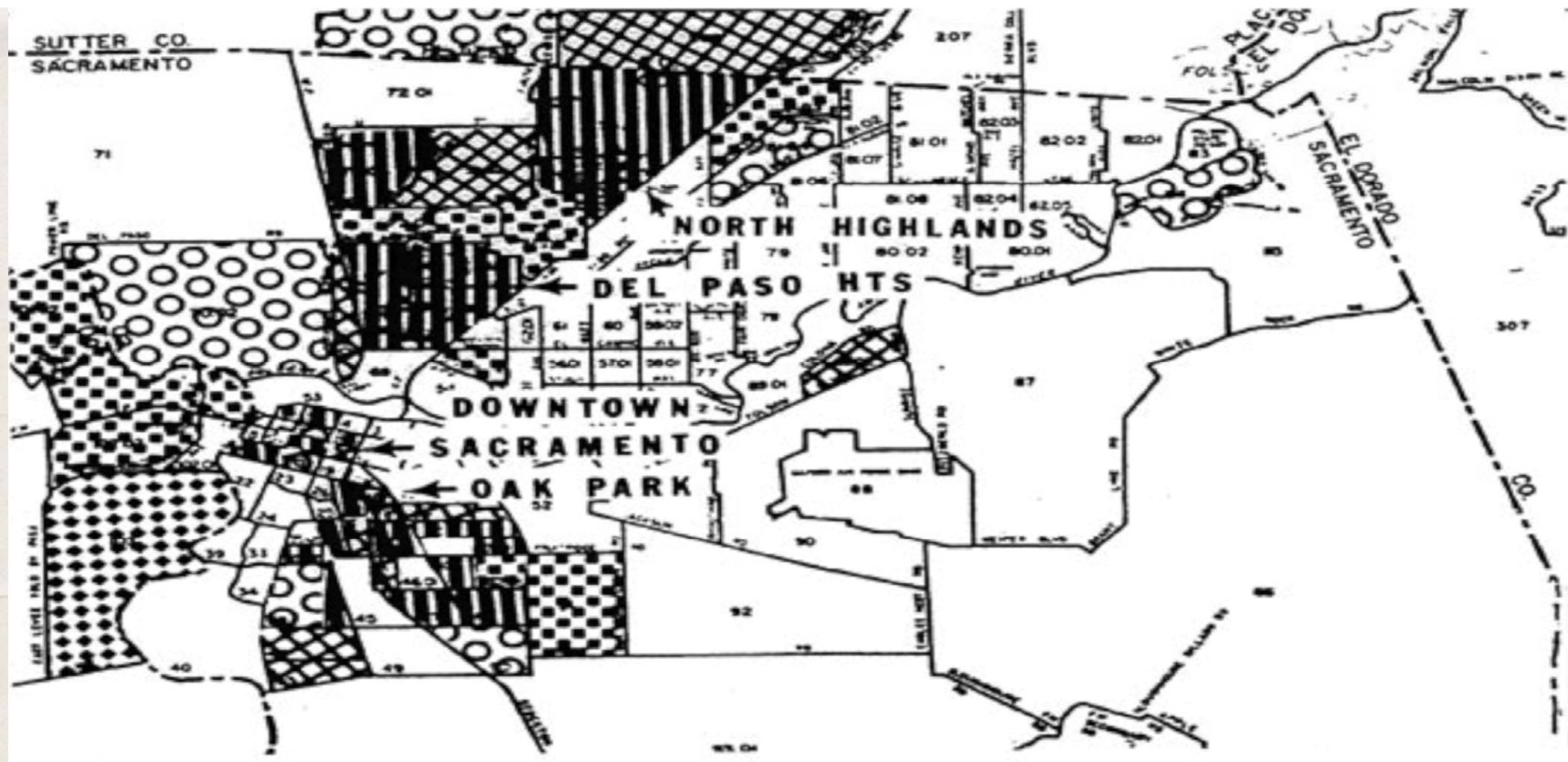
~Aaron Bernstein, MD, MPH



Harvard T.H. Chan School of Public Health



"The rapid spread of COVID among communities of color is not because race or ethnicity is a risk factor for disease spread. RACISM-not race-is the risk factor for spread."

**~Thomas Sequist, MD
Professor of medicine and health care policy,
Harvard University**





 Non-residential tracts with loan volume of 10-25% of MSA avg.
 Non-residential tracts with loan volume less than 10% of MSA avg.

 Residential tracts with loan volume of 10-25% of MSA avg.
 Residential tracts with loan volume less than 10% of MSA avg.

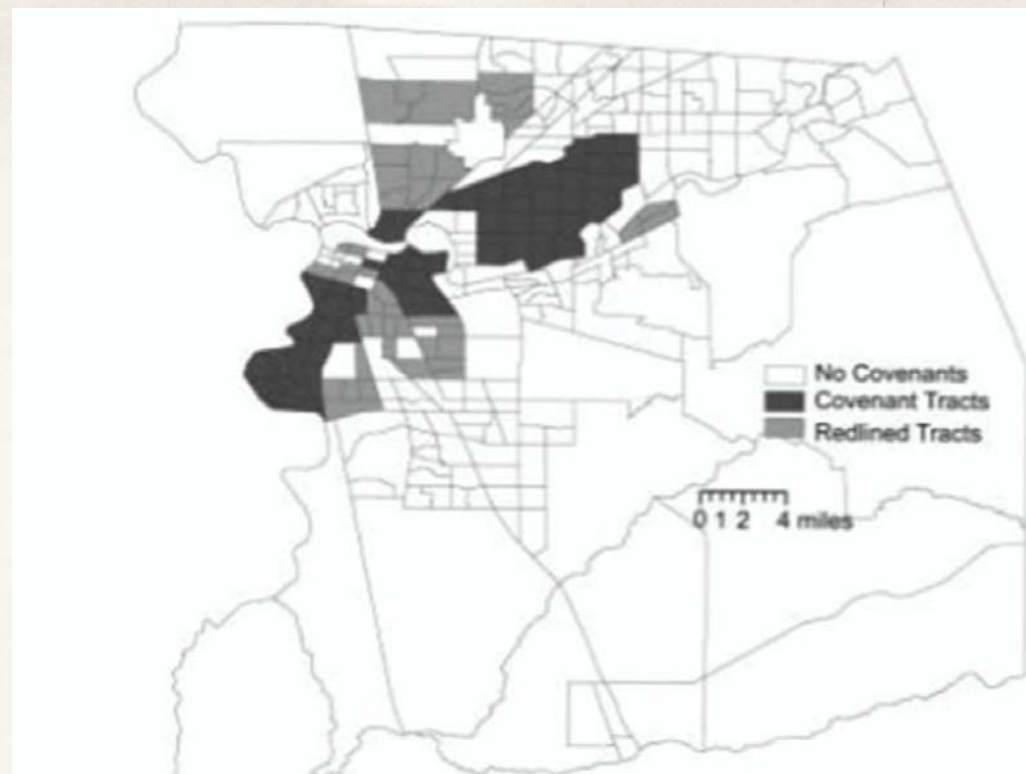
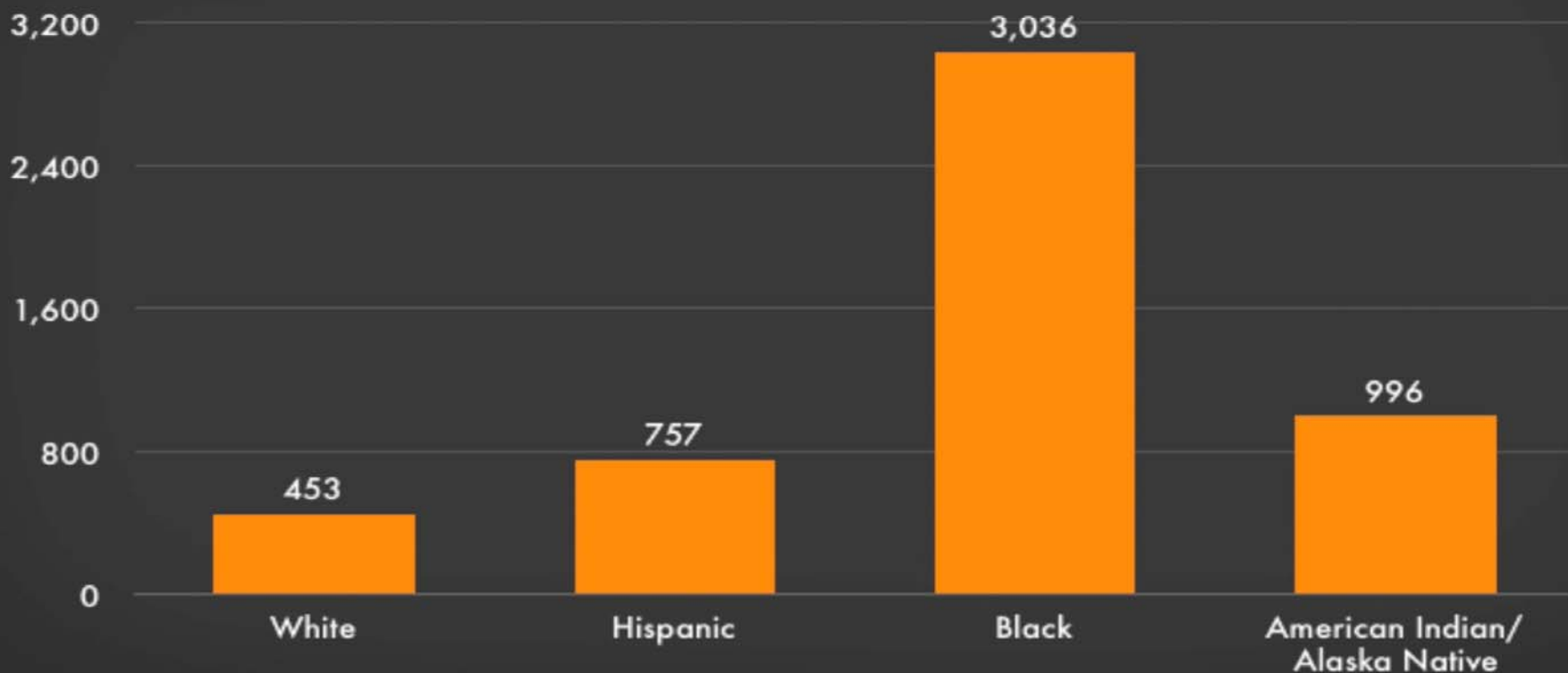


Figure 2. Map of areas with racially restrictive covenants prior to 1950 and mortgage-deficient areas in Sacramento County in 1974. (Sources: Covenants: author's review of public records. Mortgage-deficient areas: State of California (1977) Department of Savings and Loan *Fair Lending Report 2* (1), State of California Library, Sacramento. Figure updated from an earlier version published in Hernandez 2009.)

CALIFORNIA INCARCERATION RATES BY RACE/ETHNICITY, 2010

(Number of people incarcerated per 100,000 people in that racial/ethnic group)

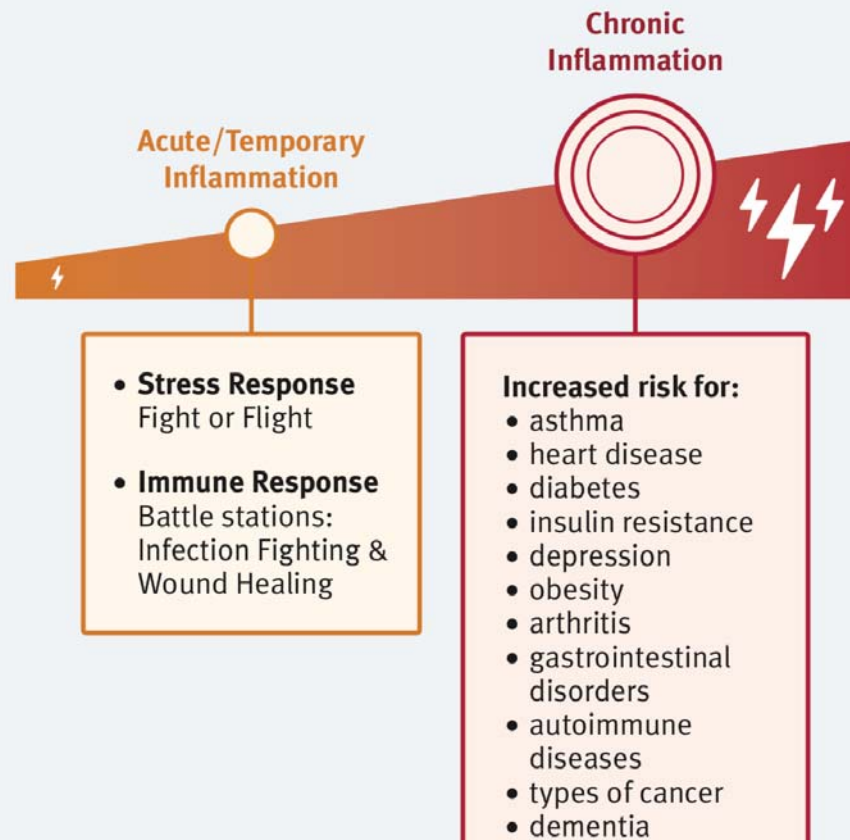




“The Structural Legacies of Racism and other Cross-Sectional Traumas may be linked to levels of chronic stress that increase susceptibility to the kinds of health impairments that result in greater risk of harm from COVID-19”

–Center on the Developing Child, Harvard University

Acute to Chronic Inflammation



“The air you breathe, the food you eat, the visual representations of what your future could look like — all are distorted by structural racism,”

~Isom



"This is clear evidence that racism, and its biological and social impact, transcend a lot of the things we say we should work on — like education and income and poverty," ~Montenegro





**Historical & Present Experiences with Racism & Health
Magnifies the Mistrust.**

**Result:
Hesitancy in Care & Treatment for COVID-19 and other
conditions**

Sam Kinsey 3B's Barbershop owner

❖ "Didn't believe in Covid...."



NWF Staff shares her experiences

Race & Health & surviving COVID-19



Table 3: Indicators of Socioeconomic Inequities in the North Sacramento Focus Community

Zip Code	Median Income	Households in Poverty	Single Female-Headed Households in Poverty	Families with Children in Poverty	Unemployment Rate	Adults Without High School Diploma
95660	\$41,036	23%	43%	27%	12%	17%
95673	\$53,429	15%	32%	14%	13%	20%
95815	\$31,274	34%	73%	46%	24%	31%
95821	\$38,750	25%	54%	34%	19%	14%
95838	\$38,271	30%	55%	35%	17%	30%
95841	\$36,967	28%	51%	35%	15%	16%
Sacramento County	\$55,064	18%	38%	20%	14%	14%
California	\$61,094	16%	37%	18%	12%	19%

The Impact of COVID-19 & Sheltering in Place was Different in Different Neighborhoods





Sheltering in Place

In a one-room
Homeless Shelter with
her mom & 2 siblings



Collaborative Efforts Address COVID-19 Urgencies, Education & Prevention

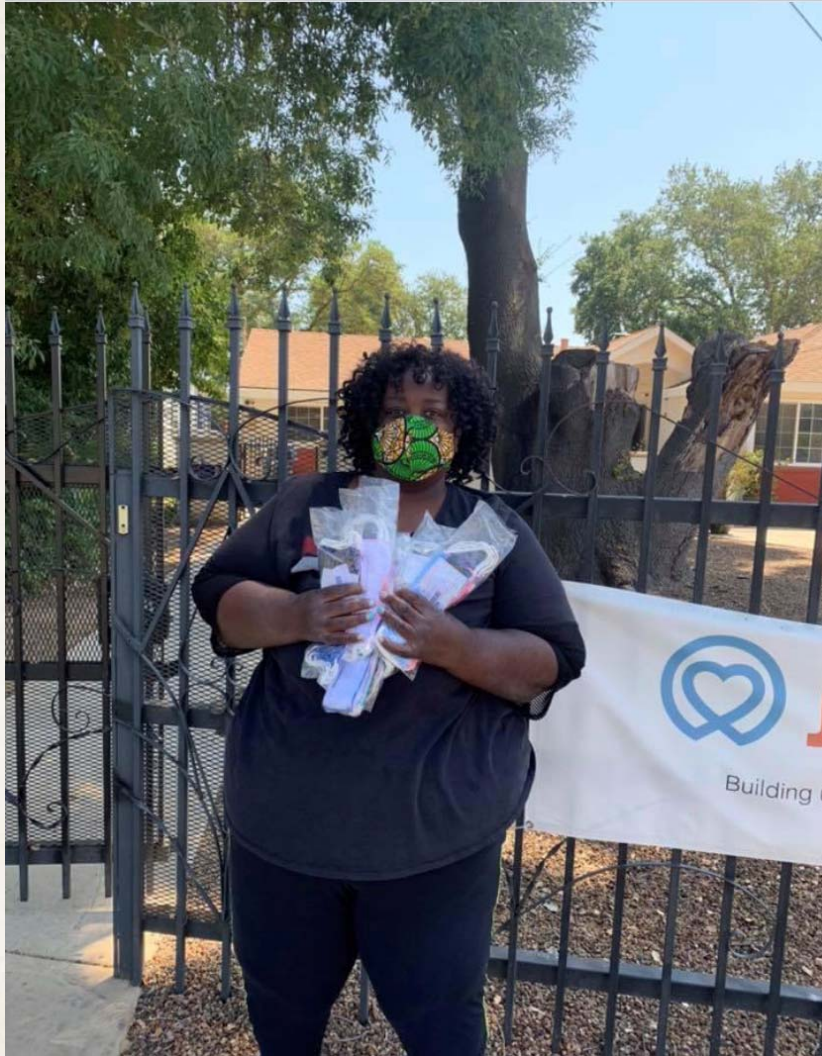












**Encourage COVID-19 Testing & Vaccination
with neighborhood leaders modeling &
guiding the way...**





FREE COVID-19 TESTING

BEGINNING
January 28, 2021

WHERE
POTTER'S HOUSE CHURCH
2994 DEL PASO BLVD. SACRAMENTO, CA 95815

EASY PRE-REGISTRATION · FREE TESTING · NO INSURANCE REQUIRED
· NO APPOINTMENT NECESSARY · WALK-UPS WELCOMED · RESULTS IN 2-3 DAYS · EXTENDED TESTING HOURS

PRE-REGISTER AT:
<http://bit.ly/aacc-pottershouse>

FOR MORE INFORMATION:
(916) 923-6142
PHCOGIC1@GMAIL.COM

WEEKLY HOURS
THURSDAY:
9-4PM
FRIDAY: 11-6PM

UNTIL
JUNE 25, 2021

SPONSORS

STATE OF CALIFORNIA

CALIFORNIA DEPT. OF PUBLIC HEALTH

TABERNACLE CDC

AFRICAN AMERICAN COMMUNITY EMPOWERMENT COUNCIL

COLOR



HMONG YOUTH & PARENTS UNITED X NEIGHBORHOOD WELLNESS FOUNDATION

COVID-19 VACCINATION EVENT

Date: Sunday, May 2nd, 2021

Time: 9:00 AM - 3:00 PM

Location: Hope Center

631 Eleanor Ave, Sacramento, CA 95815



Submit your appointment request at this link:
<https://tinyurl.com/HYPUVaccination>

Book your COVID-19 vaccination appointment today and protect yourself and your community!

Contact us.

George Yang
george.yang@hypu.org
(916) 761-1840

Diana Moua
diana.moua@hypu.org
(916) 761-2132

Pahoua Yang
pahoua.yang@hypu.org
(916) 761-3148



Disclaimer: This vaccine site was originally planning to administer the Janssen (Johnson & Johnson) vaccine but given recent developments we will only administer the vaccine once it's cleared by the FDA and local public health officials.



**Provide COVID-19 Education that
Addresses Fear, Mistrust then...
Encourage without Shaming**

Because we Know...
Our Experiences Impact our Decisions

The Voices of our Youth, young adults

**Trust & history of why folks
aren't vaccinating beyond
The Tuskegee Experiment.
It's our current living
situation...**











Education & Trust leads to Positive Responses











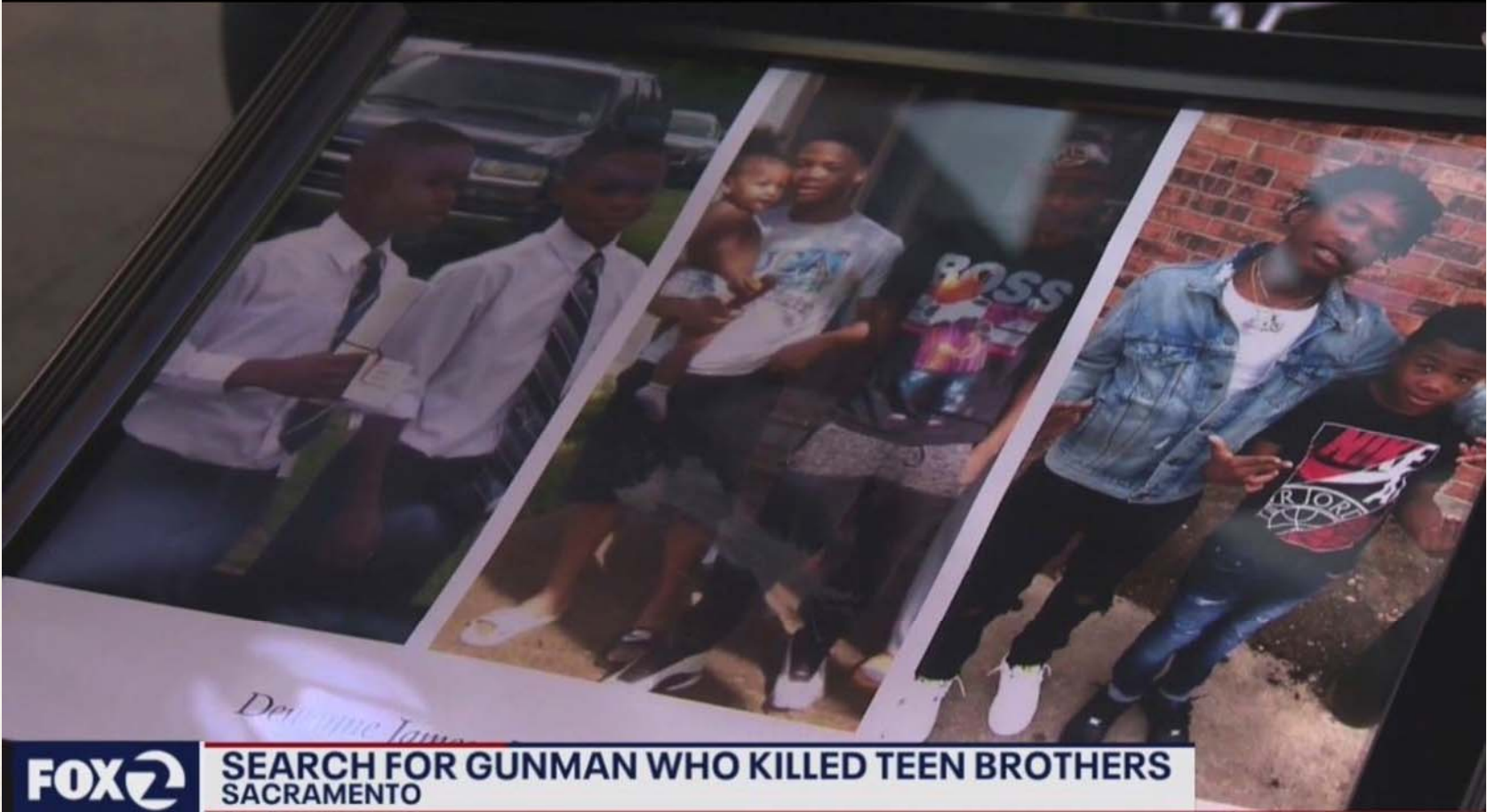


Mental Health & Wellness Critical for COVID-19 Care

COVID-19 Distance Learning Resulted in Learning Loss, Social Isolation, Stress & Anxiety

Unaddressed Childhood & Neighborhood Trauma Imploded with Surges in Violence





FOX 2

Devinne James
SEARCH FOR GUNMAN WHO KILLED TEEN BROTHERS
SACRAMENTO



9-YEAR-OLD KILLED, 3 OTHERS SHOT

**BREAKING
NEWS**





**DEVELOPING
STORY**

Deadly Shooting Investigation

Del Paso Heights

Tearing down Barriers, Building Bridges, Listening, Acknowledging & Improving







**We Created a Safe Space to Talk, to Release, ...to Heal
with high levels of stress & anxiety from social isolation during
COVID19**

This must continue upon return to in-person Learning





EYE CONNOISSEUR







**Listen to the Voices of our Community NOT
to Challenge
BUT
to Understand...**









Find Innovative Ways to Continuously Learn...





Neighborhood Wellness Foundation

REACHING HIGHER
"HEIGHTS"

EARN YOUR HIGH SCHOOL

DIPLOMA



FREE FOR ADULTS 22+

Register for Independent Study
Fall Classes start August 10th, 2020

<https://neighborhoodwellness.org/hh/>

**EDUCATION IS POWER
IT'S NEVER TOO LATE ...**

To Enroll Contact

Trinicia Scott | 916.333.3004

tscott@neighborhoodwellness.org

<https://neighborhoodwellness.org/hh/>





EYE CONNOISSEUR



Create Quiet Spaces for Mental & Physical Health

















**Support Youth so they have the freedom to
just be kids...everyday**





EYE CONNOISSEUR









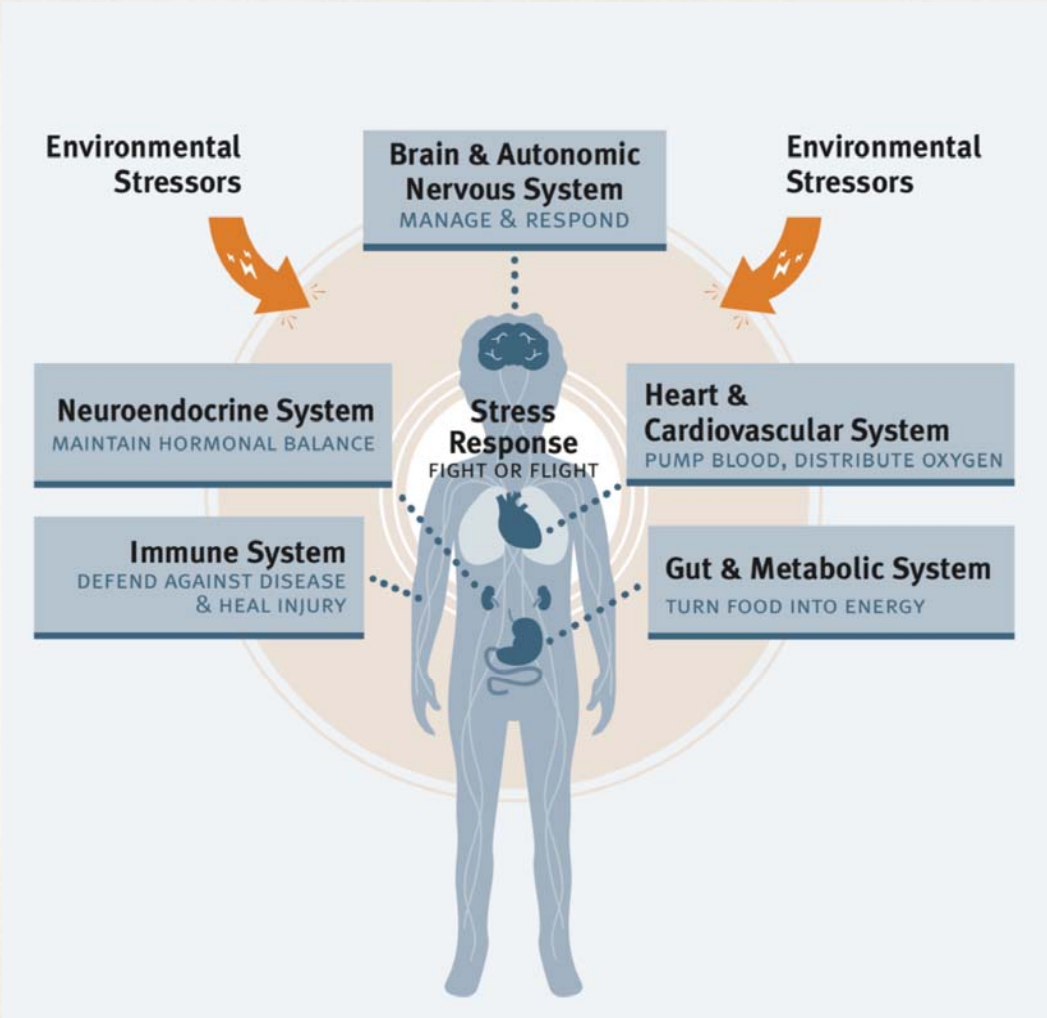


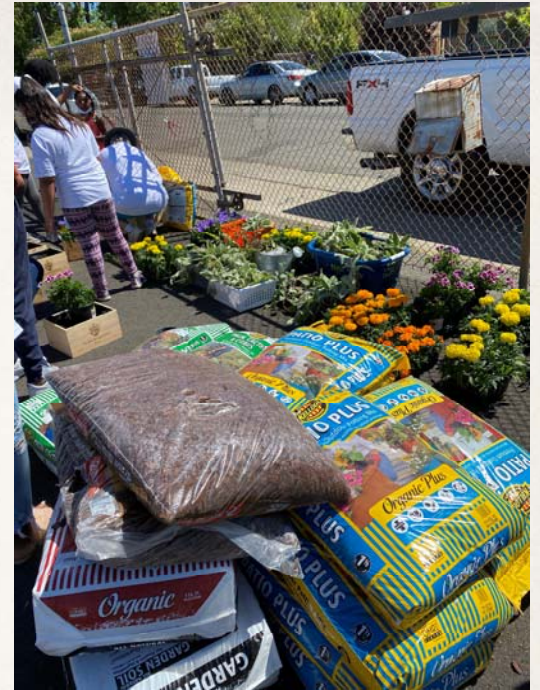




**Continue to stay COVID-19 Educated:
Signs, Symptoms, Mitigation Methods,
Testing & Vaccination Sites**

Continue to Find your Calm to maintain Health & Wellness









**We continue to encourage neighborhoods to
Vaccinate so they can participate!**

Now, more than ever, we must continue to work
Together toward Building **Healthy**
Neighborhoods...

Mind, Body, Soul...Community

