



Tarbiya Chaplaincy

Tarbiya Chaplaincy

OUR SERVICES



(916) 800-4111

chaplaincy@tarbiya.org

www.tarbiya.com/chaplaincy

Letter from the Chaplaincy Director

Assalamu alaykum wa rahmatullah wa barakatuh,

In the name of Allah, Most Gracious, Most Merciful. I am honored to share and disseminate this service brochure which highlights the mission, vision, and services offered through Tarbiya Chaplaincy. The department's goal is to serve the community's spiritual care needs in this corner of the world, the Greater Sacramento area. With this goal in mind, we want to take this opportunity to explain how our Chaplaincy department came to fruition. On a daily basis, our Imams and Chaplains are on the front lines of aiding, counseling, listening to, and providing spiritual and emotional care to our beloved community during times of despair, as well as being actively present in times of joy. This provision of **spiritual** and **emotional care** testifies to Tarbiya Institute's commitment to the families we serve and the responsibility we take to ensure their well-being.

The ummah is vast and growing, and there are thousands of Muslims in the Greater Sacramento area that need to be served. We invite our community members to serve alongside us in this mission as volunteer community chaplains so that Allah (swt) will aid us, His worshippers, as we aid our brothers and sisters fi sabeelillah. **Tarbiya Chaplaincy** is the arm of Tarbiya Institute which extends itself to offer spiritual and emotional care to our Muslim brothers and sisters **beyond the walls of the physical masjid.**

Abu Huraira reported Allah's Messenger (ﷺ) said:

"He who alleviates the suffering of a brother out of the sufferings of the world, Allah would alleviate his suffering from the sufferings of the Day of Resurrection, and he who finds relief for one who is hard-pressed, Allah would make things easy for him in the Hereafter.." (Sahih Muslim)

Imam Sherif Azeez
Tarbiya Institute



Vision

Tarbiya Chaplaincy **serves** the **community's spiritual care** needs following the prophetic tradition by **nurturing** hearts and restoring **spiritual wellness**.



Mission

Tarbiya Chaplaincy **expands spiritual care** to the greater community beyond the walls of the physical masjid

Objectives

1

Train and **deploy** Muslim chaplains to serve the community's spiritual care needs outside the masjid

2

Offer Islamic **spiritual care** to underserved Muslims within the following institutions



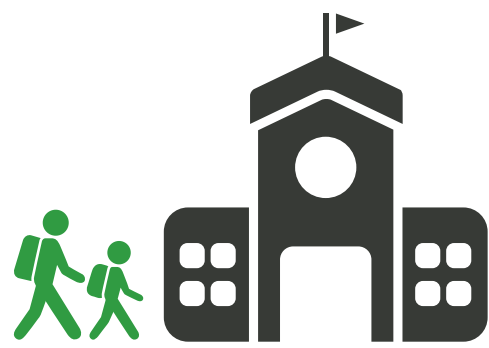
Professional settings with a large Muslim population (i.e. Intel)



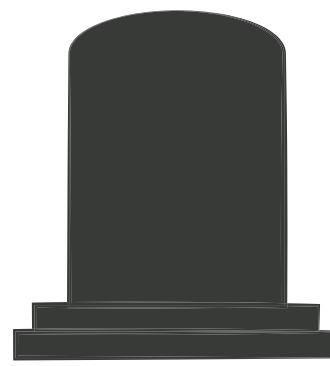
Hospitals, nursing homes, assisted living facilities, intensive medical facilities



Local and state prisons, correctional centers and detention facilities



College and university campuses



Funeral and burial sites

3

Provide **trustworthy referrals** for more **intensive care** as needed.

4

Respond to **dawah requests** through the lens of authentic Islamic knowledge

Core Values

Our chaplains provide spiritual care to the community with the following core values as derived from the best example, our Prophet Muhammad ﷺ

Sincerity إخلاص

Serve with the utmost sincerity to gain the pleasure of Allah (swt) and ease the burdens of those we serve

Compassion رحمة

Serve with a compassionate and nurturing presence to bring peace and hope within the hearts of those we serve

Integrity عدل

Do justice by those we serve who face hardship, trials, and oftentimes injustice in the institutions they come into contact with

Service أمانة

Uphold and fulfill the rights of those we care for in the community with the understanding that we will be held accountable for how we carry out our duty

Student Care

CHAPLAIN'S ROLE



Provide **spiritual care and Islamic education** to college students through 1-on-1 appointments and compelling programs and classes



Connect students to the larger Muslim community in the Greater Sacramento area to ensure they have access to necessary resources



Assist Muslim students in matters related to improving their **campus life**



Advise and **mentor students** on issues that directly relate to and impact their spiritual lives

ISLAMIC ELEMENTS

حلقات

Study Circles

Answer questions and guide discussions at informal study circles to address issues relevant to you

علم

Knowledge

Share with you the relevance of Islam in your life and help access knowledge

نصيحة

Advice

Offer spiritually sound and trustworthy advice on matters important to you

أخوة

Brotherhood/Sisterhood

Help you connect and bond with your fellow Muslim students on campus

"The chaplaincy program provides spiritual care to students who are weakened by the stress of juggling two duties: commitment to their religion and worldly achievements, while carrying the burden of educational demands."

Jawad Habib, Student, Sierra College

Hospital Care

CHAPLAIN'S ROLE

1



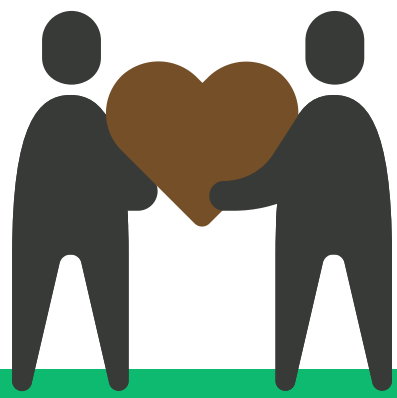
Visit patients in the hospital or at home to offer comforting words, presence and duaad'

2



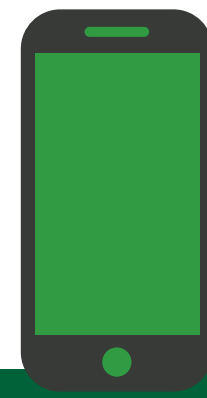
Offer spiritual support to the whole family and help everyone feel at peace during challenging times

3



Provide grief support for families and descendents

4



Provide continuous support via phone/video chat for unusually long stays in a hospital setting

ISLAMIC ELEMENTS



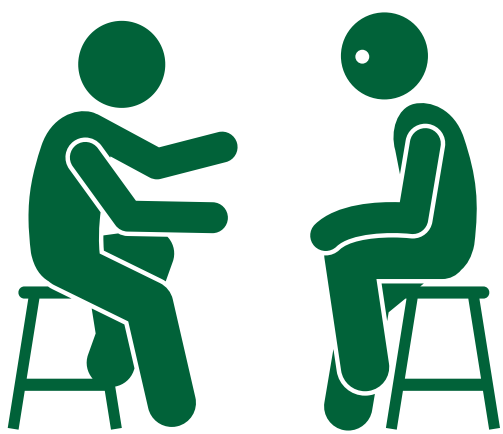
القرآن **Quran**

Recite Quran to comfort the patient and provide advice on the nature of tests in this life



الدعاء **Supplication**

Make dua on behalf of the patient and ask Allah (swt) to heal the patient and grant them sabr



نصيحة **Advising**

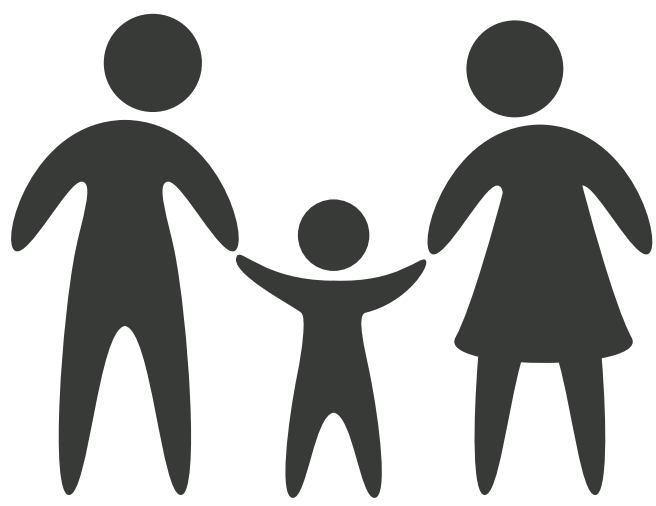
Advise and provide guidance on any Islamic matters important to the patient or their families

"The spiritual needs of Muslim and other minority religious groups are often not adequately met due to the lack of diversity within the chaplaincy programs. Tarbiya Chaplaincy provides care for the spiritual needs of Muslim patients, improve patient well-being, and foster positive patient-physician relationships."

Dr. Sadiyah Iqbal, Physician, Sutter Health

Grief Care

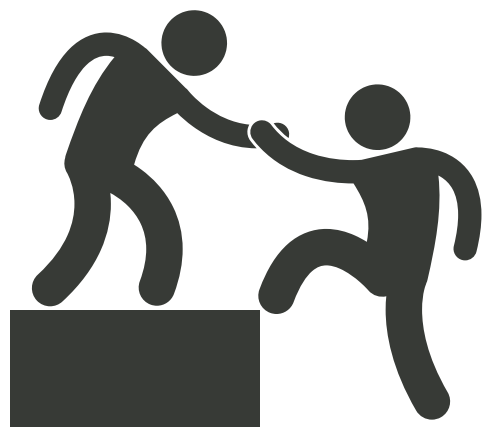
CHAPLAIN'S ROLE



Help process **grief and hardship** by creating an environment that encourages communication and sharing of feelings and struggles



Guide individuals to reconnect with the community for additional support



Help those **facing hardship** understand their unique methods of coping



Connect you with a **professional therapist**, if and when needed

ISLAMIC ELEMENTS

أصول

Foundation

Connect those in hardship with other people in the community to ensure spiritual and social wellbeing

الدعاء

Supplication

Make duaa with you and ask Allah (swt) to assist you through your grief and hardship

نصيحة

Advice

Advise and counseling for those in grief

"Grief can be all consuming, blur the lines of reality and twist a grounded person of faith into a bitter shell. A Tarbiya chaplain can provide grief care when individuals are at their most vulnerable."

Navera Rehimtoola, Chief Communication Officer, Tarbiya Institute

End of life Care

CHAPLAIN'S ROLE



انا لله وانا إليه راجعون

Inna lillahi wa inna ilayhi raji'un

1

Visit patients at the end of their life in the hospital or at home to offer comforting words, presence, and dua

2

Guide family members and the care recipient at the end of their life to prepare sadaqah jariyah arrangements

3

Connect with families to explain the steps to ensure an Islamic burial and funeral

4

Provide grief support for families and descendants

5

Accommodate for the cultural and religious needs of each family, whenever possible

ISLAMIC ELEMENTS



الشهادة

Testimony

Encourage the dying Muslim to affirm his/her faith prior to death by pronouncing Shahada or testimony of faith



الدعاء

Supplication

Make dua on behalf of the patient and ask Allah (swt) to heal the patient and grant them sabr



القرآن

Qur'an

Recite the Quran to comfort the soul of the patient and bring peace into the hearts of those in the room



جنازة

Funeral

Offer instruction on burial and funeral preparations

"Many people have lost their faith or looking for their spiritual guidance. In the hospital, they need chaplains to make dua for patients, supporting families during times of grief, and at end of life."

Ade Zulfikar, Community Chaplain

Inmate Care

CHAPLAIN'S ROLE

1

Correspond through mail and talk directly with inmates requesting spiritual care and support

2

Refer to other organizations to help inmates access Islamic education and resources outside the prison

3

Visit prisons to teach classes, counsel inmates, provide spiritual care and foster relationships

4

Ensure inmates are taken care of during special Islamic events such as Ramadan and Eid

5

Provide support to families with incarcerated loved ones

ISLAMIC ELEMENTS

حلقات

Study Circles

Discuss pertinent and sensitive issues faced by Muslim inmates

علم

Knowledge

Provide religious knowledge relevant and accessible to Muslim inmates

نصيحة

Advising

Advise, counsel, and mentor inmates and their families

أخوة

Brotherhood/Sisterhood

Foster brotherhood and sisterhood between Muslim inmates so that they have better relations inside the prison and look out for one another

"There is a huge unmet need for Islamic services inside and outside of the prisons. We have an opportunity to make Islam shine in the realm of social justice, helping the underserved and vulnerable while presenting prophetic guidance to those who need it most."

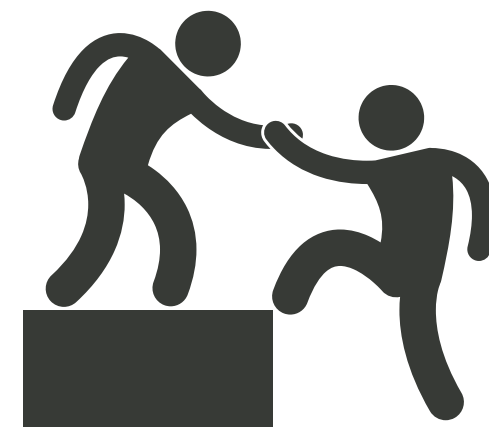
Br. Tabari Abdul-Zahir, Re-Entry Manager, Tayba Foundation

New Muslim Care

CHAPLAIN'S ROLE



Provide spiritual care and **guidance** to new Muslims as they integrate into the faith



Advise and **mentor new Muslims** on moral, religious and social matters



Connect new Muslims to the greater Muslim community and facilitate relationship building

ISLAMIC ELEMENTS

حلقات

Study Circles

Discuss important and relevant issues faced by New Muslims

علم

Knowledge

Share with you the relevance of Islam in your life

نصيحة

Advising

Advise, guide, and mentor New Muslims facing challenging situations

أخوة

Brotherhood/Sisterhood

Facilitate opportunities to foster brotherhood/sisterhood.

"In my struggle and in the pain, I came to know about Tarbiya's Chaplaincy program and having mentors and counsellors during that wonderfully fulfilling, but terribly heartbreaking time was truly a gift from Allah SWT."

Rebekah, Office Manager, Tarbiya Institute



CONSIDER BECOMING A
COMMUNITY CHAPLAIN

Tarbiya Chaplaincy is recruiting for **volunteer** community chaplains to join our **response team**.

SCAN THE QR CODE BELOW OR VISIT OUR WEBSITE AT [TARBIYA.ORG/CHAPLAINCY](https://www.tarbiya.org/chaplaincy) TO FILL OUT AN INTEREST FORM



Email us:

chaplaincy@tarbiya.org

Visit us:

www.tarbiya.org/chaplaincy



REQUEST SERVICES

Please scan the QR code or visit tarbiya.org/chaplaincy to submit a request. You will receive a response within 48 hours.

NOTE: If this is an emergency, please call 9-1-1.

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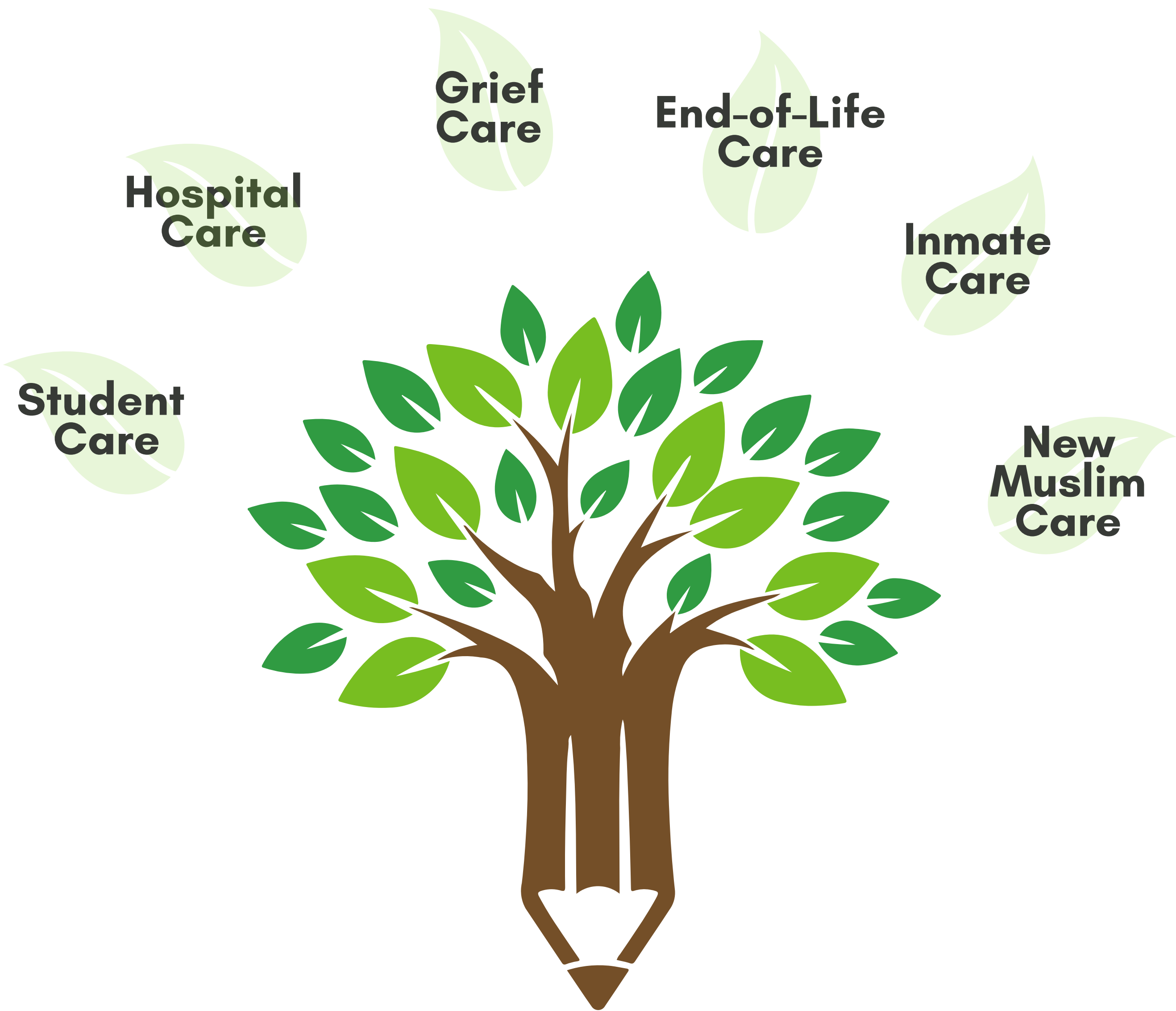
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