

Sacramento County Behavioral Health Services

Time-Limited Community-Driven Prevention and Early Intervention (PEI) Grants

MHSA Steering Committee

July 15, 2021

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Sacramento County Time-Limited Community-Driven Prevention and Early Intervention (PEI) Grants

Through Sacramento County's Mental Health Services Act (MHSA) Steering Committee, there was community and stakeholder support for using one-time MHSA Prevention and Early Intervention (PEI) component funding for community capacity building through prevention activities to support Community-Based Organizations in serving Sacramento County residents in a culturally congruent and effective manner.

Community capacity building is a continuous process that promotes and builds upon knowledge, skills, and resources of the community to develop, implement and sustain their own solutions that address a problem, need or opportunity.



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Who is CalMHSA?

The California Mental Health Services Authority (CalMHSA) is a Joint Powers of Authority (JPA), formed in 2009 for the purpose of creating a separate public entity to provide county Mental Health/Behavioral Health Divisions or Departments with administrative, fiscal, and programmatic support.



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CalMHSA Support

Application Rollout:

- CalMHSA processed proposals
- Assisted applicants with submitting required documents
- Tracked and managed proposals

Awardee Selection & Scoring:

- Developed scoring system and matrix for selected reviewers
- Selected Reviewers (reviewers included community members, providers and county staff)
- Collected and scored proposal evaluations
- Met with Sac Co. BHS and assisted with the selection of awardees
- Announced Awardees

Contracting:

- Developed contracts, including scopes of work and, deliverable timelines for all 35 awardees
- Coordinated with awardees to finalize contracts

Technical Assistance (Initial and Ongoing):

- Grant monitoring
- Monthly check-in meetings with awardees
- Process program & fiscal change requests
- Program support through COVID-19 Pandemic

Evaluation:

- Developed evaluation component and data collection methodology in alignment with MHS PEI regulations and requirements
- Made data collection forms available to grantees & participants via survey monkey and hard copy forms
- Created instructions on data collection for provider and participant

Community Resources:

- CalMHSA provided additional support and county resources to grantees serving communities of color impacted by events in 2020



COVID-19 Pandemic Program Challenges & Solutions

Although the COVID-19 Pandemic caused some program challenges, it also showed us the resiliency of Sacramento County Communities. All granted agencies were able to pivot to the new world we live in. The granted agencies showed that with innovation, creativity, and community support they could continue to meet the needs of their community. The granted agencies have showed their true care and compassion for the communities they serve. Some of the innovative changes included:

- Zoom Support Groups and Webinars
- Virtual Sessions, TedTalks, and Listening Sessions
- Virtual Art Therapy Groups
- Virtual Doula Services
- Virtual Meditation and Yoga Groups
- COVID-19 Testing Site Support
- COVID-19 Vaccination Site Support
- Youth MineCraft Groups
- Facebook Live Mental Wellness Events

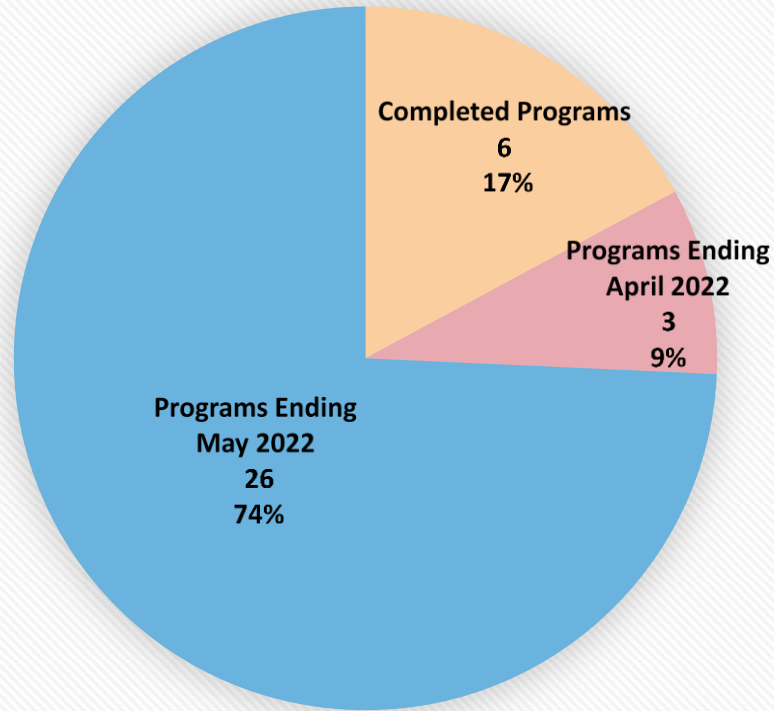
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Contract Completion Status



Completed Programs Programs Ending April 2022 Programs Ending May 2022



Post COVID-19 Pandemic Program Plans

As the state opens up and Sacramento County communities begin return to normalcy, the granted agencies are very hopeful and excited for the in-person outreach and services they will be able to provide in the last year of their funded programs. Granted agencies will continue some virtual services as they have learned that virtual services work best for some community members.

Most of the grantee's plan to deliver hybrid services to continue to serve as many community members as possible how they feel comfortable now in this time of transition.

Thus far, in-person plans include:

- In-person services
- Resources distribution and marketing
- Mental wellness events
- Pop-up events
- Originally proposed program events which were postponed



Sustainability Plans

As part of the grant application, agencies were asked to develop a sustainability plan. The grantees developed many different strategic plans to continue their programs beyond the grant timeline. Some of those plans include:

- Building partnerships with other community-based organizations
- Developing program presentations to present to potential funders
- Creating data collection and service evaluations to provide outcomes on their program to include in future funding opportunities
- Researching and tracking other state, county and private funding opportunities.
- Fundraising



Awarded Agency/Individual

Agile Group	NAMI, Sacramento
Cal Voices	Nation's Finest
California Black Women's Health Project	Native Dads Network
DBSA California	Neighborhood Wellness Foundation
East Bay Asian Youth Center	NorCal Services for the Deaf & Hard of Hearing
Friends for Survival, Inc.	ONTRACK Program Resources
Health Education Council	Opening Doors, Inc.
Her Health First	Public Health Advocates
Hmong Youth & Parents United	SAC Connect Therapeutic and Wellness Services
Improve Your Tomorrow	Sacramento Covered
International Rescue Committee, Inc.	Safe Black Space
Justice Teams Network	Tarbiya Institute
La Familia Counseling Center, Inc.	Teah M. Hairston – Be Love Wellness
Lao Family Community Development, Inc	The Sacramento LGBT Community Center
Mallory Ewing & Gail Anderson – Youth Mental Health	Trans & Queer Youth Collective
Mental Health CA	University Enterprises, Inc.
Muslim American Society – Social Services Foundation	WEAVE, Inc.

Sacramento County Time-Limited Community-Driven Prevention and Early Intervention (PEI) Grants - Contract Status

Agency/Individual:	Contract Status:
Agile Group	Current
CalVoices	Current
CA Black Women's Health Project	Current
DBSA CA	Completed – August 31, 2020
East Bay Asian Youth Center	Current
Friends for Survival	Completed – May 31, 2021
Health Ed Council	Current
Her Health First	Current
Hmong Youth & Parents	Current
Improve Your Tomorrow	Current
International Rescue Committee	Current
Justice Teams Network	Current
La Familia	Current
Lao Family Community Development	Current
Mallory Ewing & Galle Anderson (Youth MH)	Current
Mental Health CA	Current
Muslim American Society-Social Services Foundation	Current
NAMI, Sac	Current
Nation's Finest	Current
Native Dad's Network	Completed – May 31, 2021
Neighborhood Wellness Foundation	Completed – January 31, 2021
Nor Cal Services for the Deaf & Hard of Hearing	Current
ONTRACK	Current
Opening Doors	Current
Public Health Advocates	Current
SAC Connect	Current
Sacramento Covered	Current
Safe Black Space	Current
Tarbiya	Current
Teah Hairston (Be Love)	Completed – May 31, 2021
Sacramento LGBT Center	Current
Trans & Queer Youth Collective	Current
University Enterprises	Current
WEAVE, Inc	Current



Thank you!

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or

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