



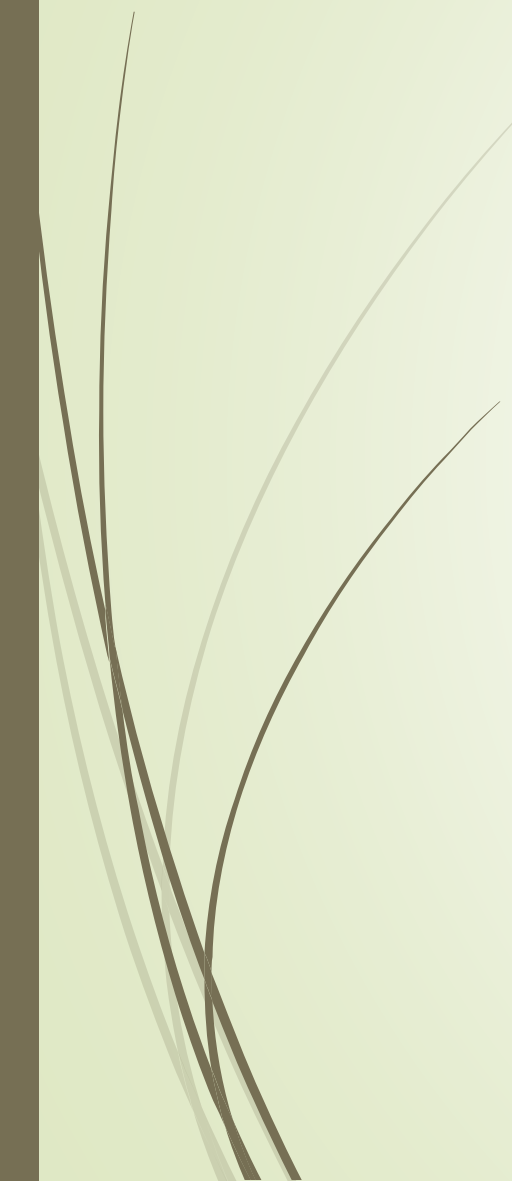
# Equity/Diversity and Addressing Disparities

Presentation to the  
Sacramento County Mental Health Services Act Steering Committee  
February 18, 2021

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# Addressing Disparities

- ▶ Cultural Competence Plan
  - ▶ Cultural Competence Committee
  - ▶ Behavioral Health Racial Equity Collaborative (BHREC)
  - ▶ Equity Impact
  - ▶ Workforce Education and Training
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# Cultural Competence Plan



- 2020 Cultural Competence Plan – annual update required by state
- BHS Reports & Workplans page: <https://dhs.saccounty.net/BHS/Pages/GI-BHS-Reports.aspx>
- Click on the link to access the 2020 Cultural Competence Plan: <https://dhs.saccounty.net/BHS/Documents/Reports--Workplans/Cultural-Competence-Plan-2020.pdf>
- Changing demographics - Farsi added as a threshold language
- Human Resource Survey and Language Proficiency Survey
- Cultural Competence Committee – part of Quality Improvement Committee
- Outreach and engagement – penetration rates

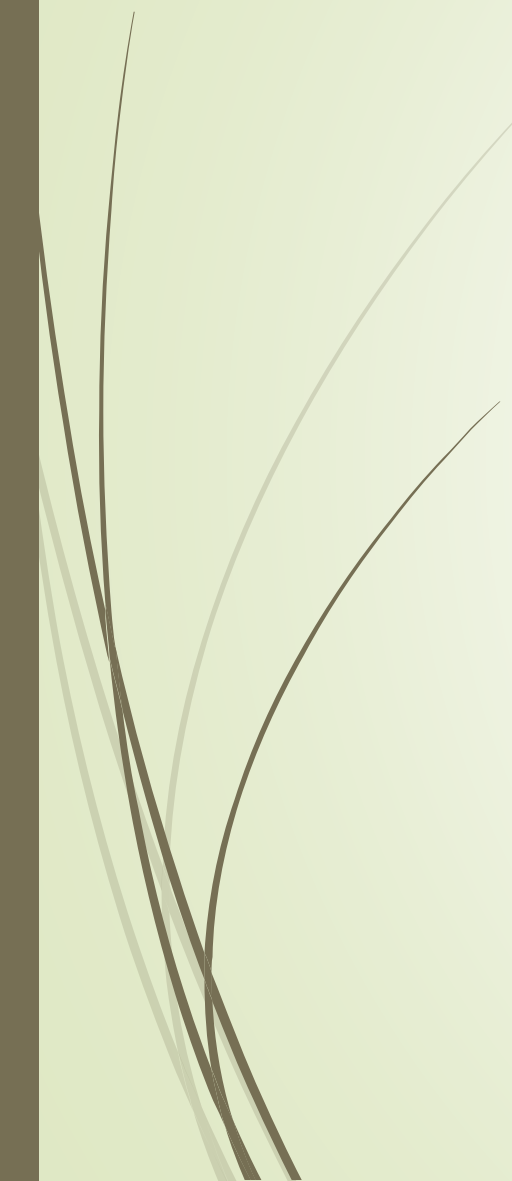


# Behavioral Health Equity

- ▶ Behavioral Health Equity is the right to access quality health care for all populations regardless of the individual's race, ethnicity, gender, socioeconomic status, sexual orientation, or geographical location. This includes access to prevention, treatment, and recovery services for mental and substance use disorders (<https://www.samhsa.gov/behavioral-health-equity>).
- ▶ Targeted Universalism involves setting a universal goal that can be achieved through targeted approaches (<https://belonging.berkeley.edu/targeteduniversalism>)



# Behavioral Health Racial Equity Collaborative

- ▶ Piloting targeted universalism approach in order to improve behavioral health outcomes in Sacramento County.
    - ▶ Transformational vs transactional relationship with African American/Black/Of African Descent community members and BHS leadership resulted in creation of vision and values for this year's BHREC pilot
    - ▶ BHS and eight BHS providers have formed a Behavioral Health Racial Equity Collaborative (BHREC) and each will develop Racial Equity Action Plans using their own strategies to achieve the shared behavioral health equity goals of the BHREC.
    - ▶ Core goals of the BHREC will be focused on areas for which BHS has influence and will be identified by the BHREC Steering Committee
    - ▶ This Collaborative will serve as a pilot so that BHS and its providers can learn how to work effectively in and with communities to achieve equity
  - ▶ Read more: <https://dhs.saccounty.net/BHS/Documents/BHREC/Behavioral-Health-Racial-Equity-Collaborative.pdf>
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# Equity Impact

- ▶ Prevention and Early Intervention
  - ▶ Supporting Community Connections
  - ▶ Mental Health Respite programs
  - ▶ Community Driven Grants administered via CalMHSA on behalf of BHS
  - ▶ “Mental Illness: It’s not always what you think” project creative refresh
- ▶ Community Services and Supports
- ▶ New programs based on community input:
  - ▶ Trauma Informed Wellness Program
  - ▶ Trauma Informed Culturally Responsive Treatment
- ▶ Community Defined Evidence Practices (CDEP)
  - ▶ California Reducing Disparities Project (CRDP) Phase 2 (6 in Sacramento County)
  - ▶ Implementation Pilot Project (IPP) <https://cultureishealth.org/>
- ▶ E-Newsletter from Cultural Competence / Ethnic Services Unit
- ▶ Workforce Education and Training efforts



# Questions?

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