

**Sacramento County  
Department of Health Services  
Division of Behavioral Health Services  
Mental Health Services Act (MHSA) Steering Committee**

**Meeting Minutes**

February 20, 2020, 6:00 PM – 8:00 PM

**Meeting Location**

7001-A East Parkway | [map](#)

Sacramento, CA 95823

Conference Room 1

**Meeting Attendees:**

- MHSA Steering Committee members: Christopher Barton, Emily Bender, Michelle Callejas, Karen Cameron, Ebony Chambers, Genelle Eskow, Anatoliy Gridyushko, Daniela Guarnizo, Hafsa Hamdani, Erin Johansen, Olivia Kasirye, Ellen King, Lynn Keune, Synthya Lathipanya, Ruth MacKenzie, Ryan McClinton, Susan McCrea, Lori Miller, Leslie Napper, JP Price, Ryan Quist, Gordon Richardson, Christopher Williams
- General Public

Agenda Item	Discussion
<b>I. Welcome and Member Introductions</b>	The meeting was called to order at 6:05 p.m. MHSA Steering Committee members introduced themselves.
<b>II. Agenda Review</b>	The agenda was reviewed; no changes were made.
<b>III. Approval of Prior Meeting Minutes</b>	The January 2020 draft meeting minutes were reviewed and approved with one correction, removing the duplicate reference to Attachment G.
<b>IV. Announcements</b>	<p><b>Leslie Napper:</b> February is Black History Month.</p> <p><b>Daniela Guarnizo:</b> February is also National Parent Leadership Month. I want to thank all parents here today advocating for their kids and their communities.</p> <p><b>Anne-Marie Rucker,</b> Behavioral Health Services (BHS) Program Planner: The Division will hold a Behavioral Health Services Community Conversation at Oak Park Community Center on Wednesday, February 26, from 3:30 to 7:00 p.m. Dinner will be provided and play care will be available for children of participants. We will also have American Sign Language and Spanish interpreters present. Please register soon. See <a href="#">Attachment A – BHS Community Conversation flyer</a></p> <p><b>Lilyane Glamben,</b> ONTRACK Program Resources: We are holding focus groups this week and next week for African Americans with lived experience of substance use. These focus groups will inform content development of trainings, technical assistance, and other project activities. See <a href="#">Attachment B – ONTRACK Program Resources MAT Access Points Project</a></p>

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	<p><a href="#"><u>Announcement</u></a> and <a href="#"><u>Attachment C – ONTRACK Program Resources African American Focus Groups flyer.</u></a></p>
<p><b>V. Executive Committee / MHSA Updates</b></p>	<p><b>Executive Committee Update</b>          Emily Bender, Executive Committee member, reminded attendees that the MHSA Steering Committee Application Form is included in meeting packets and encouraged members and the public to share it with anyone who might be interested in serving on the Committee.</p> <p><b>MHSA Updates</b></p> <p><u>Time-Limited Prevention and Early Intervention (PEI) Community Driven Grants</u>          Dr. Ryan Quist, Behavioral Health Director, announced that on January 27, 2020, a Request for Proposals (RFP) was released for \$10 million in PEI funds to build community capacity in Sacramento County. See <a href="#"><u>Attachment D – Funding Opportunity for Time-Limited PEI Community-Driven Grants.</u></a> The grant applications are due March 13, 2020. California Mental Health Services Authority (CalMHSA) is overseeing the competitive bid process and will also administer the Time Limited PEI grant process once they are awarded. This allows Sacramento County to avoid hiring permanent staff to monitor time-limited grants.</p> <p><u>Adult Residential Treatment and Augmented Board and Care</u>          Three weeks ago the Board of Supervisors approved \$2.5 million for Adult Residential Treatment, mental health rehabilitation centers in which participants live on site and are provided with mental health services. This is a new level of care, a step below mental health hospitals in intensity and a step above board and care facilities.</p> <p>The Board also approved \$2.5 million for Augmented Board and Care services. Board and care facilities in Sacramento County cannot stay in business with the limited resources they receive and many are changing to room and board structure. We hope this money will help to change that.</p> <p><u>PEI African American Trauma Informed Wellness Program</u>          The county has heard the community’s feedback over the last few weeks regarding the rollout of the African American Trauma Informed Wellness Program. One highlight of that feedback was recommendations to work with Sierra Health Foundation (SHF) to administer the program. We have begun talks with SHF to explore that possibility.</p> <p><u>Statewide Workforce Education and Training (WET) Funds</u>          Governor Newsom’s proposed state budget contains funds totaling \$40 million statewide for WET. These funds would be</p>

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	<p>divided up between regions and would be available to counties contributing a 33% match. Sacramento County is part of the Central region. Total available funds to the Central region would be \$8.3 million (including the required match funding). Sacramento County would need to contribute \$430,000 to access these funds, but would be guaranteed to get at least as much back as we put in.</p> <p>We do not have any action on this planned today, but plan to bring this back for action at the next Steering Committee meeting. We would be interested in hearing what the community thinks at this point in time.</p> <p><u>MHSA Fiscal Year 2019-20 Annual Update</u>            Jane Ann Zakhary, Division Manager: We recently completed the community planning process for the MHSA FY 2019-20 Annual Update to our three year revenue and expenditure plan. This was the third and final year in this three-year plan. The Board of Supervisors approved the Annual Update earlier this month and will be submitting it to the State shortly.</p> <p><u>MHSA Fiscal Year 2020-21, 2021-22, 2022-23 Three-Year Plan</u>            We are now planning to develop the next three year plan, which will span Fiscal Years 2020-21, 2021-22, and 2022-23 and will have budget pages for all three fiscal years. We will be talking more about this process and the timeline in the coming months.</p>
<p><b>VI. 2020 Census</b></p>	<p>Judy Robinson, Sacramento County Census Manager, reported on the efforts to implement the 2020 Census in Sacramento County. See <a href="#">Attachment E – California Census 2020 Sacramento County overview</a>, <a href="#">Attachment F – Sacramento Counts brochure</a>, and <a href="#">Attachment G – 2020 Census FAQ</a>.</p> <p><b>Member Discussion and Questions</b></p> <p>Is online the only way people can complete the census?  <i>Online is the preferred method because the Census Bureau can update their records more quickly, but individuals can also complete the Census by phone or using paper forms.</i></p> <p>You mentioned that no one outside the Census can access personal information given to the census, although some have tried in the past. What assurances can we provide to people in the community that this information will not be shared with other government agencies in future?  <i>A very good question. I usually bring someone from the U.S. Census with me to address this. The Federal government is in charge. There are criminal penalties, including imprisonment, for Census personnel who share this data.</i></p>

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	<p>Thank you for your presentation. I have seen opportunities to work with the census. Is that from the County or State?  <i>The jobs are U.S. Census Bureau federal jobs and I believe they are winding down the hiring process locally. Sacramento County exceeded hiring goals by 114%. There are many other parts of California and the country where they do not have enough staff. You can still go online to see if they are accepting applications.</i></p> <p>We operate several residential properties housing people with severe mental illness. Some of our tenants are concerned, because we have been contacted by people with nongovernmental email addresses. The information does not seem legitimate. Is there a number we can call to validate?  <i>There are a number of different efforts out there, including some people trying to cause confusion and be disruptive. There is a group quarters count of individuals in group homes, assisted living environments, and nursing homes. The Census Bureau will contact those locations to set up times and ways of counting residents on March 12. Census employees will have badges and may be working out of their homes or at phone banks, but at this point in time if they are calling individuals it should just be to let them know that the census is coming, how important it is, and to fill it out when it is received. There is a number you can call, but if you can give me a card I will follow up to take corrective action.</i></p> <p>Will the homeless population be counted?  <i>They will be counted, but that count will not be complete. We will spend one day going to feeding sites and another day going to shelter sites. We will also spend a night in the field counting people in encampments. Sacramento Steps Forward, Mutual Housing, and several other organizations are assisting. We know our efforts will be insufficient to capture the actual numbers and we expect a gross undercount. From a cultural awareness and safety perspective, both here and in other counties we wanted to use peer navigators to help gain a more accurate count, but we have been unable to persuade the Census Bureau to allow this.</i></p> <p>In the section of your presentation about “hard to count” characteristics, you list “Foreign-born,” which carries negative connotations. It is like saying “outsider.” Could you use a different term for that?  <i>Absolutely. That is the terminology being used by the Federal government and sometimes their wording is copied in our materials. Our feedback is not always accepted, but I appreciate your comment and sensitivity to it.</i></p>
<p><b>VII.</b> Behavioral Health Services Budget</p>	<p>Dr. Quist presented an overview of Sacramento County’s Behavioral Health Services budget for Fiscal Year 2019-20. See <a href="#">Attachment H – BHS FY2019-20 Budget Overview Presentation</a>.</p>

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<p>Overview Presentation</p>	<p><b>Member Discussion and Questions</b></p> <p>If we can get Medi-Cal funds for Administration funding up to 15%, why would we only have administration funded at 9.2% of the total budget?  <i>To get more Medi-Cal match dollars in administration, we would have to move money from services to increase the administration budget.</i></p> <p>Is the current percentage of 9.2% for administration costs adequate to our county's need?  <i>I would say we are running a slim ship.</i></p> <p>You spoke about the challenge regarding the 1991 realignment funding and how it has not been adjusted since. What are some of the ways you are looking at readjustment? Would that be a local policy change or would it come from the state?  <i>It would probably have to come from the Governor's Budget in the form of new funding from the state for counties.</i></p> <p>Is there any possibility for the Crisis Stabilization Unit to come back at the Treatment Center? Also, when we send clients to out-of-county hospitals like Woodland, do we get to draw down Medi-Cal?  <i>It is a higher total cost to send people there, and is typically reserved for patients with physical health complications as well as mental health challenges, but we get more federal funds so doing so still saves money.</i></p> <p>Is the Substance Use Disorder funding for both children and adults?        Yes.</p> <p>Are there any new PEI programs in the works?  <i>The big one right now is the new \$10 million in PEI time-limited grants released on January 27<sup>th</sup>. We look forward to seeing what proposals are put forward by the community. The deadline for that is March 13, 2020.</i></p>
<p><b>VIII. General Steering Committee Comment</b></p>	<p>Regarding the workforce part of your presentation, can you address what the county is thinking about regarding retention?  <i>It comes down to what strategies you want to do. One of the top retention best practices or strategies that has been suggested is a loan repayment program.</i></p> <p>Speaking as a consumer, I have an idea for PEI services. When I was in high school, I had a mental illness, but didn't know it was mental illness. It would be good for schools to have someone come in to assess the students to see if they are going through</p>

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<p><b>IX. General Public Comment</b></p>	<p><b>Niki</b>, Sacramento Homeless Organizing Committee, Sacramento Youth Council, and Incarcerated Sacramento: Could you provide a status update for Innovation Project 5? <i>BHS staff is working to write up the plan incorporating the Workgroup recommendation and MHSA Steering Committee feedback. The plan will then be posted for 30-day public review and commit, followed by a Public Hearing. The plan must then be submitted to the State for approval. We have reached out to MHSOAC for technical assistance with this. After the state approves we must get approval from the Board of Supervisors. We hope to get State approval by June 30<sup>th</sup>.</i></p> <p><b>Robin Barney</b>, Adult Family Advocate Liaison with Cal Voices: Read part of prepared statement. See <a href="#"><u>Attachment I – Advocate liaison joint comment on Sacramento County Behavioral Health system of care and BHS presentation to the Mental Health Board on February 5, 2020.</u></a></p> <p><b>Katherine Ferry</b>, Client Advocate Liaison with Cal Voices: Read part of prepared statement. See <a href="#"><u>Attachment I – Advocate liaison joint comment on Sacramento County Behavioral Health system of care and BHS presentation to the Mental Health Board on February 5, 2020.</u></a></p> <p><b>Leslie Napper</b>, speaking as community member: Read from prepared statement. See <a href="#"><u>Attachment J – Joint Letter to Dr. Quist and Sacramento County Behavioral Health Services leadership.</u></a></p> <p><b>Garland Feathers</b>: I heard a lot of talk regarding inclusion and collaboration, which brought to mind a phrase that has been used in the consumer movement for years: Nothing about us without us. I would hope that would still hold true in whatever this committee takes action on.</p>

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<b>X. Adjournment / Upcoming Meetings</b>	The meeting was adjourned at 8:03 p.m. Upcoming meetings will be held on <ul style="list-style-type: none"><li>• <del>March 19, 2020</del> <i>canceled</i></li><li>• April 16, 2020</li></ul>

Interested members of the public are invited to attend MHSA Steering Committee meetings and a period is set aside for public comment at each meeting. If you wish to attend and need to arrange for an interpreter or a reasonable accommodation, please contact Anne-Marie Rucker one week prior to each meeting at (916) 875-3861 or [ruckera@saccounty.net](mailto:ruckera@saccounty.net).