



Wind Youth Services Homeless Teen and TAY Respite Program

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MHSA Steering Committee

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This program is funded by the Division of Behavioral Health Services through the voter approved Proposition 63, Mental Health Services Act (MHSA).

Introducing Wind Youth Services Homeless Teen and TAY Respite Program

- ▶ Homeless Teens and TAY Respite Program originated in 2013 as one of the mental health respite programs funded through time-limited MHSA Innovation Project 1: Respite Partnership Collaborative (RPC).
- ▶ The RPC's objective for respite programs was to reduce the impact of mental health crises and create alternatives to psychiatric hospitalizations.
- ▶ During FY 2015-16, with MHSA Steering Committee support, this and other respite programs transitioned to MHSA Prevention and Early Intervention (PEI) component funding.

Wind Youth Services Homeless Teen and TAY Respite Program

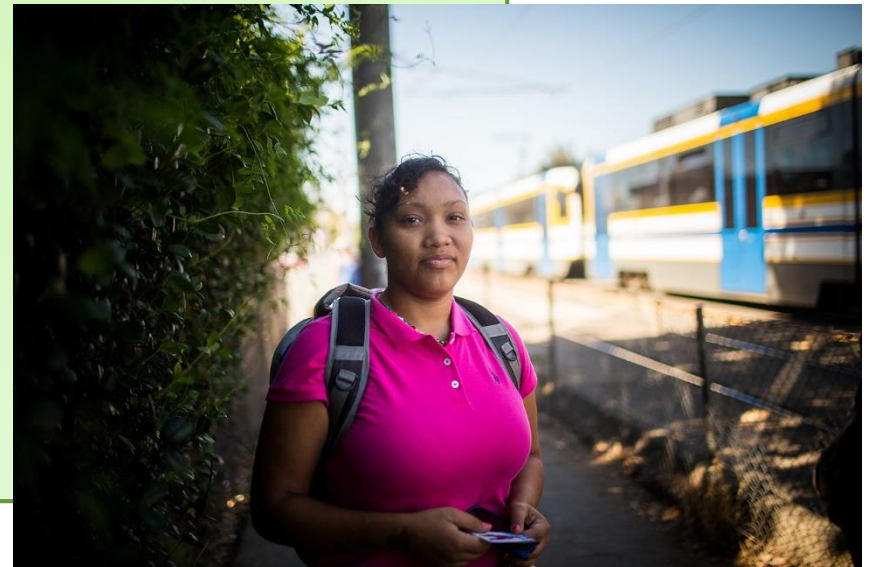
SUPPORTING THE NEEDS
OF YOUTH EXPERIENCING
HOMELESSNESS IN
SACRAMENTO, CA



Our Mission

Wind Youth Services provides supportive services and opportunities to youth experiencing homelessness as they pursue self-determined lives of stability and independence.

In partnership with the County of Sacramento, the Wind Center serves as a Respite location for transitional age youth experiencing housing instability or homelessness.



Who does Homeless Teen & TAY Respite Program serve?

- ▶ Respite program serves youth ages 13 to 25
- ▶ Eligibility for respite services include: need for service and intention to adhere to community guidelines
- ▶ Low-barrier



What Homelessness Looks Like



What Definition do we use?



Barriers to accessing services

FEAR

Not Youth-Friendly

Friendly

Inaccessible



The services youth seek:

- ▶ Permanent Housing
- ▶ Emergency Shelter
- ▶ Case Management
- ▶ Education and Career training
- ▶ Transportation



Additional Services for Teens and TAY Utilizing the Respite Center

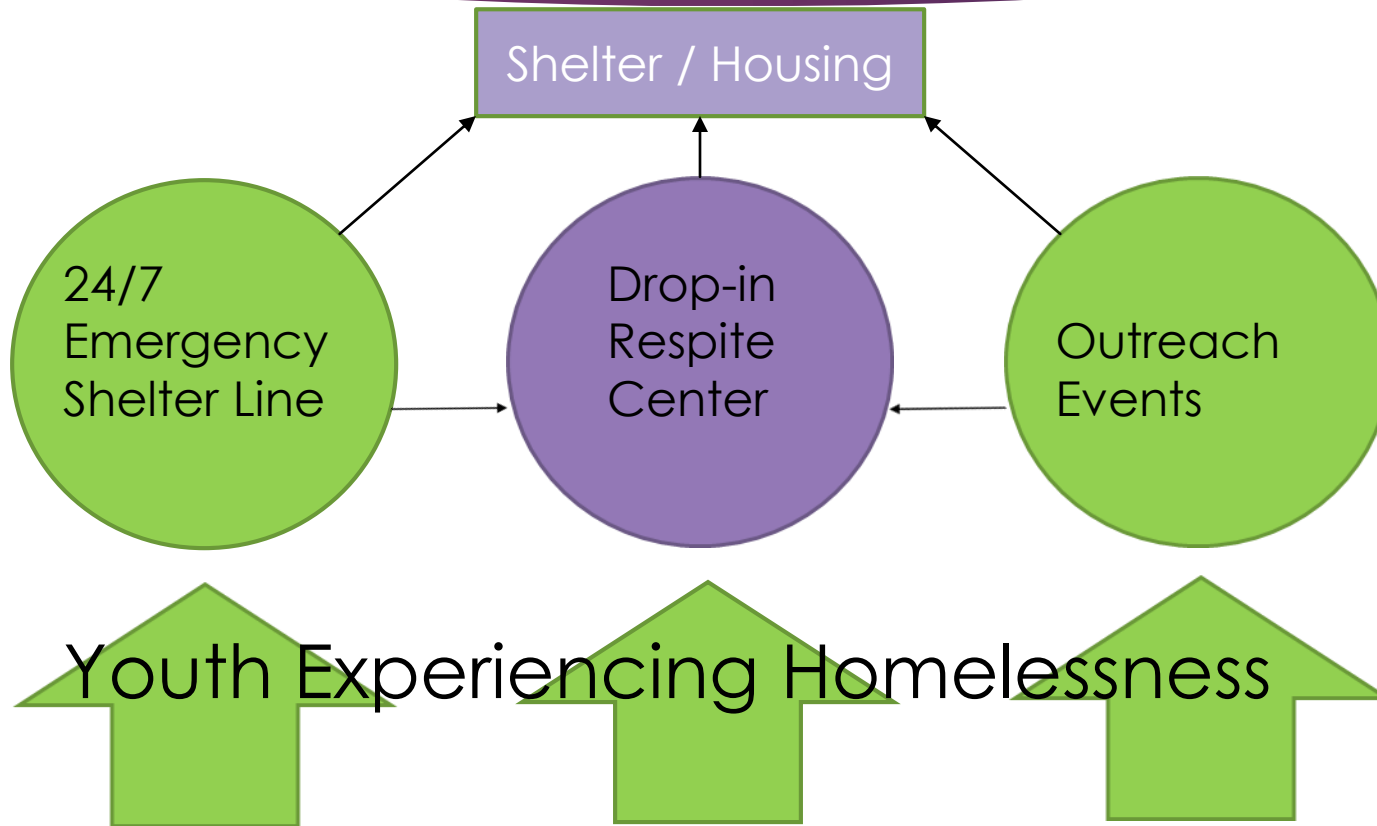
- ▶ 24-hour Emergency Shelter – 916-628-1492
- ▶ 7 day/week drop-in center providing basic needs and respite services – 815 S Street
- ▶ Transitional Housing
- ▶ Permanent Housing
- ▶ Employment Coaches & Internships
- ▶ Prevention/Diversion
- ▶ Launch Competencies and training



The Theory of Change



How do Youth Access?



Homeless Teens and TAY Respite Program - Enrollments

- ▶ Extended hours from 7AM- 6 PM M-F and 7:30-3:30 on the weekends
- ▶ In 2019, the Respite Program enrolled 612 **new** clients
 - ▶ Average daily attendance: 50 unique youth/day
 - ▶ Average monthly attendance: 193 unique youth/month
 - ▶ In 2019, the highest daily attendance was 80 youth in one day, the lowest was 23
 - ▶ In 2019, Wind provided a total of 24,464 services (not including meals) and 35,913 meals to youth accessing the Respite Program

Mental Health Connections

All Respite Center staff are trained in Youth Mental Health First Aid

Our Mental Health Partners:

- ▶ Youth Help Network
- ▶ Sacramento County Division of Behavioral Health Services
- ▶ Sac State Office of Rehabilitation

Services Provided:

- ▶ Mental Health Referrals
- ▶ Crisis Counseling
- ▶ Assessment and Support
- ▶ Peer Counseling

Mental Health Services

- ▶ The Respite Program assisted youth 247 times with accessing Behavioral Health Services in 2019
- ▶ 972 workshops attended by 362 unique youth
- ▶ Consumer satisfaction consistently rates at or above 96% in the following categories:
 - ▶ I felt safer
 - ▶ Feeling less alone
 - ▶ Felt respected and accepted
 - ▶ Learned something helpful
 - ▶ I know where to go for help
 - ▶ I feel less stressed

Testimonial

“J.” is a 21 year old youth participant who has maintained a low-risk mental health record and has utilized respite and crisis referral services throughout his participation in programs. Recently, he had a heightened mental health crisis and utilized staff to connect to intensive inpatient mental health services. Due to the relationship staff have built with this youth, he was able to identify what his support needs were and allowed staff to intervene. “J” was assessed and admitted into Sierra Vista on an involuntary hold, which was then extended. Over the course of his treatment in the hospital, staff visited and were able to provide ongoing support throughout his stay. Staff were also able to connect with his mother and grandparents to re-build his relationship with them after seeking help. Since his release, staff have been able to work more closely with this youth to provide the services required to help him in his success and connect him with on-going supportive resources.”

The Center – 815 S Street

- ▶ Hours of Operation: M-F 7AM – 6 PM and weekends 7:30-3:30
- ▶ On-site Health Clinic operated by One Community Health open Tuesdays 9 am – 1 PM and Thursdays 1 PM – 5 PM
- ▶ The Impact Academy, high school open 5/days week, blending classroom and independent studies
- ▶ TAY Access Point for Coordinated Entry
- ▶ On-site employers and employment services
- ▶ The Creation District art studio