

**Sacramento County
Department of Health Services
Division of Behavioral Health Services
Mental Health Services Act (MHSA) Steering Committee**

Meeting Minutes

April 16, 2020, 6:00 PM – 8:00 PM

Meeting Location

Webinar and Phone Conference

Meeting Attendees:

- MHSA Steering Committee members: Ann Arneill, Emily Bender, Michelle Callejas, Karen Cameron, Ebony Chambers, Shaunda Cruz, Genelle Eskow, Hafsa Hamdani, Erin Johansen, Lynn Keune, Ellen King, Ruth MacKenzie, Brent Malicote, Karly Mathews, Ryan McClinton, Lori Miller, Leslie Napper, JP Price, Ryan Quist, Gordon Richardson, Christopher Williams, Rosemary Younts

Agenda Item	Discussion
I. Welcome and Member Introductions	The meeting was called to order at 6:05 p.m. MHSA Steering Committee (SC) members introduced themselves.
II. Agenda Review	The agenda was reviewed; no changes were requested.
III. Approval of Prior Meeting Minutes	The February 2020 draft meeting minutes were reviewed; no changes were requested.
IV. Announcements	None.
V. Executive Committee / MHSA Updates	<p>Executive Committee Update</p> <p>SC Co-Chair Leslie Napper announced that members will be asked at an upcoming meeting to submit nominations for SC Co-Chair to fill behind Co-Chair Emily Bender, whose term is ending soon.</p> <p>MHSA Updates</p> <p><u>Behavioral Health Service Provision during COVID-19</u></p> <p>Dr. Ryan Quist, Sacramento County Behavioral Health Director, briefed the SC on the current status of behavioral health services and upcoming plans and challenges.</p> <p>Behavioral Health services are essential services needed in the community and we are still delivering them. Our providers have been very creative in finding ways to deliver services throughout this crisis. Most outpatient programs have moved to telehealth, delivering services via online video communication and telephone. The Mental Health Treatment Center is at slightly reduced capacity but remains in operation. As yet, there have been no known COVID-19 cases there. The Mental Health Urgent Care Clinic and Crisis Stabilization Units also remain</p>

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	<p>operational, as do our Substance Use Disorder Residential Treatment facilities.</p> <p>Behavioral health directors from counties around the state met yesterday with state legislators about the challenges we face. We expect to face funding shortfalls. Most funding for behavioral health services is linked to the economy. Realignment funds are tied to the sales tax and vehicle license fees. MHSA funds are linked to the “millionaire’s tax.” In addition, we expect increasing demand for services due to increasing stressors (health anxiety, job loss, isolation) and factors such as mass releases from jails of people with behavioral health issues.</p> <p>Project Roomkey is being implemented statewide and locally, primarily for homeless people who have COVID-19 or are considered at-risk.</p> <p><u>MHSA Three-Year Plan</u> Jane Ann Zakhary, Division Manager, announced that in light of the COVID-19 crisis, the completion timeline of the MHSA Fiscal Year 2020-21, 2021-22, & 2022-23 Three-Year Plan has been pushed back to late summer.</p> <p><u>Forensic Innovation Project</u> Innovation Project #5, the Forensic Behavioral Health project that came before the SC for its approval earlier this year, will continue to move forward. We have held preliminary meetings with Mental Health Services Oversight and Accountability Commission (MHSOAC) staff and are continuing to develop that plan. Our goal is to receive MHSOAC approval to proceed with this plan by the end of this fiscal year.</p>
<p>VI. Statewide Workforce Education and Training (WET) Funds Presentation (continued from previous meeting)</p> <ul style="list-style-type: none"> • Member Discussion • Public Comment • SC Action 	<p>Dr. Quist introduced Mary Nakamura, Cultural Competence & Ethnic Services / Workforce Education & Training Program Manager, who reported on the impact of statewide WET efforts in Sacramento County and the current WET Five Year Plan Program Framework. See Attachment D – Statewide Workforce Education and Training Funds Presentation.</p> <p>The SC is asked to take action on whether or not to support contributing WET funding as local match dollars to allow Sacramento County to access grants awarded to the Central Regional Partnership during the 2020-2025 grant period. This item was introduced at the last meeting with action planned this evening.</p> <p>SC members with a potential conflict of interest were requested to recuse themselves. SC members Lynn Keune and Ebony Chambers recused themselves from discussion and voting.</p>

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	<p>Member Discussion and Questions Could existing behavioral health career path training efforts expand to include more high schools than those served at present? <i>This would be dependent on community input. If the community prioritizes this, yes, it could.</i></p> <p>What is the plan to increase language skills, and cultural competence in behavioral health service providers? <i>If we join this WET project, we would be partnering with nearby counties in our region. Based on the feedback we have received, we would recommend actions such as weighted scoring tools used in Loan Assumption programs to reflect our county's need for qualified personnel with those skills.</i></p> <p>Including schools with diverse populations in behavioral health career path training would be a good step in that direction.</p> <p>We have a shortage of behavioral health workers across the board and at every level.</p> <p>Rosemary Younts moved to support Sacramento County participation in statewide effort and the contribution of \$430,794 to the Central Regional Partnership during the 2020-2025 grant period. Brent Malicote seconded.</p> <p>Public Comment Katherine Ferry, Cal Voices consumer advocate liaison: Peer and lived experience professions should be included as part of the schools' WET curriculum.</p> <p>Lilyane Glamben, OnTrack Program Resources: I applaud Sacramento County for being able to account for and track what it has done with its WET dollars. This would be a great opportunity to address disparities in the workforce.</p> <p>SC Action Motion passed.</p>
<p>VII. California Mental Health Services Authority (CalMHSA) Prevention and Early Intervention (PEI) Statewide Projects Presentation and FY 2020-21</p>	<p>Jane Ann Zakhary presented the state and local impact of the CalMHSA PEI Statewide Projects and Sacramento County historical contributions to date. See Attachment E – CalMHSA PEI Statewide Projects Presentation and Attachment F – PEI Statewide Projects Sustainability for Consideration.</p> <p>The SC was asked to take action on whether or not to support commitment of local PEI funding in the MHSA Three Year Plan to sustain these statewide activities and explore new possibilities and, if so, at what level.</p>

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<p>Assignment of Funds</p> <ul style="list-style-type: none"> • Member Discussion • Public Comment • SC Action 	<p>Co-Chair Emily Bender called for SC members with a potential conflict of interest to recuse themselves. Emily named herself as having a potential conflict and recused herself from the discussion and vote on this matter.</p> <p>Member Discussion and Questions None.</p> <p>Ruth MacKenzie moved that Sacramento County sustain the PEI Statewide Project with a commitment of 3% of Sacramento County PEI funding. Michelle Callejas seconded.</p> <p>Public Comment None.</p> <p>The vote on this matter will take place by a SurveyMonkey emailed to all SC members and alternates. The results will be announced at the next meeting.</p>
<p>VIII. General Steering Committee Comment</p>	<p>Brent Malicote: I would like to thank Dr. Quist. He came to the Sacramento County Office of Education filming studio and helped to put together two very good videos, Taking Care of Children and Taking Care of Yourselves, that highlight some of the resources made available by BHS to support mental health and wellness during the COVID-19 crisis. They are available at https://scoe.net/divisions/administration/communications/coronavirus/resources/videos under the Wellness heading.</p> <p>Rosemary Younts: Thanks to Dr. Quist and all BHS staff for the extraordinary level of communication during this crisis, checking in and touching base with providers. The support we have gotten from the state and local health departments has been super helpful.</p> <p>Michelle Callejas: Thank you MHSA Team, way to adapt!</p>
<p>IX. General Public Comment</p>	<p><i>Multiple commenters supported the use of Zoom for future virtual meetings.</i></p> <p>Amelia Garnica, Cal Voices: Does BHS believe PEI should still be funded at this level, given that there will be a reduction in realignment funding (due to a reduction in sales tax revenue) needed to draw down federal matching dollars?</p>

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	<p>Nicole Scanlan, community member: How will applicants for the MHSA PEI mini-grants administered by CalMHSA be notified if they have been awarded funding? <i>It will be announced on the CalMHSA website.</i></p> <p>Lilyane Glamben, OnTrack Program Resources: There is incredible disproportionality in those who have been afflicted by COVID-19. In Chicago, it is almost 80%. Nationwide, it is about half.</p> <p>Thank you for continuing with the conversations with Sierra Health Foundation regarding the PEI African American Trauma Informed Wellness Program.</p> <p>It seems likely that social distancing and isolation will continue to be the “new normal” for a while, and that will be a source of trauma as well.</p> <p>Jesse Wright, Cal Voices: In regards to the previous comment, I have read about suicides caused by this isolation and am concerned about that.</p> <p>Also, regarding the African American Trauma Informed Wellness Program, I would like to know how to stay informed and up-to-date in its progress towards implementation.</p> <p>Al Rowlett, Turning Point Community Programs: I hope the answers to questions asked at this meeting will be shared on the MHSA website.</p> <p>Leslie Napper, I second what Ms. Lilyane was saying and hope the meeting with Sierra Health Foundation happens sooner rather than later.</p> <p>Sandena Bader, Cal Voices: How would Sacramento County use OSPHD funds currently allocated to Cal Voices for peer empowerment and job placements specifically for Sacramento County?</p>
<p>X. Adjournment / Upcoming Meetings</p>	<p>The meeting was adjourned at 8:07 p.m. Upcoming meetings will be held on</p> <ul style="list-style-type: none"> • May 21, 2020 • June 18, 2020

Interested members of the public are invited to attend MHSA Steering Committee meetings and a period is set aside for public comment at each meeting. If you wish to attend and need to arrange for an interpreter or a reasonable accommodation, please contact Anne-Marie Rucker one week prior to each meeting at (916) 875-3861 or ruckera@saccounty.net.