



**Department of Health Services
Division of Behavioral Health Services**

**MHSA INNOVATIVE PROJECT #5:
FORENSIC BEHAVIORAL HEALTH
MULTI-SYSTEM TEAMS**

MHSA STEERING COMMITTEE

MAY 21, 2020

MHSA Innovation (INN) Component Requirements

MHSA Innovation Projects must contribute to learning

Innovation (INN) Projects must do one of the following:

- Introduce a new practice or approach to mental health system
- Make a change to an existing practice in the field of mental health
- Introduce a new application of a successful non-mental health promising community-driven practice/approach to the mental health system

MHSA INN Component Requirements (cont'd)

- Primary Purpose:
 - Increase access to mental health services to underserved populations
 - Increase the quality of mental health services
 - Promote interagency and community collaboration
- Must align with the MHSA General Standards
- Time-limited
- If successful, County may continue the project but must transition it to another funding component or fund source

MHSA Steering Committee Charge

- **October 17, 2019 MHSA SC Meeting:**
 - Discussed INN Project #5 focused on adults living with serious mental illness who are justice-involved
 - SC charged Workgroup with developing a recommendation
- **Workgroup composition:**
 - Consumers
 - Family Member
 - MHSA SC Member
 - Mental Health Board
 - Alcohol Drug Services Board
 - Cultural Competence
 - Committee representative
 - Probation
 - Courts
 - Behavioral Health Services
- **Workgroup/Community Meetings: Jan 7, 10, 15, 2020**

INN Project 5 Recommendation



INN Project #5: Forensic Behavioral Health Workgroup/Community Recommendation (1/15/2020)

The Innovation Project #5 Workgroup recommends to the MHSA Steering Committee allocating up to \$9m INN Component funds over three to five years to implement an INN Project for the forensic behavioral health population.

This project will focus on adults who:

- Are justice-involved,
- Live with a serious mental illness,
- Experience complex behavioral health needs,
- Have frequent contact with County Jail, pre and post adjudicated, and
- Have multi-system involvement.

The project's primary purpose is to:

- Promote interagency and community collaboration
- Increase access to mental health services to underserved populations

This project will test adapting an existing teaming model, a non-mental health approach that has shown efficacy (Child and Family Team), for the forensic behavioral health population. The multi-system team will include:

- Forensic Multidisciplinary Team Facilitator who will coordinate teaming and planning meetings
- Team members, including the client, system partners (i.e., Public Defender, Probation, Behavioral Health providers, etc.), natural supports (i.e., family, extended family, neighbors, faith-based connections, landlord, etc.)
- Development of an Integrated Plan
- Implementation of Engagement, Planning, Monitoring, Transition Phases
 - Acknowledges milestones toward meeting plan goals and celebration of successes

The project will test by measuring whether this adapted multi-system teaming approach will lead to the following outcomes:

- Reduce jail recidivism, time in custody, and overall justice involvement by creating alternatives to incarceration
- Improve the client experience in achieving and maintaining wellness
- Improve care coordination across multiple systems (JPS, BHS, Probation, Courts, GMC, APS/CPS, etc.).
- Improve access to services such as but not limited to housing support, medication support services, mental health and substance use disorder treatment services.

INN 5 Project: Presenting Problem/Need

- Forensic Behavioral Health Population
 - Individuals living with Serious Mental Illness
 - Multisystem involved
 - Jailed
 - Complex Needs
- Presenting Problems:
 - Lack of collaboration among system partners, providers, and natural supports
 - Lack of immediate access to services/resources
 - Lack of discharge planning prior to release

INN Project 5: Proposed Project

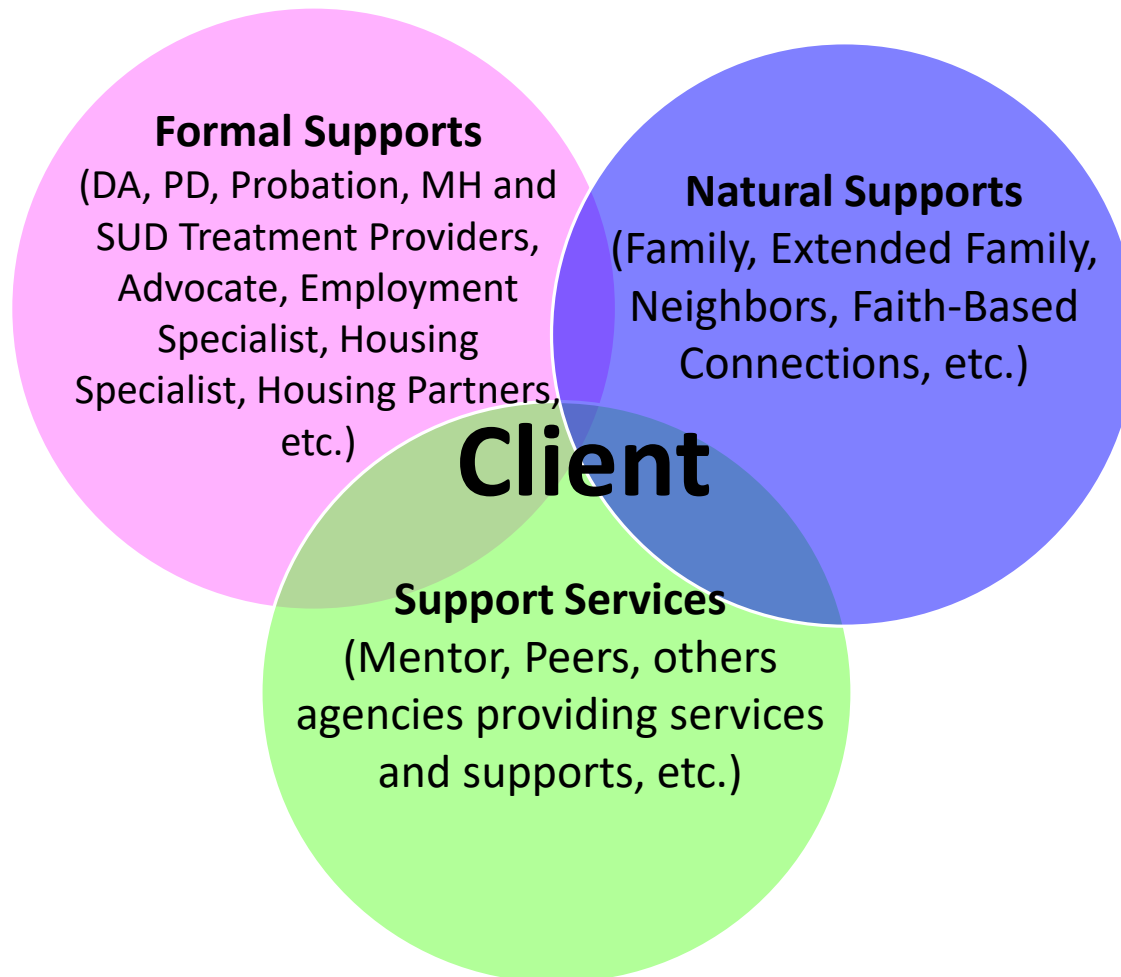
- Span 3 to 5 years
- \$9 million
- Will adapt and expand on the Child and Family Team (CFT) model for the forensic behavioral health population
 - Establish and assemble a team
 - Develop and implement a *coordinated and integrated client plan*
 - Shared vision and decision making
 - Client voice and choice

INN Project 5: Proposed Project (cont'd)

- Adaptation will provide:
 - Immediate support and discharge planning prior to community re-entry
 - Increased collaborative efforts between system partners, providers, and natural supports
 - Immediate access to needed services and resources
 - Integrated care coordination

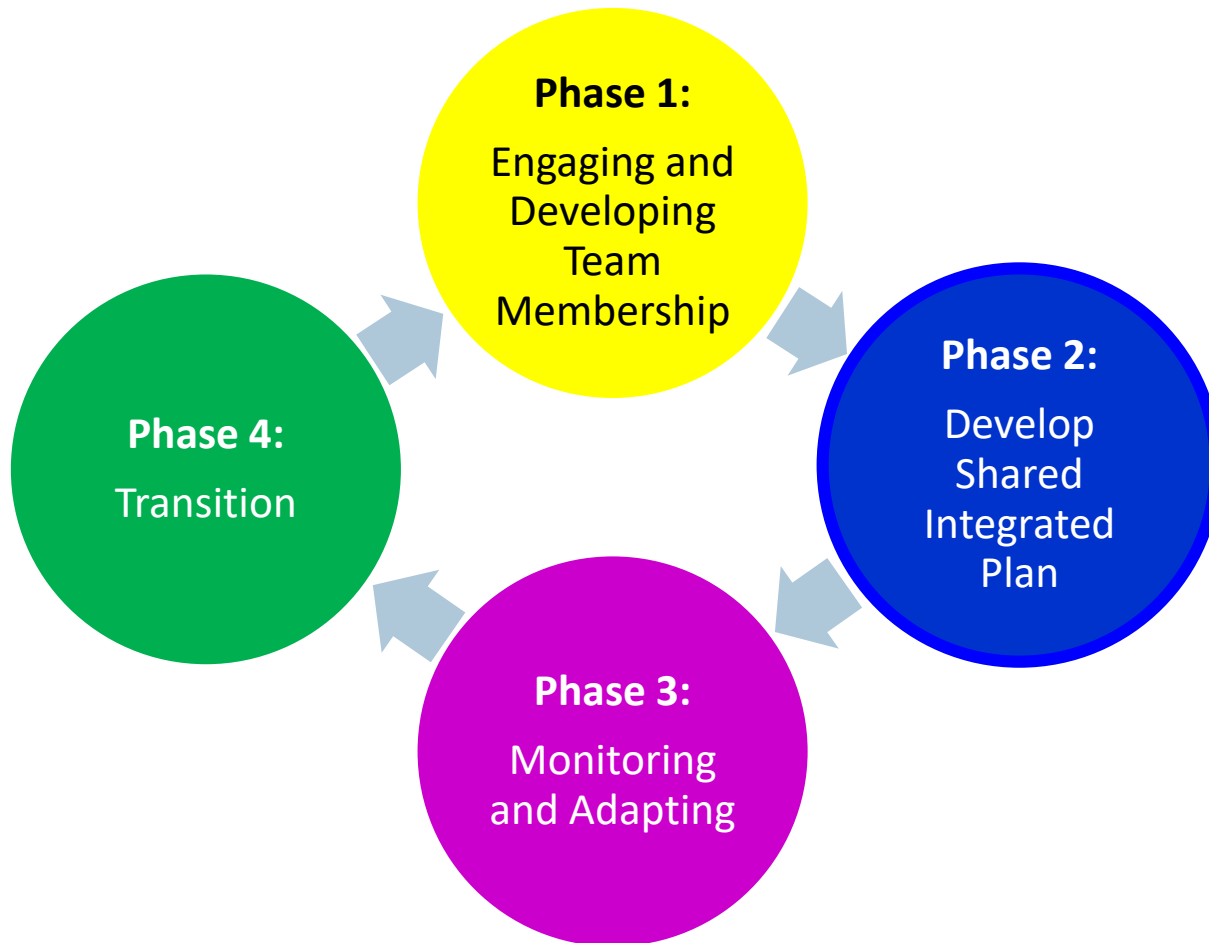
INN Project 5: Proposed Project (cont'd)

Multi-System Team Composition



INN Project 5: Proposed Project (cont'd)

Multi-System Team Process



INN Project 5: Proposed Project (cont'd)

Additional Program Elements:

- Warm hand off
- Transportation support
- Mental health treatment
- Immediate access to:
 - housing
 - other needed treatment (e.g. substance use disorder treatment)
 - benefits acquisition
- 24/7 support
- Drop-in center
 - System partners and other service providers can co-locate
 - Peer mentoring, peer support, and peer run groups

INN Project 5: Learning Objectives

- Will adapting the Child and Family Team (CFT) model for the forensic behavioral health population increase collaboration among system partners, service providers, peers, clients, and family members?

INN Project 5: Learning Objectives (cont'd)

- Will implementation of the teaming model increase immediate access to needed services and resources for the forensic behavioral health population?

INN Project 5: Learning Objectives (cont'd)

- Will the development and implementation of coordinated and integrated client plans through the MST process reduce jail recidivism, reduce time in custody, jail exposure, and overall justice involvement?

INN 5 Project

- MHSA Steering Committee:
 - Discussion
 - Collective Comment