



Consultation, Support, and Engagement Team for commercially sexually exploited children and youth

Capital Star Community Services

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MHSA Steering Committee

January 16, 2020

MHSA Community Planning Process

- Sacramento County's community and stakeholders recognized a need to serve children and youth identified as Commercially Sexually Exploited Children (CSEC) or at risk of exploitation who are involved with the child welfare system and have identified mental health needs.
- Sacramento County's MHSA Steering Committee approved a recommendation to allocate MHSA Community Services and Supports (CSS) component funds to serve the CSEC youth and youth at risk of exploitation.
- Consultation, Support, and Engagement Team for CSEC RFA was released in FY 2016/2017



Scope of Work Requested

- **Individuals Served:** Children and youth, age 12 through 21, identified as CSEC or at risk of exploitation, and their families/caregivers
- **Capacity:** 50 children/youth at a given time; approximately 100 annually
- **Support, Consultation, and Engagement Team:** community based, flexible hours, 24/7 availability through on call, culturally responsive outreach and engagement, harm reduction model, intensive case management, collaboration with system partners, advocacy, and consultation/training with MHP providers


Opening the Doors

UC DAVIS
HEALTH | **CHILDREN'S**
HOSPITAL



CAARE Center
Trauma Training Academy



A Program of Stars Behavioral Health Group

 **Capital Star**
Community Services ★ ★

**Consultation, Support, and
Engagement Team (CSET)
for Commercially Sexually
Exploited Children and Youth**



Community Partners

- Community Against Sexual Harm (CASH)
- Community Healthcare, including, Dignity Health and One Community Health
- Juvenile Court: Dept 90, specialized court for sexual exploitation
- Sacramento County Child Protective Services
- Sacramento Children's Receiving Home



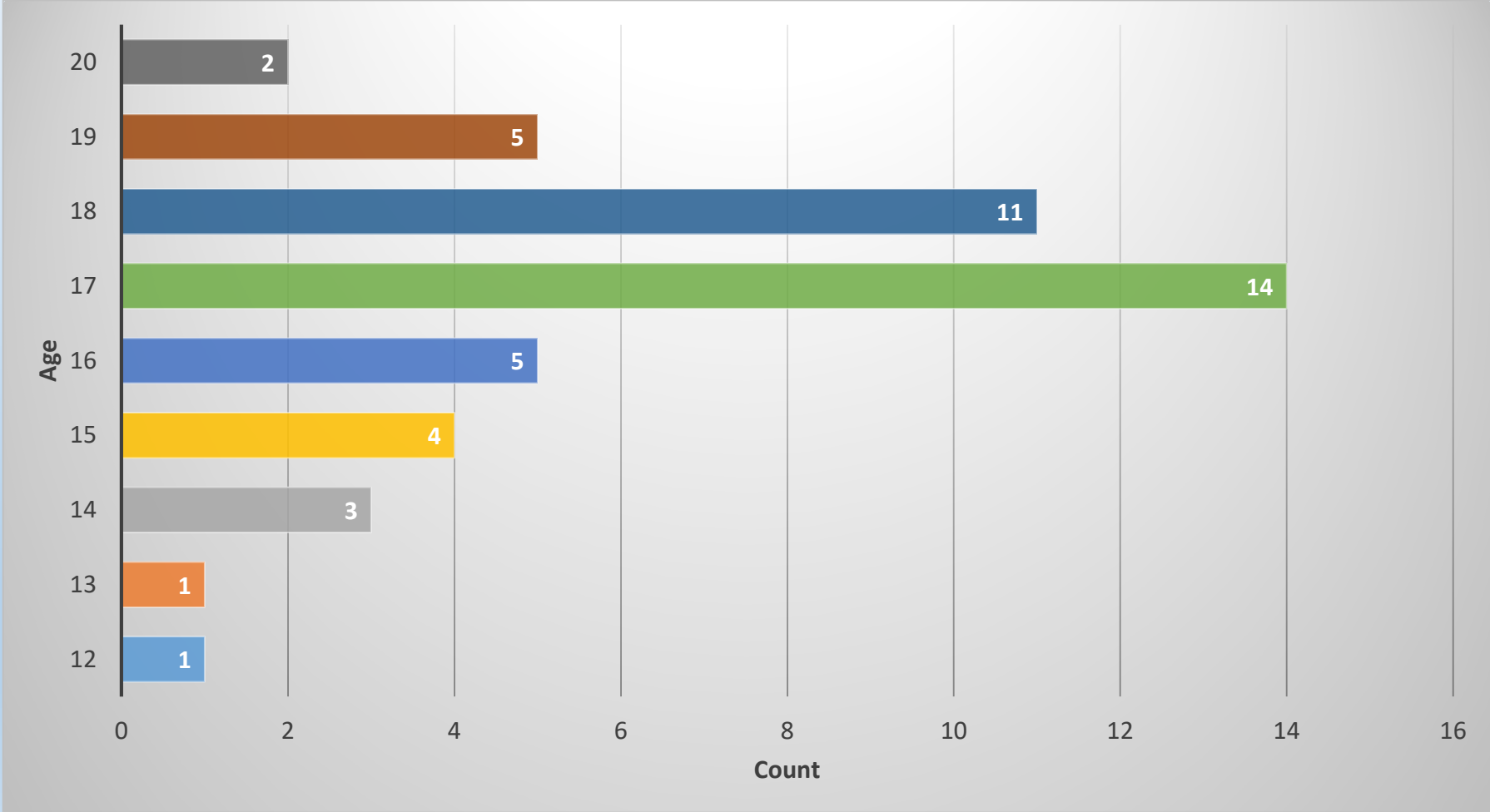
- Sacramento County Office of Education (SCOE)
- Sacramento County Probation
- Sacramento County Youth Detention Facility (YDF)
- Sacramento Police Department
- WEAVE

Program Services

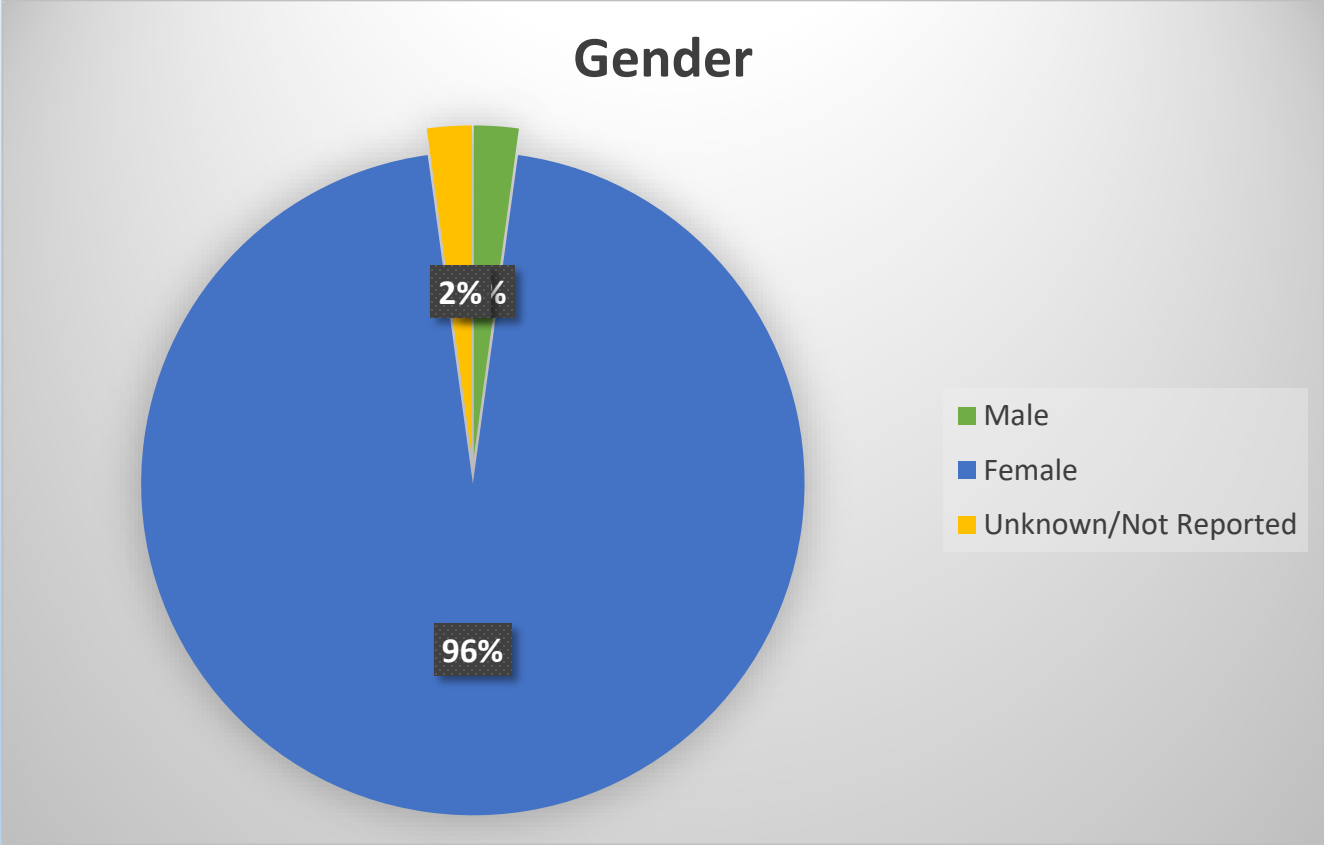
- Participated in 155 outreach events, reaching 1,647 youth
- CSET team has served 46 participants in support services
 - Youth who have experienced sexual exploitation can have barriers to engaging in treatment. CSET is identifying ways to support in engaging more youth in treatment services.
- Provided 900 services to these participants



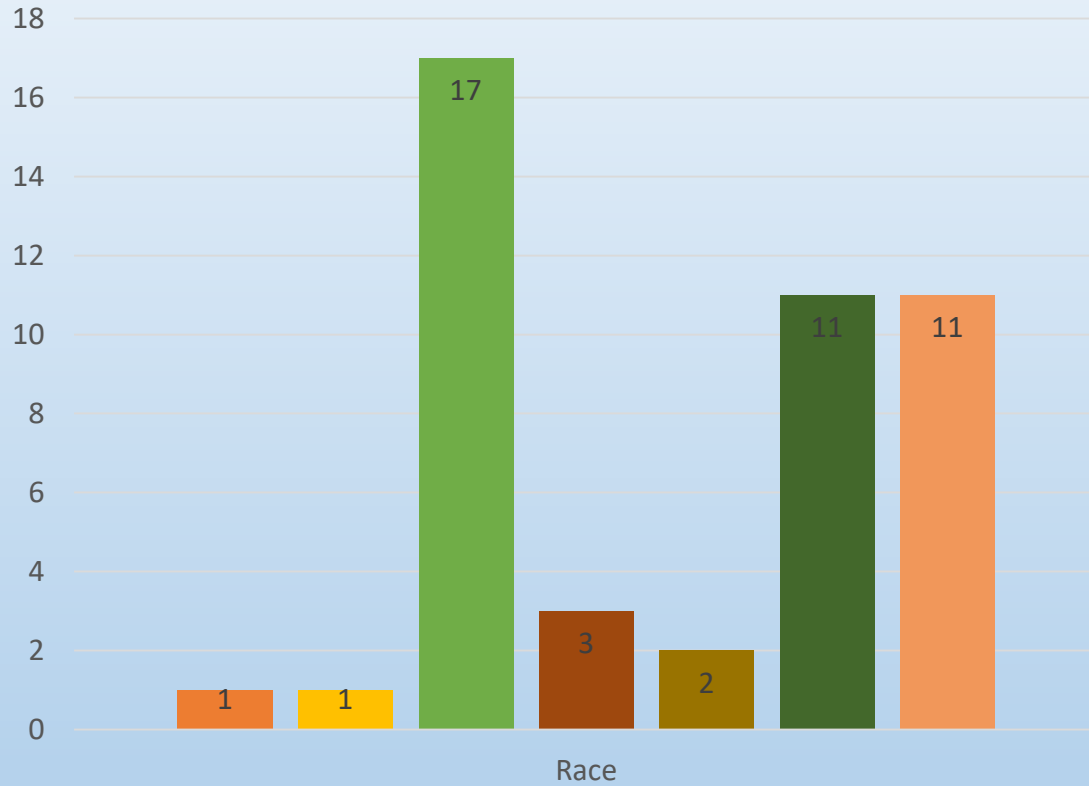
Who We're Serving



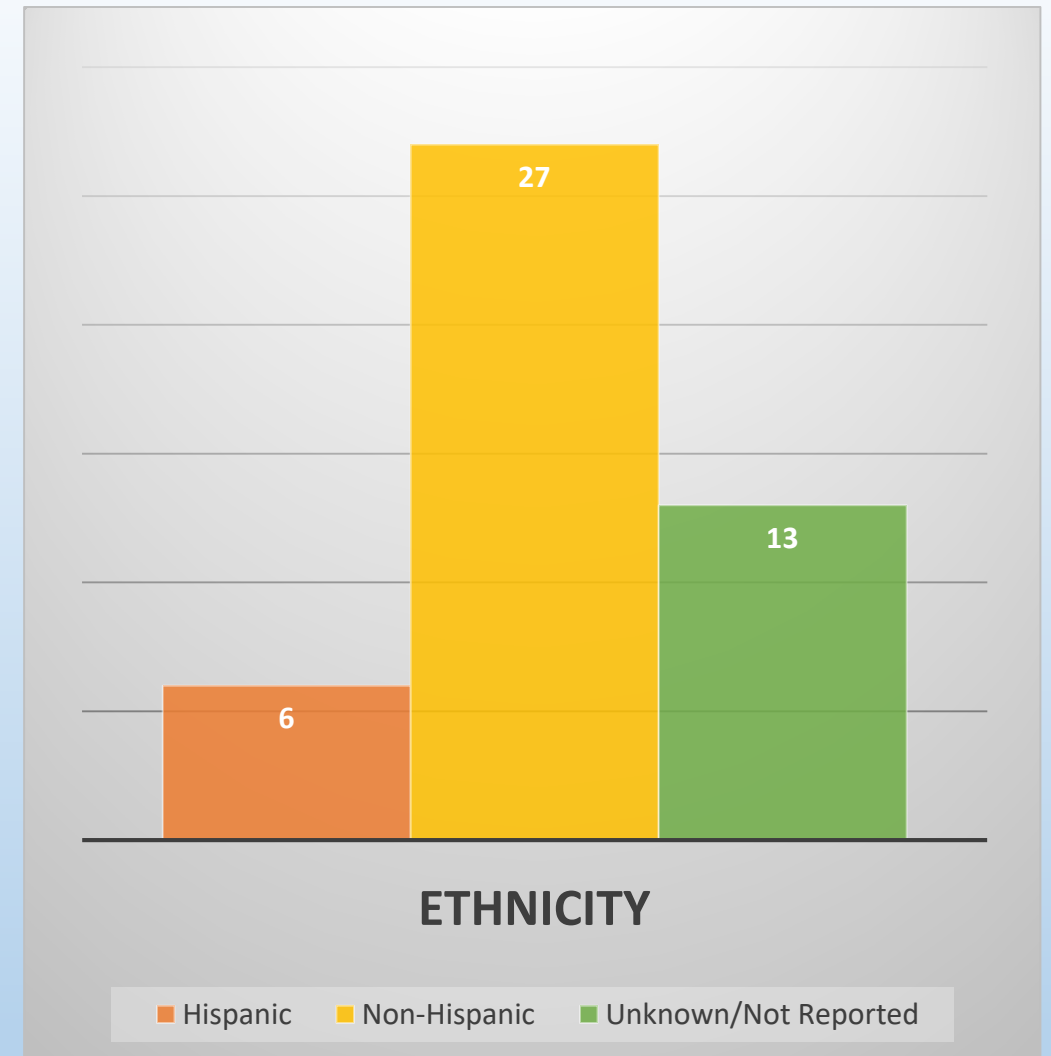
Who We're Serving



Who We're Serving



- American Indian/Native American
- Asian/Pacific Islander
- Black/African-American
- Multi-Ethnic
- Other Race
- Unknown/Not Reported
- White



➔ Introduction of Rachel and Marissa, Capital Stars

(CSET for CSEC) – Consultation Support Engagement Team for Commercially Sexually Exploited Children

Referral Process: Ages 12 – 21 years old, at risk or with hx of exploitation, unlinked to Sacramento County Behavioral Health Services

Community-Based Outreach/Engagement Services

Group Counseling (ETG)

Short-Term Mental Health Services (TFCBT)

Linkage to Long-Term Mental Health Services and Community Resources



Contact Info:
833-20-SHINE (74463)

**DO YOU FEEL
YOU HAVE TO
HAVE SEX FOR
MONEY?**

IS YOUR FREEDOM RESTRICTED?

DO YOU FEEL TRAPPED IN THE LIFE?

DO YOU WANT OUT?



833-20-SHINE(74463)

California Relay Service: 711

Text/Email: shine@starsinc.com

Services for those ages 12-21 include:

- Crisis Intervention
- Support with Healthcare Access
- Referrals to needed resources
 - Includes housing referrals, job guidance, education, and help with benefits
- Peer Support
- Counseling



www.starsinc.com/sacramento-county-cset **SACRAMENTO COUNTY**

This program is funded by the Division of Behavioral Health Services through the voter approved Proposition 63, Mental Health Services Act (MHSA)

Call us at 833-20-SHINE (74463)

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SACRAMENTO COUNTY



Request for Outreach Support Tool

Fax to: 916-914-2462
Email: rewing@starsinc.com

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COMMUNITY SUPPORT ENGAGEMENT AND TREATMENT (CSET) REQUEST FOR OUTREACH SUPPORT

*****Please fax completed form to the CSET Program: CSET fax#: (916) 914-2462 *****

Referring Agency and Program Name: _____
Agency Contact: _____ Agency Contact Phone Number: _____
Name and/or A.K.A: _____ Age and Date of Birth: _____
Contact Number or alternate method of contact: _____
Physical Description: _____
Current Mental Health Provider (please indicate NA if no current services) : _____
Last known location of client (address or description of area): _____
Describe any safety concerns or issues: _____
Describe existing safe contact plan for others to approach client if in place or usual habits if known (ex. Goes to [place] on [day of week] at [time], use [word/phrase] to identify self as a safe person): _____

RISK FACTORS: The following is a list of indicators that a child/youth may be exploited or at risk of exploitation. Information should be gathered as part of conversation or the routine process of assessment/investigation.

DONOT DIRECTLY ASK THE CHILD/YOUTH/FAMILY.

- Runs away from residence for extended periods; experiences homelessness; irregular school attendance
- History of abuse/trauma
- History of Child Welfare involvement.
- Physical health concerns: change in appearance, physical trauma, repeated testing for pregnancy or STIs
- Poor nutrition, limited/no access to food
- Substance use has escalated and/or impacts health/ability to function
- Engages in risky sexual behavior and/or spends time in areas where exploitation is known to occurs
- Current or past involvement with law enforcement, juvenile justice, gangs
- Evidence of an exploitive sexual relationship with someone significantly older/an adult or abusive/controlling partner
- Evidence of adult requests for pornographic photos or meet ups via the internet/accessing inappropriate internet content
- Unexplained money, credit cards, gifts, cell phones, etc.
- Frequents locations that are inconsistent with client's socio-economic circumstances
- Hypervigilant, engages in self-destructive/aggressive/behavior
- Provides vague or misleading information regarding work, family, friends, living arrangements, leisure activities, school
- Exchanges sex for material goods
- Pregnant/Actively Parenting (Alone not an indicator but a risk factor when combined with other more specific information)

