

**Sacramento County
Mental Health Board (MHB) General Meeting Minutes
September 7, 2016**

Sacramento County Administration Building
700 H Street
Sacramento, CA 95814
Hearing Room 1

MHB Member Attendance			
Name	Attendance	Name	Attendance
<i>Tom Campbell, Chair</i>	<input checked="" type="checkbox"/> Present <input type="checkbox"/> Absent	Sarah Jain	<input type="checkbox"/> Present <input checked="" type="checkbox"/> Absent
<i>John Puente, Vice Chair</i>	<input checked="" type="checkbox"/> Present <input type="checkbox"/> Absent	Supervisor Patrick Kennedy	<input checked="" type="checkbox"/> Present <input type="checkbox"/> Absent
<i>Ann Arneill, Secretary</i>	<input checked="" type="checkbox"/> Present <input type="checkbox"/> Absent	Len Marowitz	<input checked="" type="checkbox"/> Present <input type="checkbox"/> Absent
Laura Bemis	<input type="checkbox"/> Present <input checked="" type="checkbox"/> Absent	Collette Johnson-Schulke	<input checked="" type="checkbox"/> Present <input type="checkbox"/> Absent
Elizabeth Emken	<input checked="" type="checkbox"/> Present <input type="checkbox"/> Absent	Kindra Montgomery-Block	<input checked="" type="checkbox"/> Present <input type="checkbox"/> Absent
Matt Gallagher	<input checked="" type="checkbox"/> Present <input type="checkbox"/> Absent	Erin Platt	<input type="checkbox"/> Present <input checked="" type="checkbox"/> Absent
Michael Hansen	<input type="checkbox"/> Present <input checked="" type="checkbox"/> Absent	Anne Slakey	<input checked="" type="checkbox"/> Present <input type="checkbox"/> Absent
Courtney Hedges	<input type="checkbox"/> Present <input checked="" type="checkbox"/> Absent	Austin Trujillo	<input checked="" type="checkbox"/> Present <input type="checkbox"/> Absent
Staff to the MHB			
Name	Attendance	Name	Attendance
Stephanie Dasalla	<input checked="" type="checkbox"/> Present <input type="checkbox"/> Absent	John Reed	<input checked="" type="checkbox"/> Present <input type="checkbox"/> Absent

Agenda Item	Discussion
I. Call Meeting to Order, Welcomes, and Introductions	Mr. Tom Campbell, MHB Chair, called the meeting to order at 6:04 pm. MHB members and audience members were introduced.
II. Comfort Agreement	Mr. Austin Trujillo read the MHB Comfort Agreement.
III. Approval of Agenda & Minutes	<p>A. Approval of the September 7, 2016 Meeting Agenda Ms. Ann Arneill motioned to approve the September 7, 2016 meeting agenda and Mr. John Puente seconded the motion; motion carried.</p> <p>B. Approval of July 6, 2016 MHB General Meeting Minutes Due to a lack of a quorum at the August 3, 2016 MHB General Meeting, approval of the July 6, 2016 MHB General meeting minutes was deferred to this evening's meeting.</p> <p>Ms. Elizabeth Emken requested the minutes be amended to correct the spelling of her last name. Mr. Matt Gallagher motioned to approve the July 6, 2016 MHB General meeting minutes as amended and Mr. Puente seconded the motion; motion carried (Abstention: 1 Emken)</p> <p>C. August 3, 2016 MHB General Meeting Notes Due to a lack of a quorum at the August 3, 2016 MHB General Meeting,</p>

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	<p>a record of what discussion took place at the meeting was documented as meeting <i>notes</i> rather than official meeting minutes. The meeting notes were included in this evening's meeting packet for informational purposes only. Ms. Emken requested the notes be amended to correct the spelling of her last name.</p>
<p>IV. Announcements and Advocacy Reports</p>	<p>A. Division of Behavioral Health Services, Consumer & Family Liaison Ms. Andrea Crook, Consumer & Family Liaison provided the following report:</p> <ul style="list-style-type: none"> • Ms. Crook conducted a training yesterday for the University of California, Davis (UCD) psychiatry residents. The training focused on the recovery model and the distinct roles of peer providers. UCD provides an ongoing training series for their residents. These trainings are financially supported by Mental Health Services Act (MHSA) Workforce Education and Training (WET) funds. • The October 7, 2016 Expert Pool Town Hall Meeting will be held at T-Core (3737 Marconi Avenue, Sacramento 95821) from 1:00-3:00 pm (ATTACHMENT A). • Workforce Integration Support and Education (WISE) U provides intensive career counseling, a comprehensive peer support curriculum, job training, fieldwork assignments, and placement assistance for individuals looking to enter the peer support field or enhance their skills as a peer support worker. Applications are currently being accepted for WISE U, and the first Peer Training Academy will take place in Sacramento from November 28 – December 9, 2016. Location to be determined (ATTACHMENTS B and C). <p>B. Advocacy and Peer Provider Programs No report provided.</p> <p>C. Association of Behavioral Health Contractors Ms. Laurie Clothier, Vice President of the Association of Behavioral Health Contractors (Association), reported that the Association was pleased to have participated in the recent External Quality Review Organization (EQRO) audit of the Sacramento County mental health system. Ms. Clothier explained that the Association is still very concerned about the new labor laws and their potential impact to the County's contracted providers. The Association is planning for an Association Membership Retreat. The Association is excited to have contracted alcohol and drug service providers participate in the retreat for the first time.</p> <p>D. Law Enforcement No report provided.</p>
<p>V. MHB Announcements and MHB Liaison Reports</p>	<p>A. MHB Announcements Mr. Campbell announced that Ms. Sarah Jain requested and has been approved for a leave of absence for the September, October, November, and January MHB meetings.</p> <p>Ms. Collette Johnson-Schulke and Mr. Len Marowitz expressed very positive comments about the Journey of Hope art exhibit in Elk Grove; it was a very moving experience.</p> <p>B. Alcohol & Drug Advisory Board Ms. Johnson-Schulke reported that she was unable to attend the most recent Alcohol and Drug Advisory Board meeting. Ms. Johnson-Schulke</p>

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	<p>will provide a report at the November MHB General Meeting.</p> <p>C. Education & Outreach Ms. Arneill provided an overview of the Lu Mein Community Services site visit that was conducted on August 31, 2016. A full report of the site visit was included in this evening's meeting packet (ATTACHMENT D).</p> <p>D. Quality Improvement Committee Mr. Marowitz provided an overview of the August 24, 2016 Quality Improvement Committee (QIC) meeting. The full report was included in this evening's meeting packet (ATTACHMENT E).</p> <p>E. National Alliance on Mental Illness No report provided.</p> <p>F. Unscheduled Urgent Matters Mr. Campbell announced that the California Association of Local Behavioral Health Boards and Commissions is holding their quarterly meeting in Folsom. Mr. Campbell is planning on attending and will forward meeting information to MHB members who are interested in attending.</p>
<p>VI. Director's Report</p>	<p>A. August 3 , 2016 Director's Report The Director's Report that was presented by Ms. Uma Zykofsky at the August 3, 2016 MHB General Meeting was included in this evening's meeting packet for informational purposes only (ATTACHMENT F).</p> <p>B. September 7, 2016 Director's Report Dr. Sherri Z. Heller, Director of the Department of Health and Human Services, served as Ms. Zykofsky's designee this evening. Ms. Heller reported that Fiscal Year (FY) 2016-17 final budget hearings were held today. Ms. Heller provided a recap of this year's budget process:</p> <ul style="list-style-type: none"> • December 2015-January 2016: Department and Division staff began working on the budget to identify any changes/growth request to the base budget • February 2016: DHHS submitted our FY 2016-17 Requested Budget to the County's Chief Executive Officer (CEO) • Early June 2016: CEO submitted a Recommended Budget to the Board of Supervisors for approval. At the June 14, 2016 Budget Hearings, the Board of Supervisors approved the following as part of the FY 2016-17 Approved Recommended Budget: <ul style="list-style-type: none"> ✓ Staff for Avatar ✓ Children's Mental Health psychiatrist added to CAPS Clinic for second opinions for psychotropic medications ✓ Two mobile crisis support teams ✓ \$2.25 million Early and Periodic Screening, Diagnosis, and Treatment (EPSDT) expansion ✓ An additional change of \$500,000 was approved for alcohol and drug residential treatment for CALWORKS eligible residents in the County. This request was half of the \$1 million requested and will not cover non-CalWorks clients. • Late June 2016: The State of California notified the County of budget allocations changes. For example, the State recently notified California counties of a formulation change for allocating BHS Realignment funds. The proposed change for calculating a

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	<p>baseline allocation would be based upon each county's actual share of FY 2013-14 fee-for-service inpatient claims statewide. This methodology has generated great concern for Sacramento County and other California counties. DHHS is monitoring this very closely and advocating for a different methodology.</p> <ul style="list-style-type: none"> • September 2016: Final Budget Hearings: The Board of Supervisors approved the following as part of the FY 2016-17 Final Adopted Budget <ul style="list-style-type: none"> ✓ 10.0 Full-Time Equivalent positions ✓ \$2.6 million for contractors to meet documentation standards and audit requirements ✓ \$500,000 for alcohol and drug residential treatment for all clients (not just CalWORKS clients). <p>C. Questions and Answers Related to Director's Report</p> <ul style="list-style-type: none"> • Ms. Emken requested a comprehensive written summary of what was approved as part of the FY 2016-17 Recommended Approved Budget and the FY 2016-17 Final Adopted Budget for MHB members. Ms. Angela Chalmers, Sr. Admin Analyst, commented that the Division can provide a comprehensive summary at the next MHB Budget Committee Meeting. Stephanie Dasalla, Program Planner, added that she will send an email to MHB members regarding the date/time/location of the next MHB Budget Committee Meeting. • Ms. Anne Slakey inquired about the article in <i>The Sacramento Bee</i> regarding Child Protective Services (CPS) social workers. Ms. Heller responded that there were some misquotes made in the article and a retraction was made the following day. Dr. Heller elaborated by explaining that DHHS is having good success with the training and retention of new hire CPS social workers through the use of training cohorts. Cohorts provide a collaborative and supportive learning experience, which has helped improve retention of new hire CPS social workers. However, high turnover rates for long-term CPS social workers have been a challenge for DHHS. Exit interviews have shown that one of the primary reasons long-term social workers are leaving CPS is due to workload. To address this issue, the Board of Supervisors approved 42 new positions for CPS. DHHS will hire additional CPS social workers, but will also hire clerical and support staff to perform administrative functions to help reduce the administrative burden on social workers thereby lightening their workload. Supervisor Kennedy added that the Board approved \$1.6 million in capital expenditures to re-open the Warren E. Thorton Youth Center that was closed down during the recession. Dr. Heller, Chief Seale, and Ms. Zykofsky are working together to re-open the facility and dedicate 20 beds for children/youth to provide services that align with Continuum of Care Reform. MHB members requested a presentation on Continuum of Care Reform. • Mr. Gallagher inquired about the status of No Place Like Home in Sacramento County. Dr. Heller responded Cynthia Cavanaugh, Sacramento County Director of Homeless Initiatives, and Paul Lake, Countywide Services Agency Director, are moving forward with assembling a Steering Committee and taskforces/workgroups. The statewide annual MHSA allocation for No Place Like Home is estimated at approximately \$137 million. The annual MHSA allocation for Sacramento County is still unknown at this time;

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	however, we are monitoring this closely.
VII. Mental Health Board Action and Information Items	A. Approval of 2015 MHB Annual Report The 2015 MHB Annual Report has been emailed to MHB members for their review and was included in this evening's meeting packet (ATTACHMENT G). Mr. Puente motioned to authorize Mr. Campbell to make final formatting edits and submit the 2015 MHB Annual Report to the Board of Supervisors on behalf of the MHB. Ms. Arnelli seconded the motion; motion carried.
VIII. Public Comment	No public comments were made.
IX. Next Meeting and Adjournment	A. Next Meeting The next MHB General Meeting is scheduled for 6:00 pm on Wednesday, October 5, 2016 at 700 H Street, Hearing Room 2. B. Meeting Adjournment Mr. Campbell adjourned the meeting at 7:13 pm.

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