

**Milestones for Improving Crisis Mental Health System
Status: January 4, 2016**

Managing Flow Through Mental Health Treatment Center (MHTC) To Increase Patient Access to Crisis Stabilization Unit (CSU)

(Note: MHTC 50 beds are running at 98 percent capacity (49 beds almost every day). Existing PHFs are running at 95-100 percent capacity)

1. Greater crisis residential capacity to discharge patients from MHTC

- a. Rio Linda facility (15 beds); anticipated January 31, 2016; *new date pending California Health Care Finance Authority (CHFA) release of funds to provider.*
- b. SB82 facilities (45 beds total)
 - i. *County released RFP November 6, 2015*
 - ii. **Proposals received December 18, 2015**
 - iii. **Recommended awards (January 27, 2016)**
 - iv. Protest period – 2 weeks (February 10, 2016)
 - v. Announcement of recommended awards (February 15, 2016)
 - vi. Community outreach period ~3 weeks (early March 2016)
 - vii. Present contracts to Board of Supervisors 3-4 weeks following outreach period (early April 2016)
 - viii. Anticipated ramp up and opening period (no land use permitting needed) 3-6 months (July – October 2016)
 - ix. Anticipated land use process (if needed) 3-6 months (July – October 2016)
 1. Ramp up and opening period following permits 3-6 months (October 2016 – spring 2017)

2. Greater Psychiatric Health Facility (PHF) capacity to place patients instead of Emergency Departments (EDs) or MHTC

- a. Sub-acute beds contracts (20 beds) approved October 27, 2015-contract work in progress; anticipate 5 beds by December 2015 and incremental increase in first quarter 2016 – *provider has given other counties notice of need for local Sacramento beds.*
- b. Heritage Oaks (16 beds) – working through building permitting process; targeting Spring 2016 – *specific meetings and work underway with Planning Dept./County Behavioral Health/DHCS/ Heritage Oaks to resolve siting issues.*
- c. 2nd PHF

3. Managing “surge” at MHTC to move patients reaching 23 hours to other placements

- a. Surge capacity agreement – pending agreement among psych hospitals.
- b. Surge capacity agreement –critical path includes adoption of Medical Clearance protocol by all hospital systems.
- c. *Bilateral meetings with hospitals taking place.*
- d. **IMD Extension Bill successfully passed in Congress. Sacramento County working with DHCS to determine next steps and specifics of extension, timeframe and payment.**

4. **Find alternative placements for misdemeanants (1370 misdemeanors) to increase intake capacity at MHTC (7-8 slots opened for intake)**
 - a. **MOU expected to come to BOS by February 2016.**
 - b. **Project start of placement projected to be April 2016) pending ramp-up of Rio Cosumnes Correctional Center staffing**
 - c. May be challenged in court

5. **Urgent Care Clinic/Innovation Project will achieve after-hours alternative to ERs, CSU and adds new level of care for community.**
 - a. Approved by Mental Health Services Act (MHSA) Steering Committee in October, 2015.
 - b. Will be part of MHSA annual plan update. Requires approval of this plan by BOS before taking to Oversight and Accountability Commission (OAC).
 - c. Vetted with OAC staff and work underway. Target date: unknown at this time.

6. **Allow law enforcement/EMS drop-off of patients (diverting from EDs)**
 - a. Must be medically cleared in order to be served at CSU
 - b. Pending hospital agreement on medical clearance protocols
 - c. Phased in approach with mobile teams, MH navigators, Full Service Partnerships given direct access first.- Already operationalized

Other Components to Reducing Use of Emergency Departments

1. Mobile Crisis Teams

- a. Operational May 2015
- b. Diverting 208 of 251 total encounters to services and non-hospital placement in the field
- c. Diverting 17 of 43 5150 holds to MHTC

2. Law Enforcement (LE) Consultation Hotline

- a. **Protocol and parameters developed by workgroup which included LE partners, Mobile Crisis Support team and MHTC.**
- b. **Planning completed for pilot startup – Jan 6, 2016 pilot start date.**

3. Mental Health Navigators (SB82)

- Operational in phases
- Loaves & Fishes/Genesis – 2 Peer Navigators (Operational August 2015 Monday – Friday 6-3)
- Main Jail Booking & Release – 3 Triage Navigators (7 days per week 16 hours per day, 8am -4:30 & 6pm – 2:30 am – Operational October 2015, staff are on-site)

- Sutter General – 1 Triage Navigator (Tuesday – Saturday 9:00 – 6:00) Operational October 2015 -staff are on-site
- UC Davis – 1 Triage Navigator (Tuesday – Saturday 9:00 – 6:00) Operational October 2015 staff are on site
- Mercy General – 1 Triage Navigator (Monday – Friday 9:00 – 6:00) Operational in November 2015
- Mercy Folsom – 1 Peer Navigator (Monday & Tuesday 9:00 – 6:00) Operational in November 2015
- Kaiser North & South – Awaiting Kaiser's response
- Mobile Navigators (Provide post ED and release from jail follow up and transportation assistance to appointments if needed). – 2 are hired and the provider is in process of hiring the remaining 2 staff.

4. MHSA General System Development and Full Service Partnership (FSP) Expansion

- a. 150 new spaces created in intensive service FSPs for adults-Completed and operational.
- b. Community Care Team expansion at Regional Support Teams (RSTs) – Completed and operational.
- c. Multiple initiatives underway to create additional rental assistance spaces and expanded homeless mental health service capacity.
- d. Other capacity/timeliness in progress.

5. MHTC Hiring to staff up for CSU

- a. **Progress made with 4 new hires projected for January 1, 2016.**
- b. 32 new hires in different disciplines (17 fulltime and 15 on-call)
- c. 11 conditional offers
- d. Significant challenges in finding appropriate applicant pool for licensed clinicians and nursing staff. Work continues with consult and recruitment efforts supported by HR and MHTC team.
- e. 2.5 FTEs psychiatry staff (through the UCD affiliation agreement) are also budgeted for CSU expansion with recruitment efforts being pursued