

Community Alternatives for Recovery and Engagement Plus (CARE+) Outcome Summary

Community Alternatives for Recovery and Engagement Plus (CARE+) is an innovative program that joins intensive outpatient mental health services with case managed conservatorship. This program unifies the programmatic strengths offered by intensive case management, and conservatorship to help clients live as independently as possible within our community. It was designed to support clients on their path to recovery; and do whatever it takes to help them succeed in this process.

CARE+ serves adult clients 18 years or over, who have been determined to be gravely disabled due to a severe and persistent mental illness and are therefore unable to provide for themselves one or more of the following; food, clothing, shelter, psychiatric and medical care, or to accept these basic needs from others. The clients served in CARE+ are also receiving intensive outpatient services through the Full Service Partnership programs. All clients referred meet standards to be conserved and have a public conservator.

Clients referred to CARE+ have had significant challenges engaging with community mental health treatment and, therefore, have experienced multiple incarcerations and acute psychiatric hospitalizations as well as long stays in long term psychiatric facilities with few to no opportunities to return to the community with necessary supports for success.

CARE+ enrolled their first client in February 2014. As of March 31, 2015 Care+ has enrolled 18 clients. Of the 18 clients:

- 10 continue to receive services
- 8 have been discharged
 - 3 graduated to lower levels of care
 - 3 transferred to a higher level of care
 - 1 was AWOL
 - 1 passed away due to natural causes

The average length of stay for CARE+ clients is 8 months (range, 2 months to 1.3 years).

Outcomes

Care+ has shown some very promising outcomes since the program has started. The data contained herein compares baseline data (one year prior to enrollment) to the first year after program implementation.

- Psychiatric hospitalizations have decreased by 61%
- Total hospital days have decreased from 1767 prior to enrollment, to 492 since enrollment, accounting for a 72% decrease.
- Emergency room visits have decreased by 49%

- Incarcerations have decreased by 94%
 - Total incarceration days have decreased from 322 prior to enrollment, to 59 since enrollment, accounting for an 82% decrease in actual days spent in jail.
- Transitional Residential facility admissions decreased by 50%
 - Total Level 5 days dropped from 221 days to 34 days, accounting for an 85% decrease.
- Locked psychiatric facility admissions decreased by 20%
 - Total Level 6 days decreased from 1,838 days to 474 days, accounting for a 74% decrease.