

## MEMBER RESPONSIBILITIES

As a Board member, you can expect to be an active participant and team member at All general board meetings and in the core responsibilities of the Mental Health Board (MHB). You will address complicated and challenging issues related to the dynamic field of mental health. You will become more aware of the many social issues that impact our residents coping with mental disabilities and the county government's goal of providing appropriate and cost-effective mental health services.

Welfare & Institution Codes and Core responsibilities of the MHB include:

- ◆ Monthly attendance/participation of ALL MHB members to the Mental Health Board's general meetings
- ◆ Participate in one or more program reviews and advise through reporting
- ◆ Attend the California Institute for Behavioral Health Solutions scheduled annual training for all Mental Health Boards and Commissions (Spring)
- ◆ Attend MHB's annual retreat (Winter)
- ◆ Occasional participation in ad-hoc committees
- ◆ Testifying before the Board of Supervisors
- ◆ Review the Division of Behavioral Health Services annual performance and outcomes data
- ◆ Ensure citizen and professional involvement
- ◆ Participate in MHB Standing Committees

**CA Legislature declares the MHB exists to aid in the conduct of the people's business openly at all public meetings.**

**The MHB serves the Sacramento County Community.**

## Mental Health Board's Functions/Core Responsibilities

### CORE RESPONSIBILITIES

- ◆ Budget Committee
- ◆ Mental Health Service Act (MHSA) Prop. 63
- ◆ Education & Outreach
- ◆ Performance Outcomes and Accountability
- ◆ Mental Health Board Operations
- ◆ Quality Improvement Committee
- ◆ Human Services Coordinating Council

### STAKEHOLDER COMMITTEES

- ◆ Children's Stakeholders Committee
- ◆ Consumer/Advocacy
- ◆ Co-Occurring Recovery
- ◆ First 5 Sacramento Commission / 0-5 Advisory Committee
- ◆ Homeless Collaborative
- ◆ Juvenile Justice
- ◆ Older Adult Committee

## Mental Health Board MONTHLY MEETINGS

The **Sacramento County Mental Health Board's general meeting** convenes at 6.00 P.M. on the **first Wednesday of each month**, January through November at:

Sacramento County  
Hearing Room 1  
700 H Street  
Sacramento, CA 95814

These meetings usually last for about two hours, and are **Open to the Public** to provide input regarding existing and planned county mental health services.



Mental  
Health  
Board

Sacramento County  
Hearing Room 1  
700 H Street  
Sacramento, CA 95814  
MentalHealthBoard@SacCounty.net

# Mental Health Board

## BACKGROUND

The Sacramento County Mental Health Board (MHB) is an advisory body mandated pursuant to California Welfare and Institutions Code (WIC) Section 5604.2. Members of the MHB are directly appointed by the Sacramento County Board of Supervisors (Board) to provide oversight and monitoring of the local mental health system, advocate for individuals with serious mental illness, and advise the Board and the Sacramento County Department of Health and Human Services Division of Behavioral Health Services (DBHS) mental health director regarding the community's mental health needs.

## STATUTORY DUTIES

- ◆ Review and evaluate the community's mental health needs, services, facilities and special problems.
- ◆ Review any county agreement entered into pursuant to Section 5650.
- ◆ Advise the Board of Supervisors and the local mental health director regarding any aspects of the local mental health programs.
- ◆ Review and approve the procedures used to ensure resident and professional involvement at all stages of the planning process.
- ◆ Submit an annual report to the Board of Supervisors on the needs and performance of the county's mental health system.
- ◆ Review and make recommendations on applicants for the appointment of the person responsible for the full time direction and management of the Division of Behavioral Health Service. The Board shall be included in the selection process prior to the vote of the governing body.

- ◆ Review and comment on the county's performance outcome data and communicate its findings to the State Mental Health Planning Council.
- ◆ The Board shall assess the impact of the realignment of services from the state to the county, on services delivered to clients and on the local community.
- ◆ The Board of Supervisors may transfer additional duties or authority to a mental health board or commission.

## MEMBERSHIP

The Sacramento County Mental Health Board consists of 10-16 members as mandated by State of California law. One member of the Board of Supervisors is appointed and serves a one year term.

The rest of the membership is comprised of interested residents of Sacramento County who serve two full three year terms, with the exception of an appointment to a partial term, per the Sacramento County MHB .

The MHB membership strives to reflect the wide ethnic diversity of the client population and the demographics of Sacramento County as a whole, to the extent feasible.

While Board membership is open to county residents, those with a conflict of interest are prohibited by law which states that "No member of the Board or his or her spouse shall be a full time or part-time county employee of a county mental health service, an employee of the State Department of Mental Health, or an employee of or a paid member of the governing body, of a county mental health contract agency."

If you are interested in becoming a member of the Mental Health Board, please contact the Mental Health Board via email at: [MentalHealthBoard@SacCounty.net](mailto:MentalHealthBoard@SacCounty.net) or through your representative on the Board of Supervisors. Applications can be obtained at the Sacramento County Boards and Commissions website.

### District 1

Phil Serna, Supervisor  
(916) 874-5485

### District 2

Patrick Kennedy, Supervisor  
(916) 874-5481

### District 3

Susan Peters, Supervisor  
(916) 874-5471

### District 4

Roberta MacGlashan, Supervisor  
(916) 874-5491

### District 5

Don Nottoli, Supervisor  
(916) 874-5465