

Minutes
Children's System of Care Committee
April 22, 2021 4:00 p.m. – 5:30 p.m.
Call-in: (669) 254-5252, Meeting ID: 160 366 0778

Members Present: Ann Arneill, Silvia Rodriguez, Maria Padilla-Castro, Theresa Riviera, (Jason Richards and Mary Brown, staff)
Members Absent: None

4:00 p.m. Welcome
 Silvia Rodriguez, Chairperson

- *Chair Silvia Rodriguez convened the meeting at 4:03 p.m. and introductions were made.*

4:05-4:10 p.m. Purpose and Intent:
 1) Dedicate a forum for parents to provide input on issues related to school based mental health; and
 2) Begin discussion around what can be expected in the Children's System of Care Committee report that will Culminate approximately, 15-18 months of meetings
 Silvia Rodriguez, Chairperson

4:10-4:20 p.m. Efforts to Date: A description of the background of what the Children's System of Care Committee has done to date
 Silvia Rodriguez, Chairperson

- *The Children's System of Care Committee set out with three major strategic goals. The objective was to take a deep look into, School Based Mental Health, Juvenile Justice and Child Welfare, with recommendations to first focus on School Based Mental Health.*
- *The promise was to meet with Stakeholders across all sectors and provide a forum for Youth and to dedicate a portion of the meeting for Parents.*
- *Topics included school based mental health, using a qualitative and quantitative data research approach, this would include goals from the voices of youth and community members.*

4:20-4:50 p.m. Open Parent Forum: This is limited to school based mental health services
 All parents present

- *Chair Rodriguez opened the floor for feedback from parents.*
- *No parents were present. Recommendations were to return to the agenda item before close of meeting to see if any parents were present*
- *Committee members discussed various ways to advertise future meetings and obtain community feedback, including the use of social media platforms such as Facebook, TicTok, etc.*

4:50-5:10 p.m. Begin discussion on framing of the Children's System of Care Committee report

Ms. Ann Arneill outlined a report on School Based Mental Health related data from the Sacramento County local school districts.

- *The report indicates that depression and suicide among children and Adolescents have increased and that 1 in 5 students have a diagnosable mental illness and 80% do not receive treatment, it was noted that statistics were higher among children of color. Also, included was that 50% of high school students with emotional and/or behavioral health challenges drop out of school, have higher death and unemployment rates and, 80% of the Adult Prison Population are high school drop outs.*
- *Data from Ca. Healthy Kids Survey on local school districts, FY 2018-19 or 2019-20, more children feeling chronically sad or hopeless, and/or seriously considering attempting suicide in the last 12 months.*
- *A committee member noted that the report doesn't mention the rural area school districts. Ms. Arneill clarified that the Data was based on the largest school districts in Sacramento County. Elk Grove, San Juan, Sac. City, and Twin Rivers.*
- *Ms. Theresa Riviera and Ms. Padilla-Castro suggested that the committee reach out to the additional school districts to gather information about additional demographics that would greatly boost numbers for the county.*
 - *Ms. Arneill to reach out other school districts in the County and report the status of the data in the report outline, as available*
- *Highlighted items included slides from Alex Briscoe, Principal of California Children's Trust, problems identified by Youth during the Youth Forum, Needs resulting from the COVID Pandemic and Statewide and local data. The report also looks at issues around funding for School Based MH Services, in addition to how much MHSA funding goes into Prevention and Early Intervention/Innovation and how much of the funds go towards supporting Youth and School Based Services and Prevention Strategies.*
- *CitiesRise Recommendations included: Look at getting County MH Providers to deliver information on a Platform that Youth can relate too, Expand Peer to Peer Support, Support Peers Helping Peers Programs, Better linkage to County Mental Health Advocates out of school settings.*
- *Ms. Riviera and Ms. Padilla-Castro made recommendations to address language and cultural needs, including the needs of those in the out laying areas. Cultural competence and language considerations to be added to the outline of the report, as well as equity.*
- *Committee members discussed the 3 tier-Mental Health Model for school based mental health services, universal prevention, targeted intervention and crisis services.*
- *Committee members discussed plans moving forward:*
 - *Recommendations are that the committee continue to put pen to paper on the report, also*

- *Schedule the meeting later in the evening, month of May, to accommodate working parents. Chair Ms. Rodriguez to reach out to Ann Marie Rucker to plan for a Spanish language interpreter.*
- *Theresa, Maria, Sandena and Ms. Rodriguez to discuss outreach*

5:10-5:30 p.m. Public Comment

- *No Public Comments*

5:30 p.m. Adjourn

- *Chair Ms. Rodriguez adjourned the meeting at 4:58 p.m.*