

Agenda
Children's System of Care Committee
September 24, 2020 4:00 p.m. – 6:00 p.m.
Call-in: (669) 900-9128, Meeting ID: 919 3236 4341, Password: 317330

Members Present: Ann Arneill, Silvia Rodriguez, Caroline Lucas, Mark Hoover, Mike Nguy (Jason Richards, staff)
Members Absent: Theresa Riviera

4:00 p.m. Welcome and Introduction
Silvia Rodriguez, Co-Chairperson

- *Chair Silvia Rodriguez convened the meeting at 4:02 p.m. and introductions were made.*
- *Chair Silvia Rodriguez reviewed Committee goals and summarized the content of previous meetings, in relation to the present agenda.*

4:05 p.m. Report on Interview with Melissa Jacobs, LCSW
Division Manager, Behavioral Health Services
Ann Arneill

- *MHB Chair Ann Arneill reported on her interview with Melissa Jacobs, Human Services Division Manager for Children's Mental Health Services, to better understand unmet needs in the Children's Mental Health System.*
- *Students who were in Tier 3 of the school-based needs continuum were referred to BHS Access (690 students) and students beneath this threshold with identified needs were referred to mental health providers directly (1,160 students).*
- *Mental health needs are now handled by school districts for Special Education students directly under AB 114. Elk Grove Unified hires mental health professionals and provides mental health services themselves. A response is pending from Sacramento City Unified.*
- *Substantial negative health and social consequences are associated with untreated mental health disorders. Please see the "School-Based Mental Health Brief" handout on file for full information.*
- *Community Member asked if the County's purview only extends to severely emotionally disturbed (SED) children or if it extends further, and recommended that the County meet children where they are at.*

4:25 p.m. Report on Data from California Health Kids Survey for Sacramento County Secondary and Elementary Schools Districts
Ann Arneill

- *MHB Chair Ann Arneill reviewed the Data from the California Healthy Kids Survey for Sacramento County Secondary and Elementary School Districts. Grade, Race, Reasons for Absence, mental health symptoms such as feelings sad or anxious, and other data were discussed.*

- *“Felt very sad, hopeless, anxious, stressed, or angry” accounted for between 5% and 13% of school absences, with incidence increasing with age. Between 28 and 37% of students felt sad or hopeless during the past 12 months, with incidence increasing with age. Between 18 and 20% of students had seriously considered attempting suicide in the past 12 months, with incidence remaining approximately the same across ages. Incidences of mental health symptoms were higher with females than males. Please see the “Socio-Emotional Data” handout for full details.*

4:40 p.m. Plans for Future Meetings
Silvia Rodriguez

- *Chair Silvia Rodriguez reviewed plans for future Committee meetings, including hearing from parents and youth. Timeframes will be determined based on feasibility of recruitment efforts, with November as the goal. Mike Nguy and Amelia Garnica to assist Chair Silvia Rodriguez with coordination.*
- *Email addresses of interested parties for distributing outreach flyers were provided - Amelia Garnica (agarnica@calvoices.org), Annelise Batten (abatten@starsinc.com), and Sandena Bader (sbader@calvoices.org), with other interested parties to email Jason Richards their contact information.*

4:50 p.m. Public Comment

- *No public comments were made, apart from the questions from community members above.*

5:00 p.m. Adjourn

- *Chair Rodriguez adjourned the meeting at 5:02 p.m.*