

Sacramento County Mental Health Board Retreat

ANNOUNCEMENT – IN PERSON MEETING, HYBRID PARTICIPATION OPTION

Effective March 2023, Mental Health Board (MHB) general meetings have returned to meeting in person. MHB members and staff will make every effort to facilitate hybrid participation via telephone and Zoom, subject to technological and staffing limitations at the time of the meeting. Members of the public who would like to ensure their participation are encouraged to attend in person.

Members of the public may participate in the meeting telephonically if available by calling (669) 254-5252, then entering Meeting ID: 161 118 4436 and Passcode: 561672. This meeting may also be accessed through Zoom using the following web address:

<https://www.zoomgov.com/j/1611184436>

Public comments may be given verbally at the designated time. Members of the public may also submit written comments electronically to RichardsJa@saccounty.gov, or by US Postal Service to Behavioral Health Services, Attn: Jason Richards, 7001-A East Parkway, Sacramento, CA 95823. Public comments will be accepted until the adjournment of the meeting, distributed to MHB members, and included in the record.

Meeting Agenda

Saturday, January 20, 2024
9:00 AM – 3:00 PM

Meeting Location

7001-A East Parkway,
Sacramento, CA 95823

Meeting Invitees

- Mental Health Board
- General Public

Agenda Item	Presenter	Time
I. Welcome and Call to Order	MHB Chair	9:00-9:05 am
II. Mental Health Board Business (Part I) <ul style="list-style-type: none"> • Roll Call • Review Conduct Agreement • Approval of November 2023 General Meeting Minutes 	MHB Chair	9:05-9:20 am
III. Public Comment Comments Regarding the Sacramento County Mental Health System (3 minutes per speaker)	Members of the Public	9:20-9:30 am
IV. Team Building Presentation & Exercise <ul style="list-style-type: none"> • Introductions/Re-introductions to learn members' backgrounds and affiliations related to mental health 	Adèle James	9:30-10:30 am
V. BREAK		10:30-10:40 am
VI. Mental Health Board Member Orientation & Training <ul style="list-style-type: none"> • Introduction – What is the Mental Health Board? • MHB Requirements - California Welfare & Institutions Code 5604.2 • MHB Member Obligations • MHB Member Minimum Duties • MHB Conduct Agreement 	MHB Chair & Vice Chair	10:40-11:40 am

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<ul style="list-style-type: none"> • Brown Act Requirements • Robert’s Rules of Order 		
VII. BREAK – LUNCH (provided by BHS)		11:40-12:10 pm
VIII. Overview of Sacramento County Behavioral Health Services System of Care <ul style="list-style-type: none"> • Mental Health – Role of State Government • Mental Health – Role of Sacramento County • Behavioral Health Services <ul style="list-style-type: none"> - Continuum of Care - Adult Mental Health - Youth & Family Mental Health - Substance Use Prevention & Treatment - Mental Health Services Act (MHSA) 	BHS Director/Deputy Director	12:10-1:10 pm
IX. Mental Health Board Business (Part 2) <ul style="list-style-type: none"> A. Review Status of MHB 2023 Goals B. Mental Health Board Discussion/Action Item: Identify Top Areas of Focus for MHB 2024 Goals C. Mental Health Board Discussion/Action Item: Establish 2024 Standing and/or Ad Hoc Committees to Study Identified Areas of Focus for MHB 2024 Goals D. Identify Site Visits That Correspond to Top Areas of Focus for MHB 2024 Goals E. Review MHB Committee & Liaison Assignments 	MHB Chair, Vice Chair, & Secretary	1:10-1:50 pm
X. BREAK		1:50-2:00 pm
XI. How to Be an Effective Mental Health Board	Adèle James	2:00-2:50 pm
XII. Closing Remarks	MHB Members	2:50-3:00 pm
XIII. Adjournment	MHB Chair	3:00pm

Members of the public are encouraged to attend. Public comments are accepted during designated time. Electronic or hard copies of documents are available upon request. Please contact Jason Richards at RichardsJ@saccounty.gov (916) 639-0580. Electronic copies of documents will be emailed upon request and hard copies of documents may be picked up at 7001-A East Parkway, Sacramento, CA 95823. For more information regarding the Sacramento County Mental Health Board, please visit our website at [Mental Health Board Homepage](#). If you wish to attend and need to arrange for an interpreter or a reasonable accommodation, please contact Anne-Marie Rucker prior to the scheduled meeting at (916) 875-3861 or at RuckerA@saccounty.gov.