SACRAMENTO COUNTY ALCOHOL AND DRUG ADVISORY BOARD NOVEMBER 2016 COMMITTEE REPORTS For December 14, 2016 Board Meeting

Budget, Planning and Evaluation Committee (BPE) met November 10, 2016 *(2nd Thursday)*, 1:30 p.m., CCAPP.

Present: Melinda Avey and Paul Tanner (Co-Chairs), Susan Blacksher, Craig Koury. Topics Discussed: Updates from County Human Services Coordinating Council ... MATRIX Method (intensive outpatient treatment) evidence-based (non-medical) approach to methamphetamine dependence ... British research on public health benefit of e-cigarettes ... Orangevale CPAC's NIMBY attitude toward "Turning Point" proposed mental health residential treatment facility ... NIMBY concerns toward Sober Living Environments.

Treatment Committee met November 16, 2016 *(3rd Wednesday)*, 1:30 p.m., CCAPP. *Present*: Melinda Avey and Paul Tanner (Co-Chairs), Lisa Beinker, John Durbin, Ed Dziuk

Topics Discussed: ADS Update including reason for delaying new contracts ... Supervisor Phil Serna's October visits to STARS outpatient and men's residential treatment programs ... opioid, cannabis, and tobacco use during pregnancy ... significance of Proposition 57's faulty definition of "nonviolent" offenses ... comparative mortality statistics from abuse/dependence on opioids, alcohol, and tobacco products.

Prevention Committee met November15, 2016 (3rd Tuesday), 1:30 p.m., CCAPP. *Present:* Jennifer Churchill, Melinda Avey, Angela Da Re, Joelle Orrock, Staci Anderson, Connie Chan Robinson, and Shari Egeland. NCAAD reported they are doing a live FB page for parents. PRO is busy in the schools. PHI is facilitating advocacy trainings for both youth and parents. OMNI stated they are still moving strong with their train the trainer model. Discussion on how to measure marijuana use outcomes in light of prop 64. The committee agreed there are a lot of questions regarding the passing of prop 64, and will have a speaker at the January mtg to educate the committee on the new law and its implications. Next Prevention Committee Meeting January 17, 2017 **(NO MEETING IN DECEMBER)**

Membership Committee (1st Thursday), 1:30 p.m., CCAPP. No meeting this month. Next membership Committee Meeting; December 1, 2016

Executive Committee - Met on November 17, 2016 (3rd Thursday). Present: Melinda Avey, Paul Tanner, and Jennifer Churchill. Discussed next years' leadership positions. Decided to not have a presentation for December's mtg, just report on 'what is next' while having a potluck. Reviewed Board Bylaws and membership participation. Next Executive meeting December 15, 2016.