

Sacramento County Alcohol and Drug Advisory Board

Meeting Minutes

Wednesday, September 8, 2021 5:30 pm

Teleconference/ Via Zoom

Meeting Attendees: (If member is present box is checked)

Melinda Avey (Chair)	<input checked="" type="checkbox"/>	Ricki Townsend (1 st Vice Chair)	<input checked="" type="checkbox"/>	Jill Hoyt (2nd Vice Chair)	<input type="checkbox"/>
Barbara Oleachea	<input checked="" type="checkbox"/>	Brad Rose	<input type="checkbox"/>	Bridgette Dean Nick Golling (Alternate)	<input checked="" type="checkbox"/>
Gail Brosnan on behalf of Nick Mori	<input checked="" type="checkbox"/>	Chris Carlson	<input checked="" type="checkbox"/>	Christian Landaverde	<input checked="" type="checkbox"/>
Irene Chu	<input checked="" type="checkbox"/>	Jennifer Churchill	<input checked="" type="checkbox"/>	Harry Carlson	<input checked="" type="checkbox"/>
Nicholas Erickson	<input checked="" type="checkbox"/>	Paul Tanner	<input checked="" type="checkbox"/>	Jessica Elorduy	<input checked="" type="checkbox"/>
Ryan Raftery	<input checked="" type="checkbox"/>		<input type="checkbox"/>		<input type="checkbox"/>

Guests: Ryan Quist, Andrew Mendonsa

Topic	Minutes
Welcomes/Roll Call	Chair, Melinda Avey, called the meeting to order at 5:34 pm.
Agenda and Approval of Minutes	The September agenda was approved. The August 2021 minutes and August 31, 2021 Special Meeting minutes were approved as written.
Presentation	Judge Brown, in collaboration with Trina Hatler, provided a “Mental Health: Lived Experiences of Court Users” presentation.
Advisory Board Committee Reports: Status of Goals & Action Steps	<p>Criminal Justice Committee Geoff Twitchell, Behavioral Health Services (BHS) Forensic Division Manager was introduced and a presentation on Collaborative Courts was provided by Yvette Woolfolk and Chris Carlson.</p> <p>Prevention Committee The Prevention Committee has successfully completed a 2021 ADAB Goal/Action Step. The</p>

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	<p>Youth Wellness Resource List that was created by the Prevention Committee has been posted to the County website Youth Wellness Resources in Sacramento County (English) as well as prevention provider websites.</p> <p>Treatment Committee A presentation was provided by Barbara Garcia with CADTP, which is another certifying agency for counselors. Melinda Avey commented that the CADTP presentation was noted to be helpful and informative. The goal of these certifying agency presentations is to make sure that our counselors can get certified and recertified in a timely fashion.</p>
Board Announcements	<p>Chair, Melinda Avey announced the following:</p> <p>A letter summarizing the five (5) priority areas for the Fiscal Year (FY) 2022-23 budget that were decided upon by Advisory Board members at the special meeting on August 31, 2021, was sent to Ryan Quist today.</p> <p>Recovery Happens was at the Capitol again this year. It was so nice to have it in person, it was set up a little bit differently from before, but it was nice all the tents were under trees, and it was shady and the weather was great.</p>
Provider Announcements	<p>Bridges, John Durbin: The new CPS drug testing program has performed over 1000 drug tests in August.</p>
<p>Behavioral Health Services (BHS) Report Dr. Ryan Quist, Director, Behavioral Health Services</p>	<p>Dr. Quist provided the following BHS report:</p> <ul style="list-style-type: none"> • Acknowledged and expressed appreciation: <ul style="list-style-type: none"> ○ To Bridges for taking on the new role of drug testing CPS affiliated clients. ○ To the Alcohol and Drug Advisory Board for submitting the FY 2022-23 budget priority areas request. • Reminder for all attendees to please get COVID vaccinated. • This week is National Suicide Prevention Week. • Assisted Outpatient Treatment/Laura's Law community meetings have concluded.

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	<ul style="list-style-type: none"> • A Wellness Crisis Call Center and Crisis Response meeting will be coming up in September. • BHS is working in collaboration with the Department of Human Assistance on an encampment team model. We are having conversations with the City of Sacramento about what the role will be for the County and providing County behavioral health for individuals in homeless encampments, specifically in supporting the City encampments.
<p>Substance Use Prevention and Treatment Services (SUPT) Report Lori Miller, SUPT Division Manager</p>	<p>Lori Miller provided the following SUPT report:</p> <ul style="list-style-type: none"> • September is National Alcohol and Drug Recovery Month. • September 20, 2021 is National Addiction Professionals’ Day. Specifically, those who work with individuals struggling with both mental illness and substance use disorders. • September 30, 2021 is Addiction Recovery Day. On that day it's encouraged that people wear purple as the color purple symbolizes addiction recovery. • WellSpace Health was awarded funding for a Methamphetamine specific residential facility in the Sacramento area, the first of its kind. • Please check out our letstalkmeth.org website, which has resources on Methamphetamine use. An advertising campaign, developed with Uptown Studios, will start rolling out in our community. The hope is to encourage more people to want to ask more questions and to seek prevention and treatment services in our County. • October 18 Opioid Coalition 2-4pm • SUPT and the Sacramento County District Attorney’s Office is in the process of partnering on an upcoming fentanyl campaign, which will involve many different community activities. Stay tuned for updates as to what's coming in regards addressing this fentanyl issue that's very devastating.

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	<ul style="list-style-type: none"> Opioid Summit being planned for the 1st quarter of 2022.
Public Comment	<p>Public Comment 1: Public attendee, Matthew, gave the following statement:</p> <p>I read this statement in memory of Jeffrey Pearson who passed away tragically on August 23 from a fentanyl overdose. This has become an all too familiar trend where even street level dealers themselves are unaware of the fentanyl and the products they sell as various opioid knocked off pills, such as Norco and Oxycodone. Fentanyl continues to ravage communities around the country, including ours, often laced with other drugs and inserted unknowingly into the desired substance. The way such drugs are mixed by illicit manufacturers necessarily mean fatal doses will always be floating around after our communities are often unknowingly playing Russian roulette. The Achilles heels of truly driving fentanyl and dangerous combinations of substances out of local communities, the matter of trust between an addict with the health problem public health officials and law enforcement, all of whom should be showing compassion and support for one another, rather than fear and hostility. Local community pill and powder testing is not a new idea, however, there's fear and shame accompanied with being associated as a donor and the trouble that may occur through law enforcement action or other the drug dealers themselves. You may ask why the dark net community, which includes various law enforcement agencies such as the Northern California Illicit Digital Economy Task Force, based here in Sacramento, have been so successful at drastically reducing the availability of fentanyl and other harmful substances in an area where it should be easiest to obtain. The two keys are anonymity for consumers and the wholesale cooperation of the community at large, essentially say from retaliation or arrest. Directions to resources for getting clean and sober will be easy to provide and public health officials and law enforcement can only benefit from the aggregated outbid individualistic anonymous reports about the substances being</p>

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	<p>used in their neighborhoods. This can assist with staffing local hospitals and clinics, to ensuring the right pharmaceuticals are in place to prevent tragedy. All it takes is a little cooperation, and we can drastically improve the public health of our community, while not expensively incarcerating additional individuals and improving participation in badly needed health intervention. Let's see Sacramento take a smart and compassionate step in improving the lives for people at a time, and it is badly needed. I appreciate the time you've given me to share my thoughts on the subject and truly hope the Council continues to move toward the acceleration of potential rather than this.</p> <p>Public Comment 2: Stephanie Ramos, CalVoices, announced and encouraged attendees to check out SacMap: an online resource directory where Sacramento County community members can find mental health programs and services available to them. https://www.calvoices.org/sacmap</p>
Adjournment	<ul style="list-style-type: none"> • Meeting adjourned at 7:32 pm.